

# Hempstead County

## 2003–2004 County Youth Health Survey



# 2003-2004 Hempstead County Youth Health Survey

*Coordinated by:*

Hempstead County Hometown Health Improvement

*and*

Arkansas Department of Health  
Center for Health Statistics

June, 2004

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# 2003-2004 Hempstead County Youth Health Survey

## Table of Contents

What is the County Youth Health Survey? .....	1
Why did Hempstead County conduct the CYHS? .....	1
How was the CYHS conducted? .....	2
About This Report .....	2
Demographics of survey participants: .....	5
Summary of Hempstead County CYHS Findings.....	6
Key findings .....	8
■ Vehicle Safety .....	11
■ Vehicle Safety – Drinking and Driving .....	12
■ Violence-Related Behaviors .....	13
■ Violence – Physical Fighting .....	15
■ Violence – Sexual Violence .....	16
■ Depression and Suicide .....	17
■ Tobacco Use – Cigarette Smoking .....	20
■ Tobacco Use – Smokeless Tobacco.....	23
■ Tobacco Use – Cigar .....	23
■ Alcohol Use .....	24
■ Drug Use .....	26
■ Sexual Activity .....	31
■ Contraception .....	33
■ AIDS, HIV, & STDs.....	35
■ Obesity .....	36
■ Nutrition .....	40
■ Violence-Related Behaviors at School.....	47
■ Tobacco Use at School.....	49
■ Alcohol Use at School .....	50
2003-2004 Hempstead County Youth Health Survey Questionnaire .....	52

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## 2003-2004 Hempstead County Youth Health Survey

### What is the County Youth Health Survey?

The County Youth Health Survey (CYHS) was designed to measure health risk behaviors, such as smoking, drinking and driving, and obesity, among the nation's youth. Developed by the United States Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, the 87-item, multiple-choice Youth Risk Behavior Survey questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a statewide level, and locally. It is known as the County Youth Health Survey (CYHS) at the local level.

During December, 2003, 976 seventh through twelfth grade students throughout Hempstead County public schools completed usable CYHS questionnaires. The information provided by those students is presented in this report.

### Why did Hempstead County conduct the CYHS?

Hempstead County was selected by the Arkansas Department of Health (ADH) to participate in Hometown Health Improvement (HHI), a new community health assessment project. Hempstead County HHI is working to assess the specific health needs of Hempstead County residents. In order to collect information on the health behaviors of the community's youth, HHI coalition members requested that the County Youth Health Survey be administered to the students in the seventh through twelfth grades at Hempstead County schools.

The CYHS will help Hempstead County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Hempstead County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2003-2004 CYHS also provides Hempstead County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health-promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, CYHS' findings form a valuable base upon which Hempstead County can strengthen its ability to:

- Establish disease prevention and health promotion policies;
- Plan and implement programs and services;

## 2003-2004 Hempstead County Youth Health Survey

- Secure funding for programs;
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

How was the CYHS conducted?

During December, 2003, seventh through twelfth grade students enrolled in Hempstead County public schools completed the CYHS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Hempstead County schools' students participated in the survey:

- Hope
- Springhill
- Blevins

### About This Report

This report entitled "2003-2004 Hempstead County Youth Health Survey" summarizes the overall answers Hempstead County's students reported about safety, diet and exercise, alcohol, tobacco, and other health risk behaviors. Hempstead County's survey of public schools provides a "snapshot" of students' behaviors. The survey contains questions related to:

- Behaviors that result in intentional and unintentional injuries;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies; and
- Physical activity and nutrition.

## 2003-2004 Hempstead County Youth Health Survey

This report summarizes Hempstead County's findings on the priority health risks that result in the most significant causes of death and disability of youth in Arkansas. Written for concerned educators, policy makers, parents, and youth, this CYHS report provides a brief overview of:

- The survey's process and procedures;
- Survey questions;
- Students' answers;
- Percentage of CYHS participants giving those answers; and
- Major summary findings.

### How Results Can Be Interpreted

Hempstead County's 2003-2004 County Youth Health Survey is a "snapshot in time" showing those health-risk behaviors reported by Hempstead County students in December, 2003. Answers in this survey were only as accurate as students' reporting. Each student interpreted the terms in each question according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include? Some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response.

Answers were edited for consistency using the Center for Disease Control and Prevention's CYHS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

## 2003-2004 Hempstead County Youth Health Survey

Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Hempstead County schools who so graciously gave of their time and energy to see this survey through to its completion;
- The Hempstead County students who completed the CYHS questionnaires;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Gary Ragen and the ADH Division of Emergency Medical Services for scanning the survey forms;
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project.

Interested individuals may request additional information. Researchers and professional wanting to build upon Hempstead County's 2003-2004 CYHS data may request additional data from:

Hempstead County Hometown Health Improvement  
Sandy Fry  
808 W 5th Street  
Hope, AR 71801  
  
870-777-2191  
sfry@healthyarkansas.com

For more information about the County Youth Health Survey or analysis of the survey data, please contact:

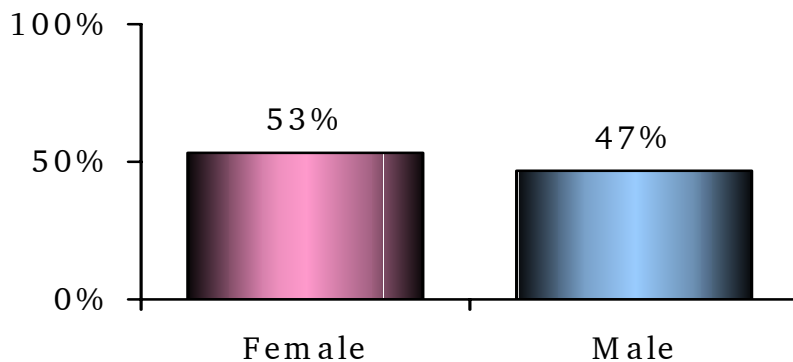
Arkansas Center for Health Statistics  
Sharon Rose Judah, Lead Programmer Analyst  
Ph. (501) 661-2971  
sjudah@healthyarkansas.com

# 2003-2004 Hempstead County Youth Health Survey

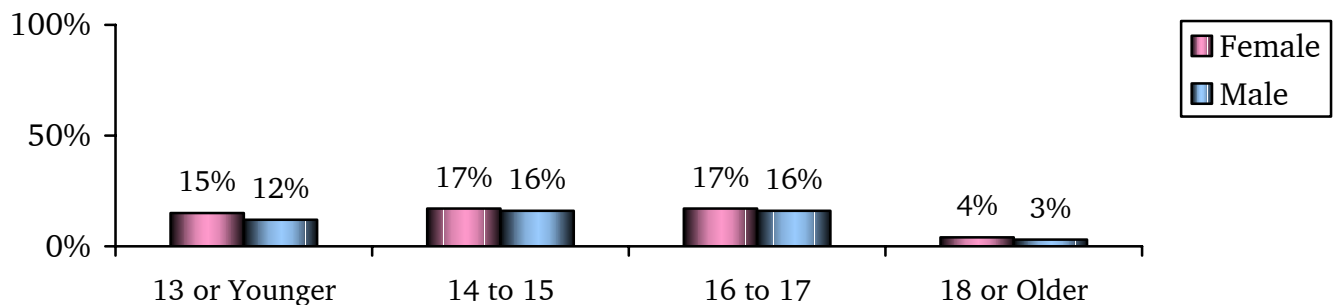
## Demographics of survey participants:

Total number of survey participants = 976

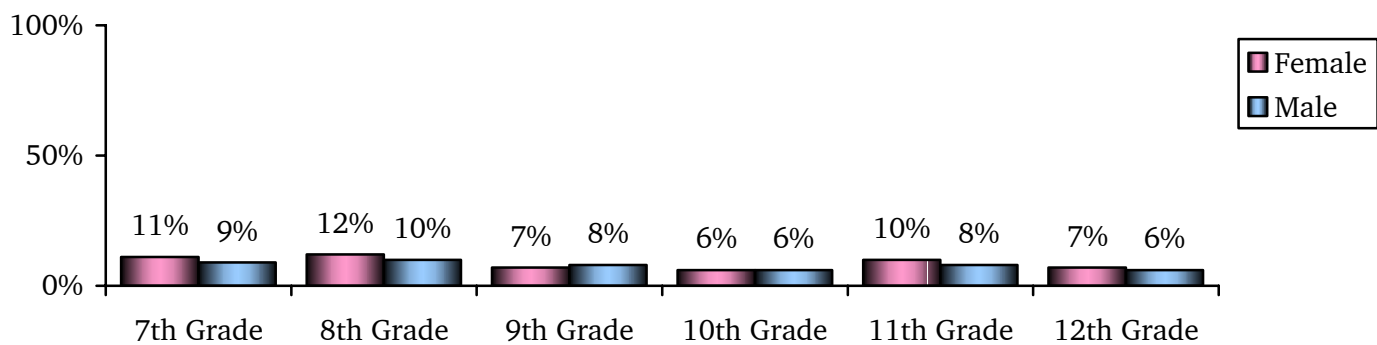
### Gender



### Age



### Grade

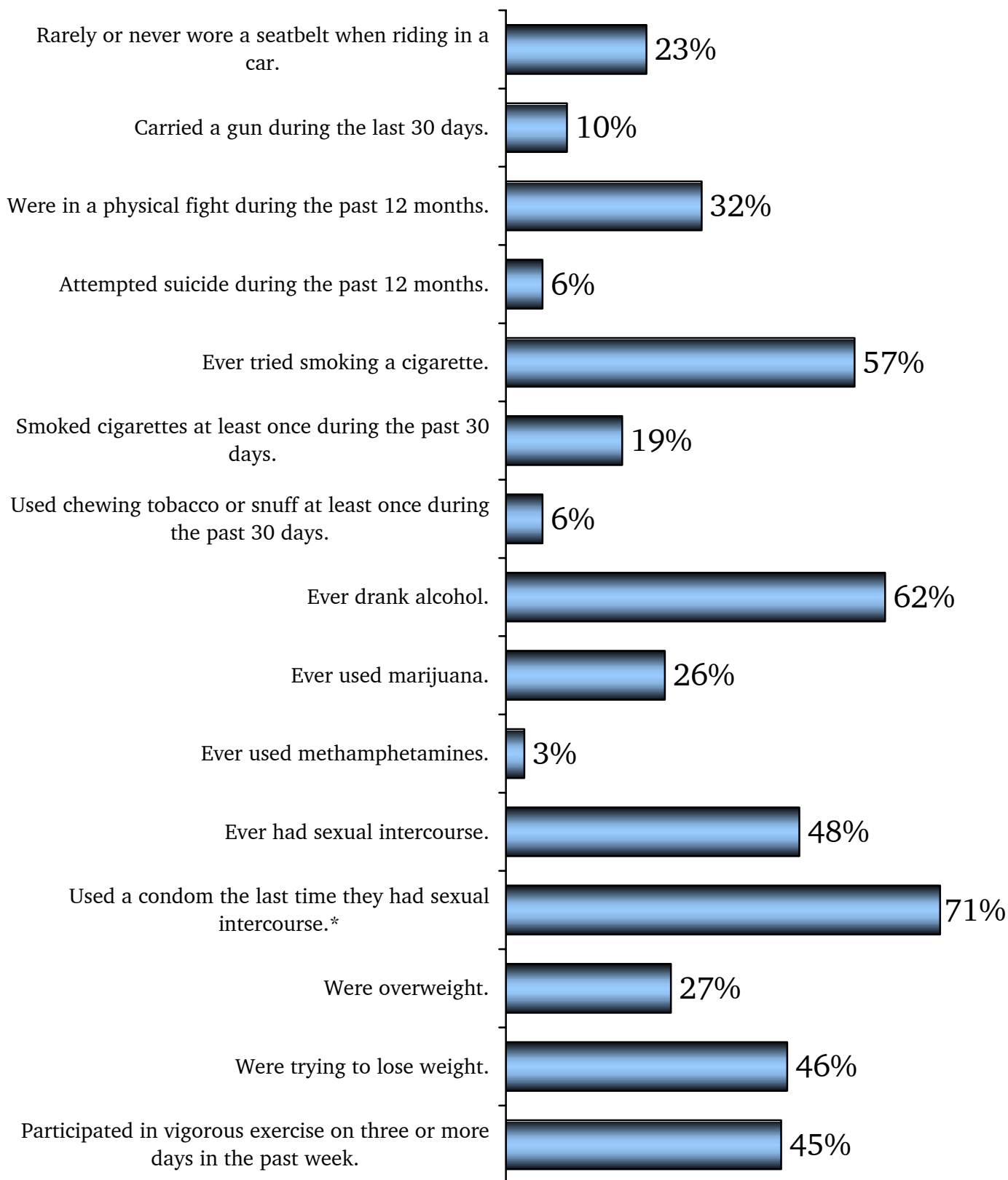




## 2003-2004 Hempstead County Youth Health Survey

### Summary of Hempstead County CYHS Findings

Percentage of students who:

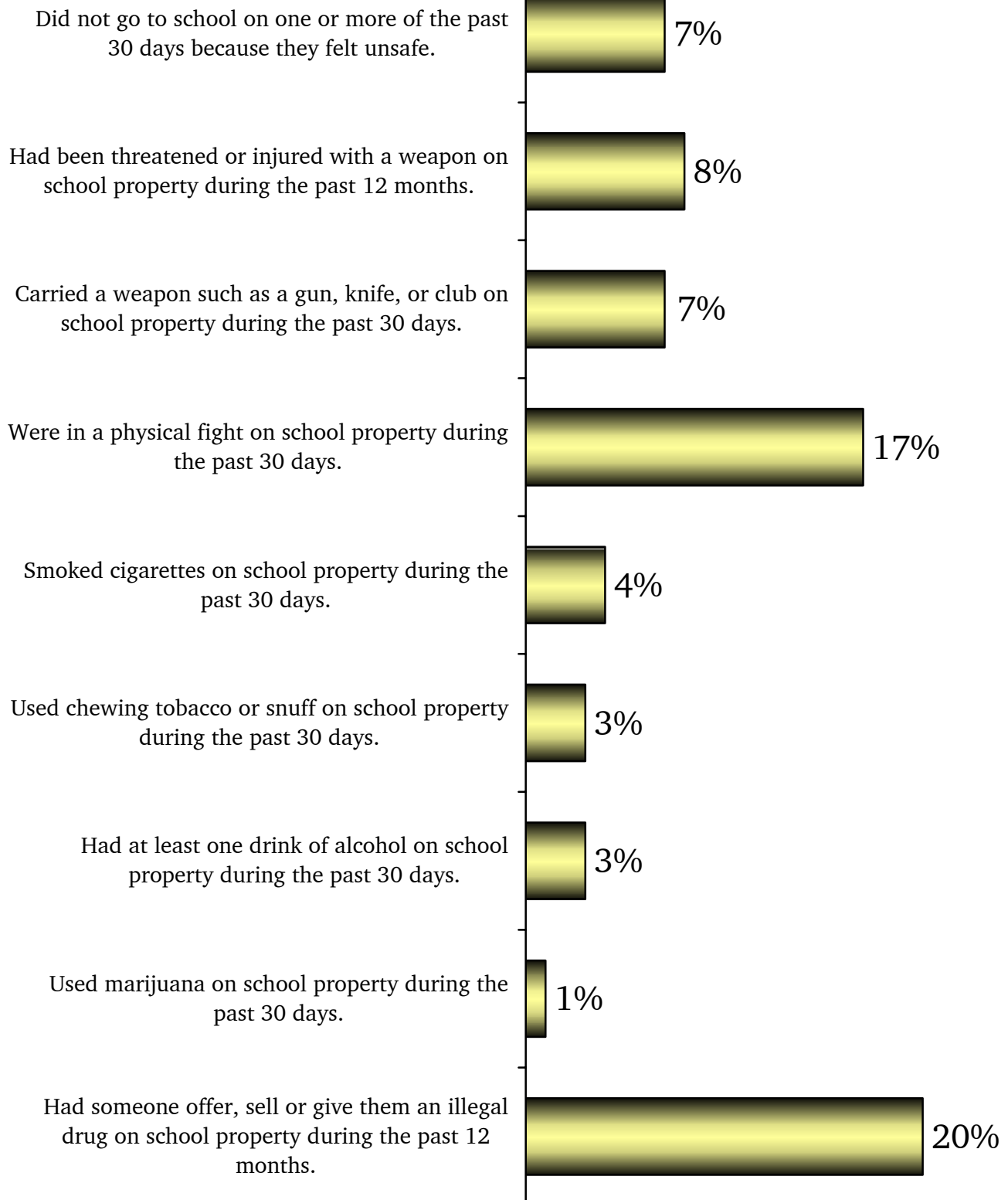


\* of those who had ever had sexual intercourse.

## 2003-2004 Hempstead County Youth Health Survey

### Summary of Behaviors Relating to School Property

Percentage of students who:



## 2003-2004 Hempstead County Youth Health Survey

### Key findings

The following summaries highlight Hempstead county students' responses on the County Youth Health Survey in key areas and provide an overview of Hempstead county students' current activities, which impact their health.

#### Behaviors that result in injuries

- Ninety-five percent of the students who had ridden a bicycle in the year prior to the survey indicated that they never or rarely wore a helmet.
- Twenty-nine percent of the students surveyed said that during the previous month they had ridden in a vehicle driven by someone who had been drinking alcohol. Nine indicated they had driven a vehicle after drinking alcohol during the past 30 days.
- Twenty-one percent of students carried a weapon such as a gun, knife, or club in the past 30 days, and 7% carried a weapon on school property during that time.
- During the 12 months preceding the survey, 32% of the students had been in a physical fight one or more times. Of those students who had been in a physical fight, 10% had to be treated for injuries sustained while fighting.
- Thirteen percent of the students surveyed reported they had been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend at least once during their lives.
- Ten percent of the students indicated being forced to have sexual intercourse when they did not want to at least once during their lives.

#### Depression and suicide

- Twenty-eight percent of students indicated they had felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.
- During the 12 months before being surveyed, 15% of students had seriously considered attempting suicide, 11% had made a plan about how they would attempt suicide, and 6% actually attempted to commit suicide. Two percent of students surveyed reported they were treated by a doctor or nurse for an injury, overdose, or poisoning resulting from a suicide attempt.

## 2003-2004 Hempstead County Youth Health Survey

### Tobacco use

- Fifty-seven percent of the students surveyed said they had tried smoking a cigarette. Nineteen percent reported smoking cigarettes on one or more of the past 30 days. Of the students who smoked during the past month, 58% said they usually smoked two or more cigarettes on the days they smoked, and 24% said they usually got their own cigarettes by purchasing them at a store.
- Six percent of the students had used chewing tobacco or snuff on one or more of the past 30 days, and 3% had used it on school property.
- Twelve percent of the students surveyed indicated they had smoked cigars, cigarillos, or little cigars at least once during the previous month.

### Alcohol and other drug use

- Sixty-two percent of the students surveyed indicated they had at least one drink of alcohol other than just a few sips at least once during their lives, and 32% had taken their first drink by the age of 13.
- Thirty-two percent of the students had taken at least one drink of alcohol in the month before the survey, and 18% had five or more drinks in a row, that is, within a couple of hours, on one or more of the past 30 days.
- Twenty-six percent of the students said they had used marijuana at least once during their lives. Twelve percent said they had smoked marijuana at least once during the last month.
- Fourteen percent said they had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high at least once during their lives. Six percent had done so during the past month.
- Three percent of the students surveyed had tried methamphetamines, 2% tried heroin, and 4% had tried cocaine at least once during their lives. Two percent had used a needle to inject an illegal drug into their bodies at least once.
- Four percent of the students surveyed had taken steroid pills or shots without a doctor's prescription.

## 2003-2004 Hempstead County Youth Health Survey

### Sexual activity

- Forty-eight percent of the students who completed the survey said they had sexual intercourse. Seventeen percent of the students reported having four or more sexual partners during their lifetimes. Of the students who had sexual intercourse, 15% had used drugs or alcohol before their last sexual encounter, and 71% used a condom the last time they had sex.
- Five percent of the students surveyed reported that they had ever been or gotten someone pregnant.

### Dietary behaviors

- Twenty-seven percent of the students surveyed were overweight, as measured by body mass index. The body mass index, or BMI, is a ratio of weight to height that allows people of different heights to be compared.
- While only 27% of the students are considered overweight as measured by BMI, 26% of the students perceived themselves as slightly to very overweight, and 46% reported that they were trying to lose weight.
- Thirty-six percent of the students ate less during the past 30 days to lose or keep from gaining weight, and 55% exercised, 6% vomited or took laxatives, 7% took diet pills, and 16% went without eating for 24 hours or more to lose weight or keep from gaining weight.

### Physical activity

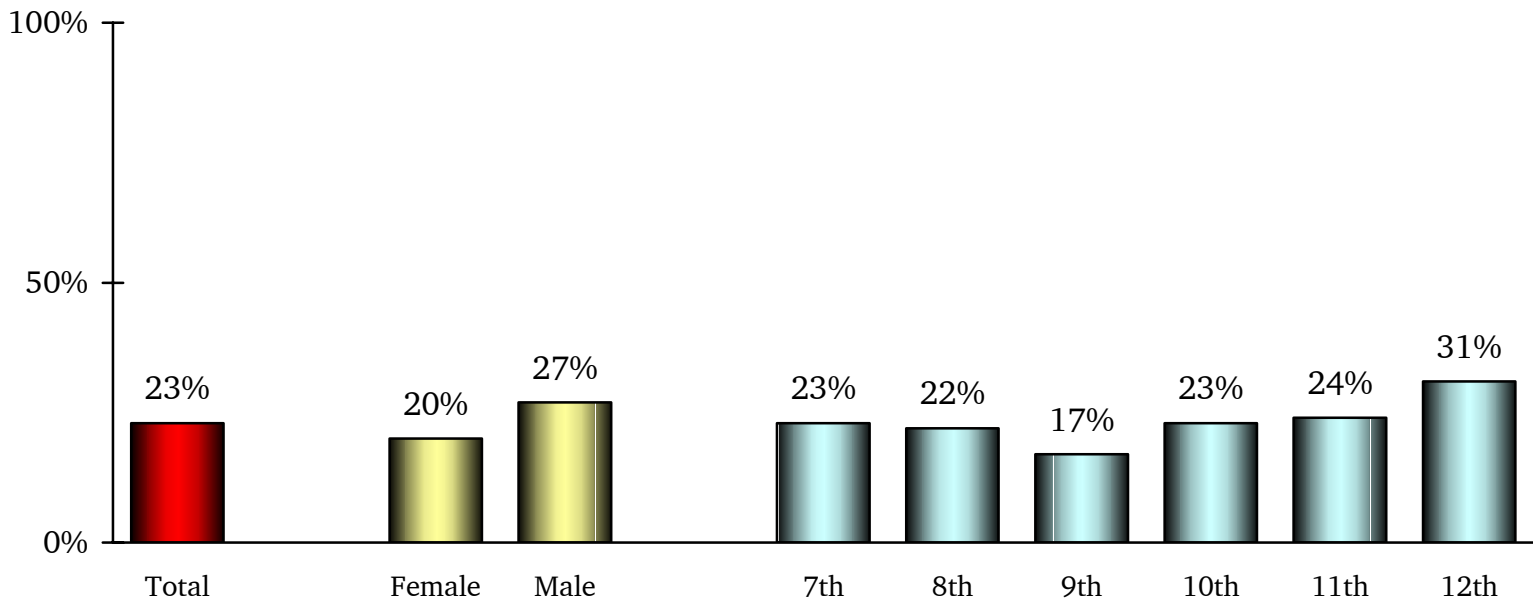
- Forty-five percent of the students surveyed said they had participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on three or more of the past 7 days. Twenty-eight percent said they participated in a physical activity for at least 30 minutes on three or more days during the past week, which did not make them sweat or breathe hard.
- Forty-six percent of the students attended a physical education (PE) class at least once during an average school week, and 57% said they had played on one or more sports teams during the past year.

## 2003-2004 Hempstead County Youth Health Survey

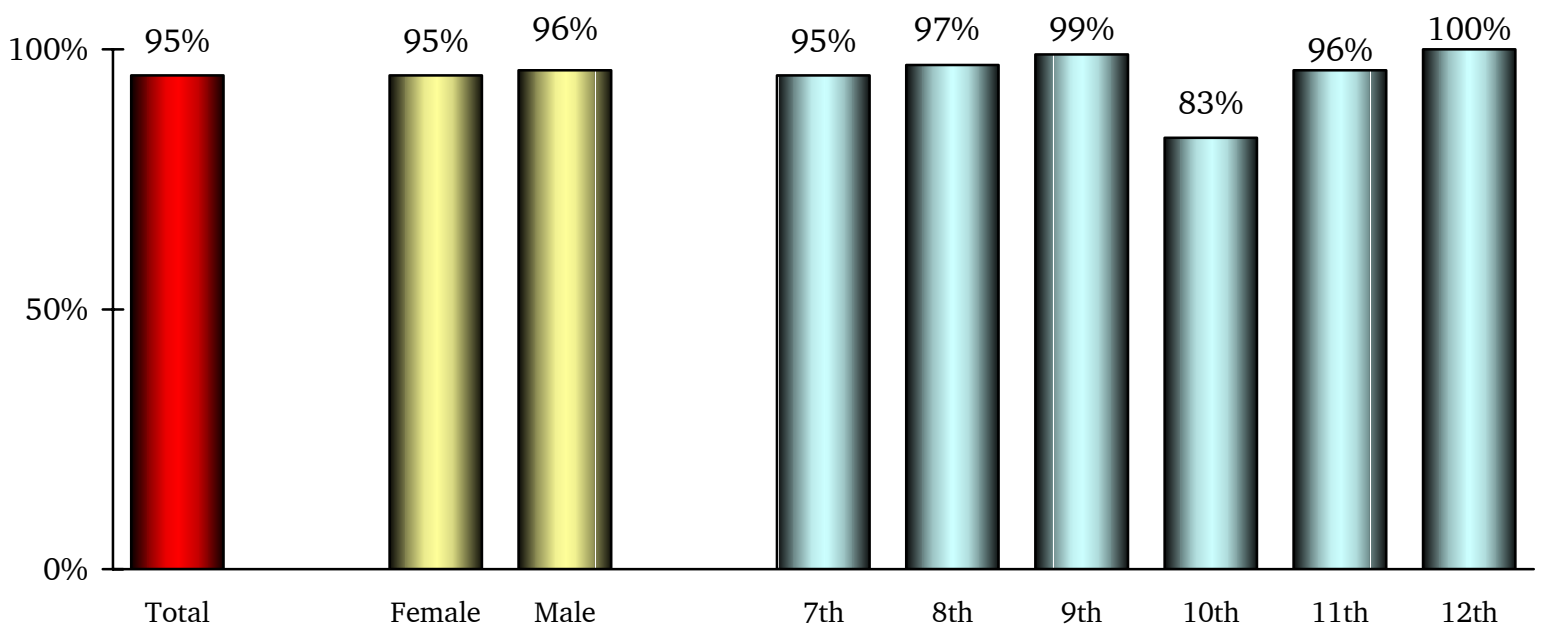
### ■ Vehicle Safety

*These questions measure the frequency with which students take safety precautions when riding in a motor vehicle, riding a motorcycle or a bicycle.*

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.



Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.

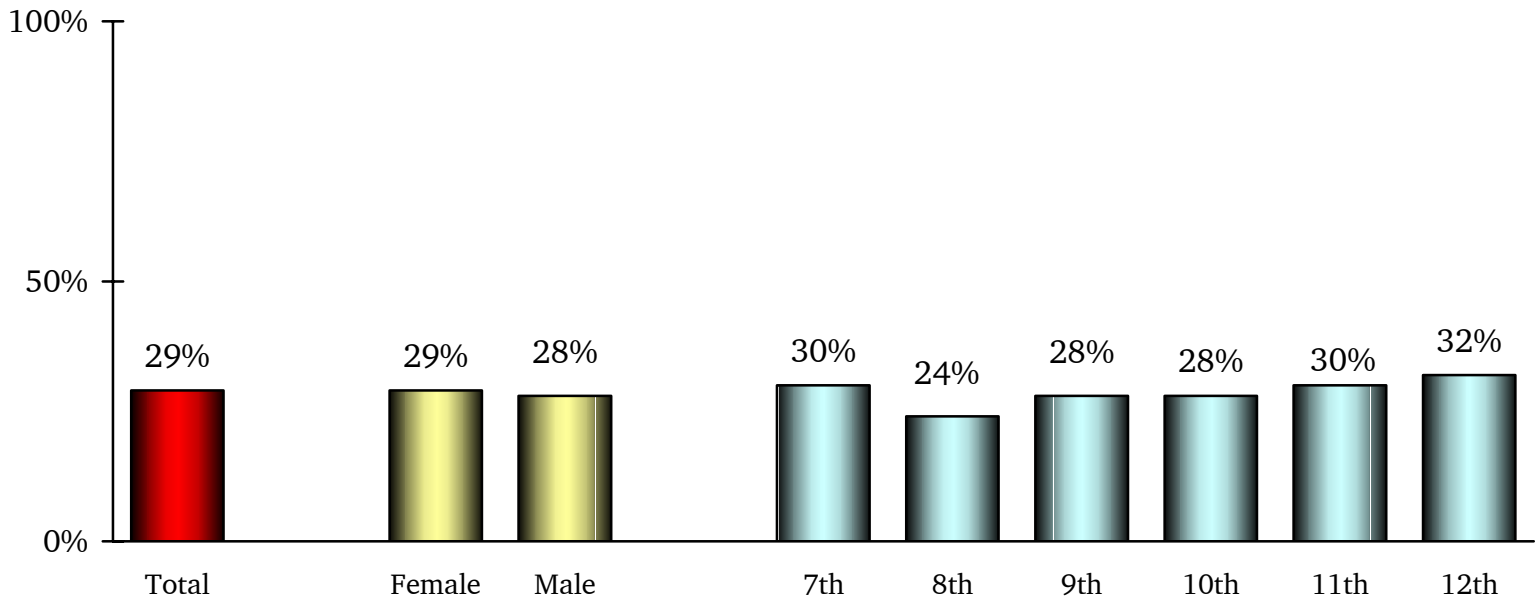


## 2003-2004 Hempstead County Youth Health Survey

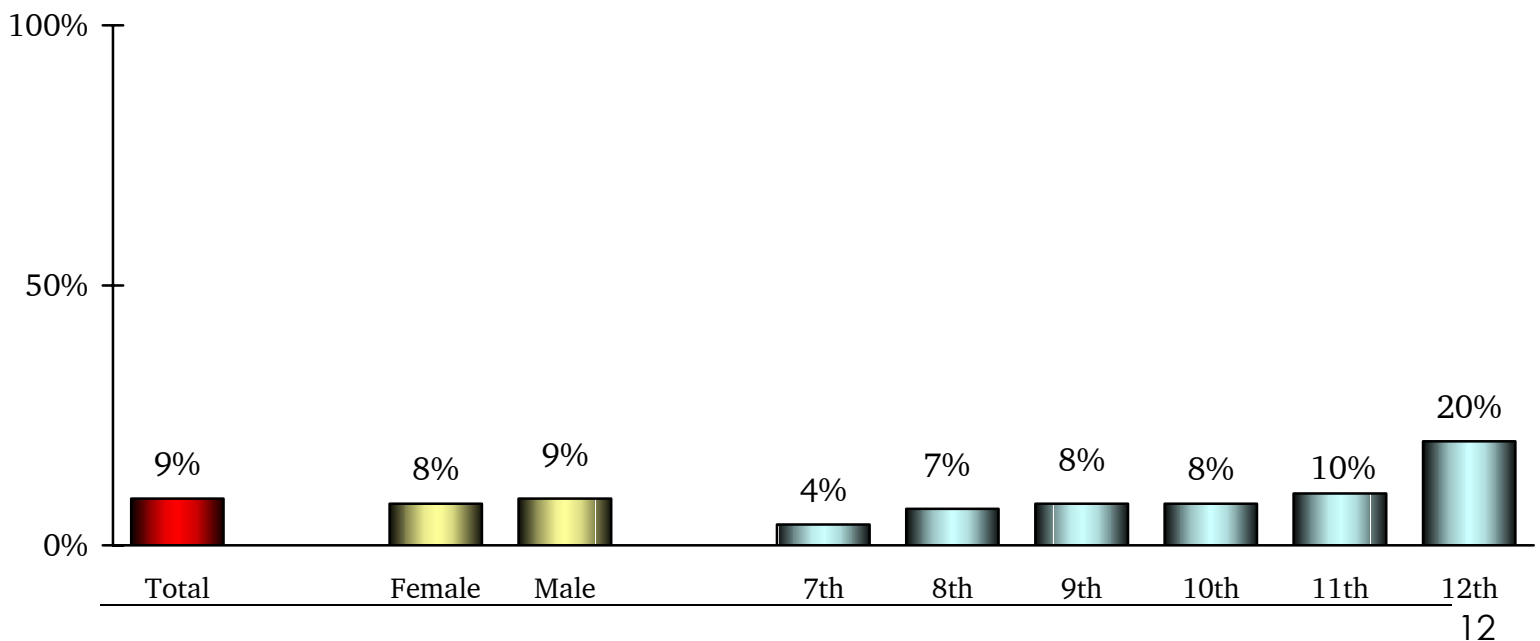
### ■ Vehicle Safety – Drinking and Driving

*These questions measure the frequency with which students ride as a passenger or driver in a motor vehicle operated under the influence of alcohol.*

Percentage of students who during the past 30 days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



Percentage of students who during the past 30 days drove a car or other vehicle one or more times when they had been drinking alcohol.



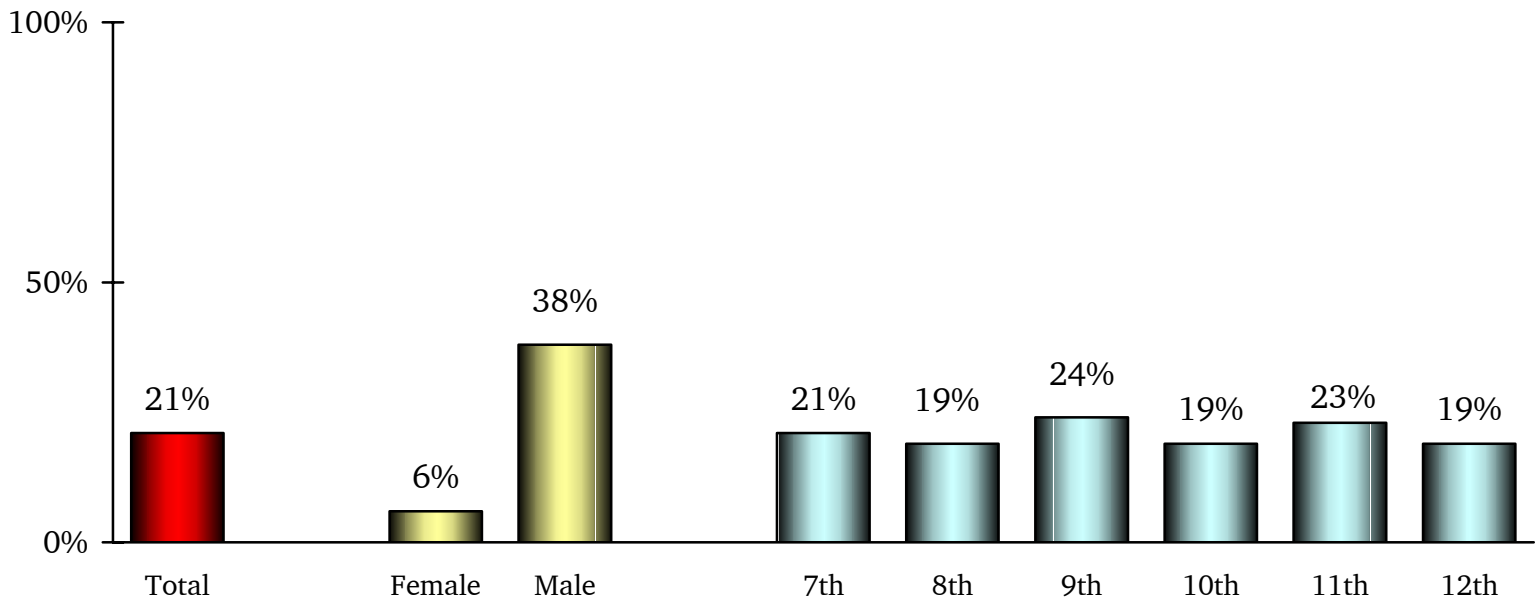
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### ■ Violence-Related Behaviors

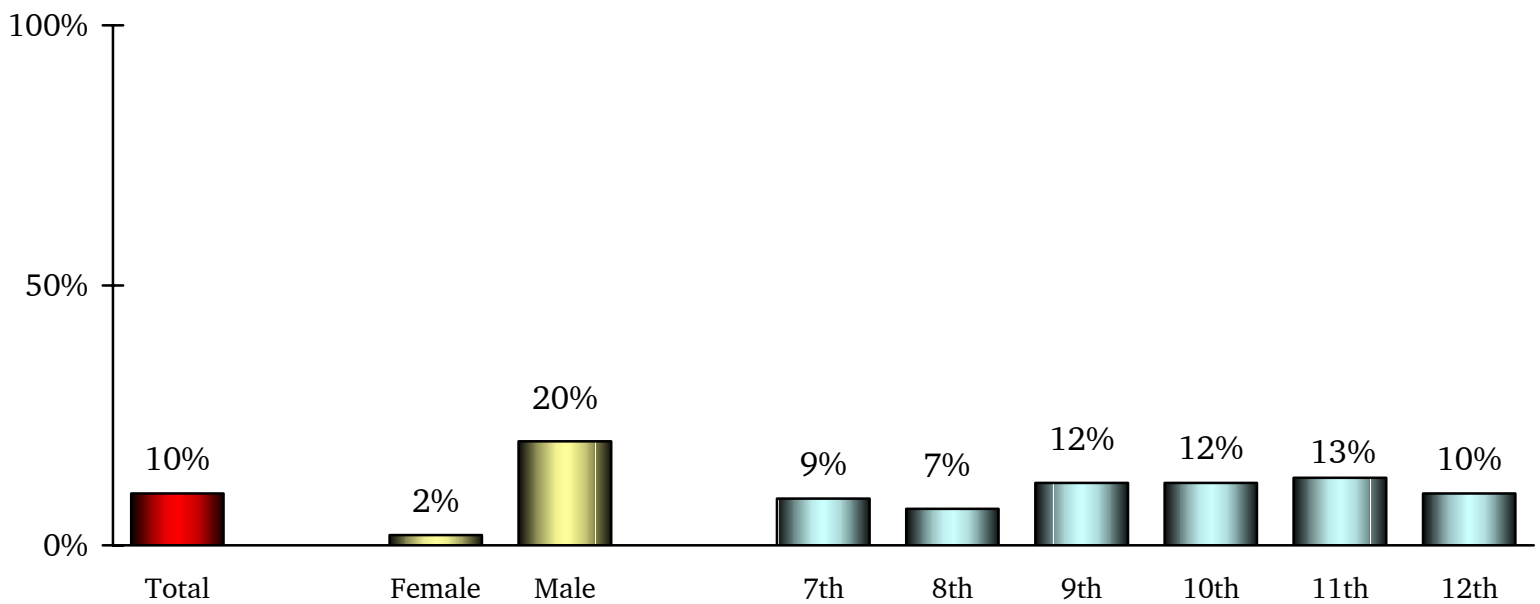
*These questions measure violence-related behaviors.*

Percentage of students who carried a weapon\* on one or more of the past 30 days.

\* such as a gun, knife, or club



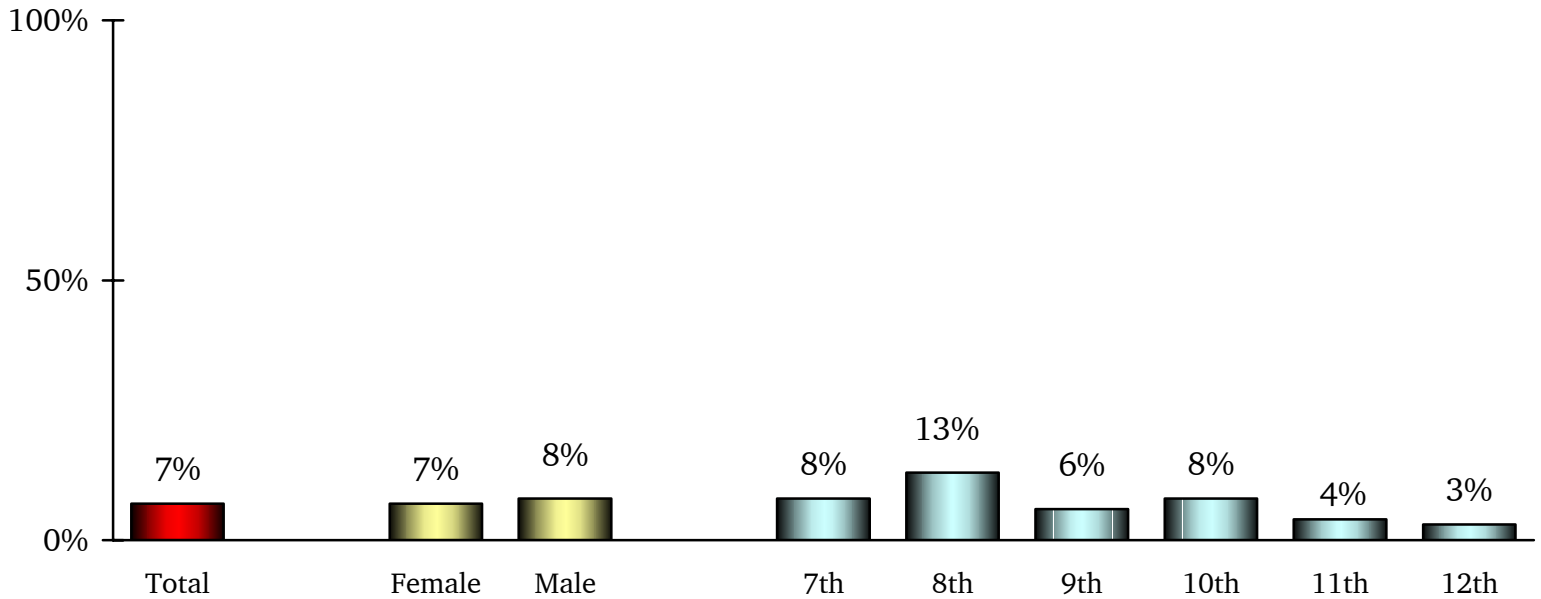
Percentage of students who carried a gun on one or more of the past 30 days.





## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.

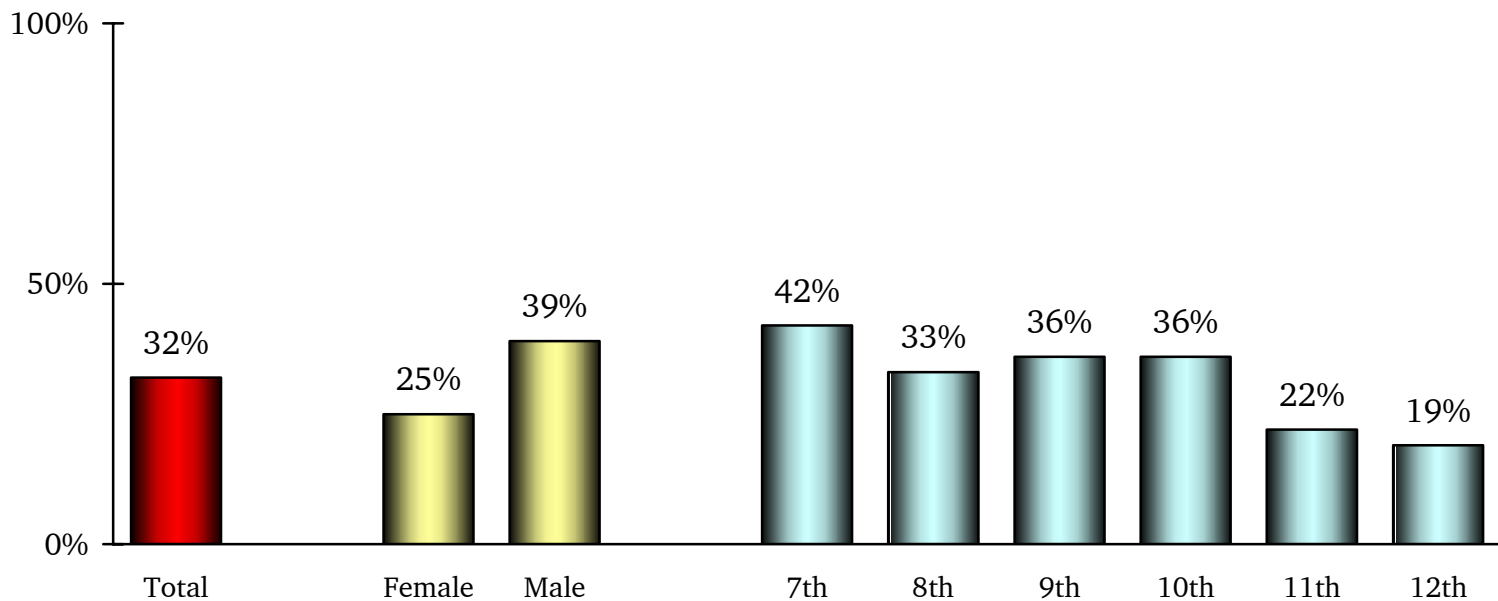


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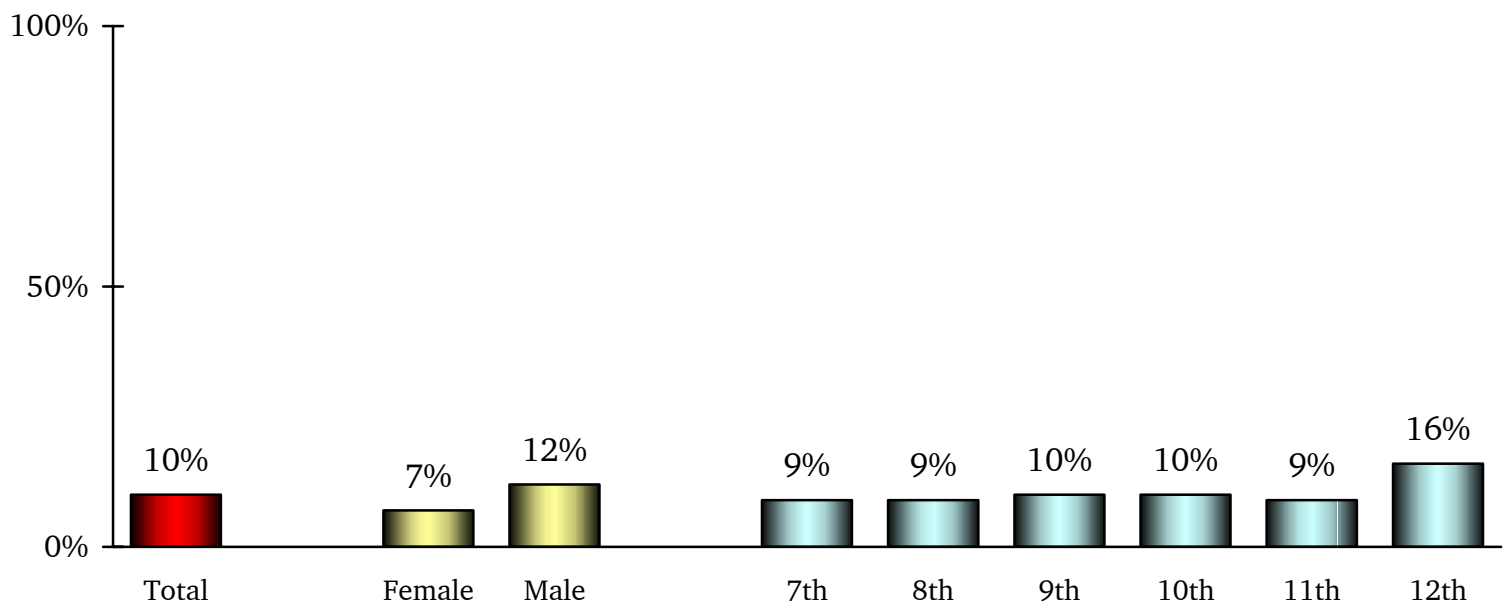
### ■ Violence – Physical Fighting

*These questions measure the frequency and severity of physical fights.*

Percentage of students who were in a physical fight one or more times during the past 12 months.



Of students who had been in a physical fight in the past 12 months, the percentage who had to be treated by a doctor or nurse one or more times.

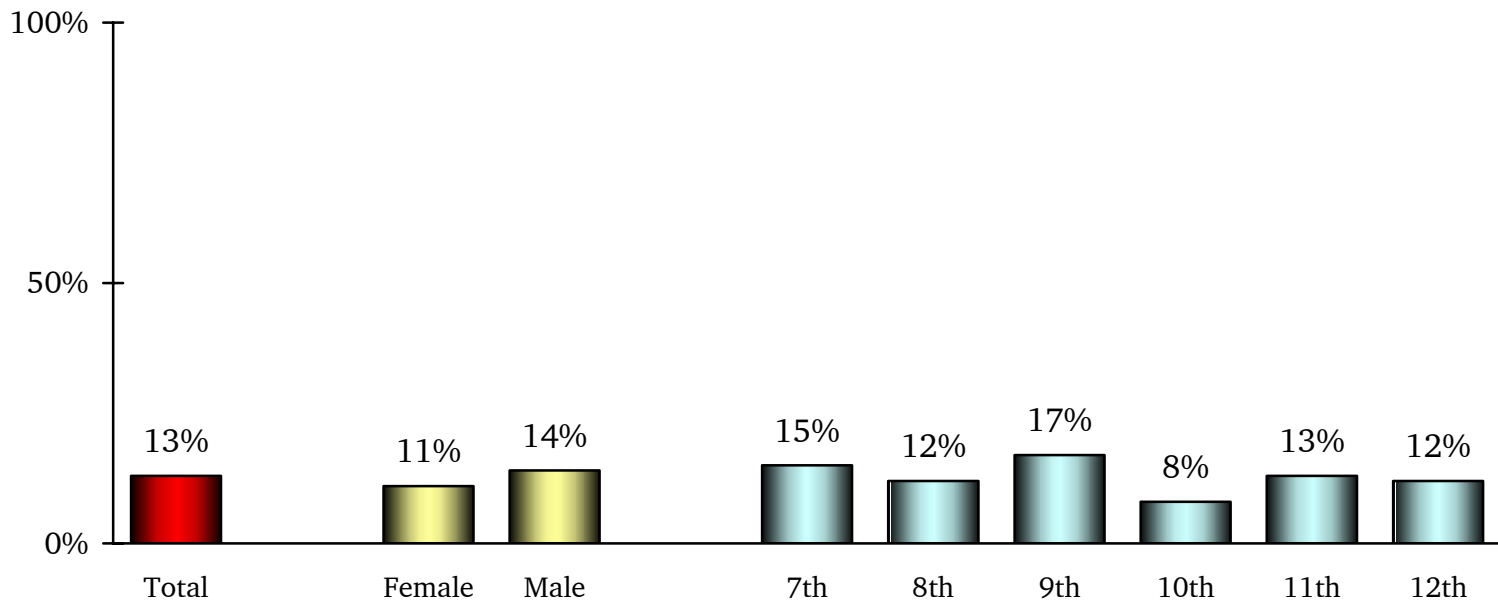


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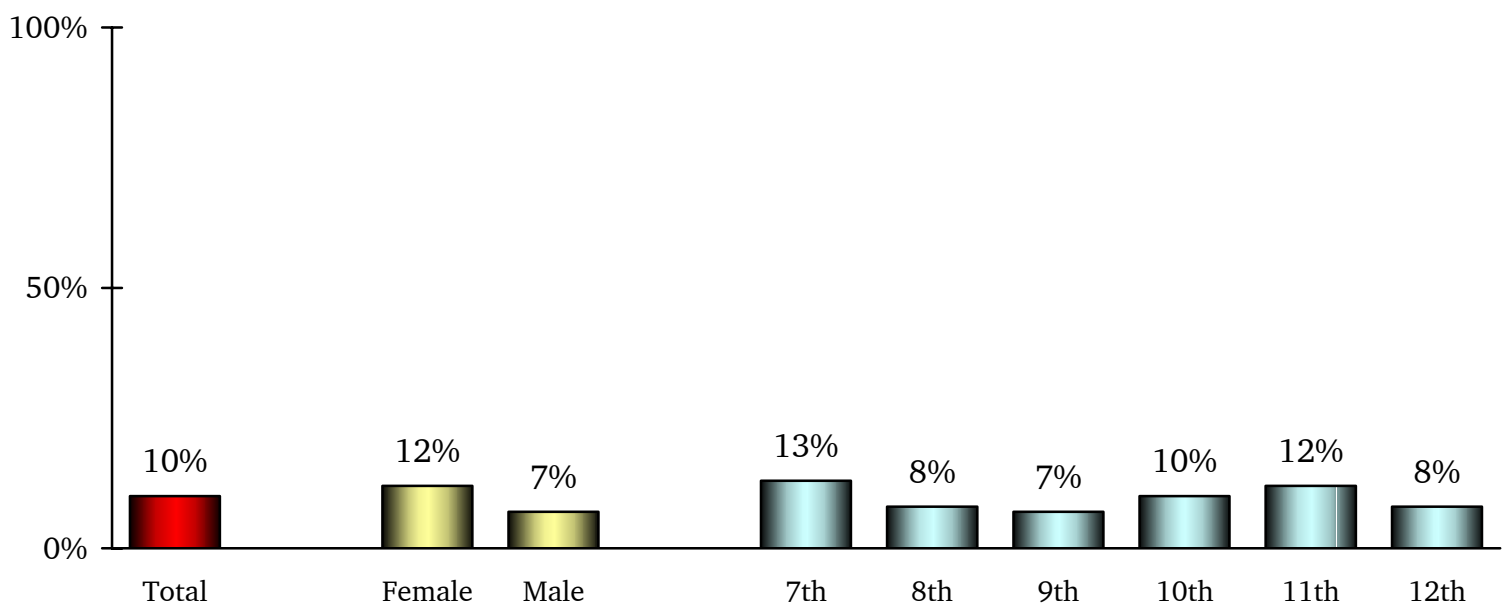
### ■ Violence – Sexual Violence

*These questions measure rape and domestic violence.*

Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



Percentage of students who have ever been forced to have sexual intercourse when they did not want to.

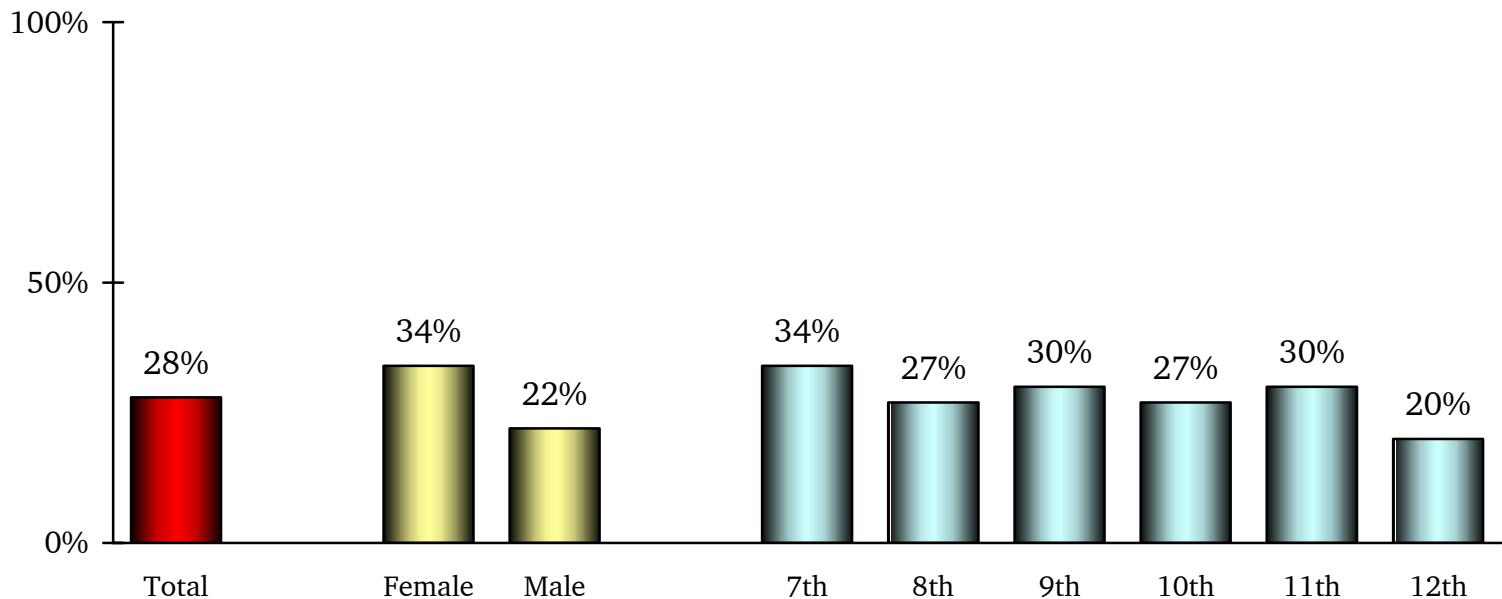


## 2003-2004 Hempstead County Youth Health Survey

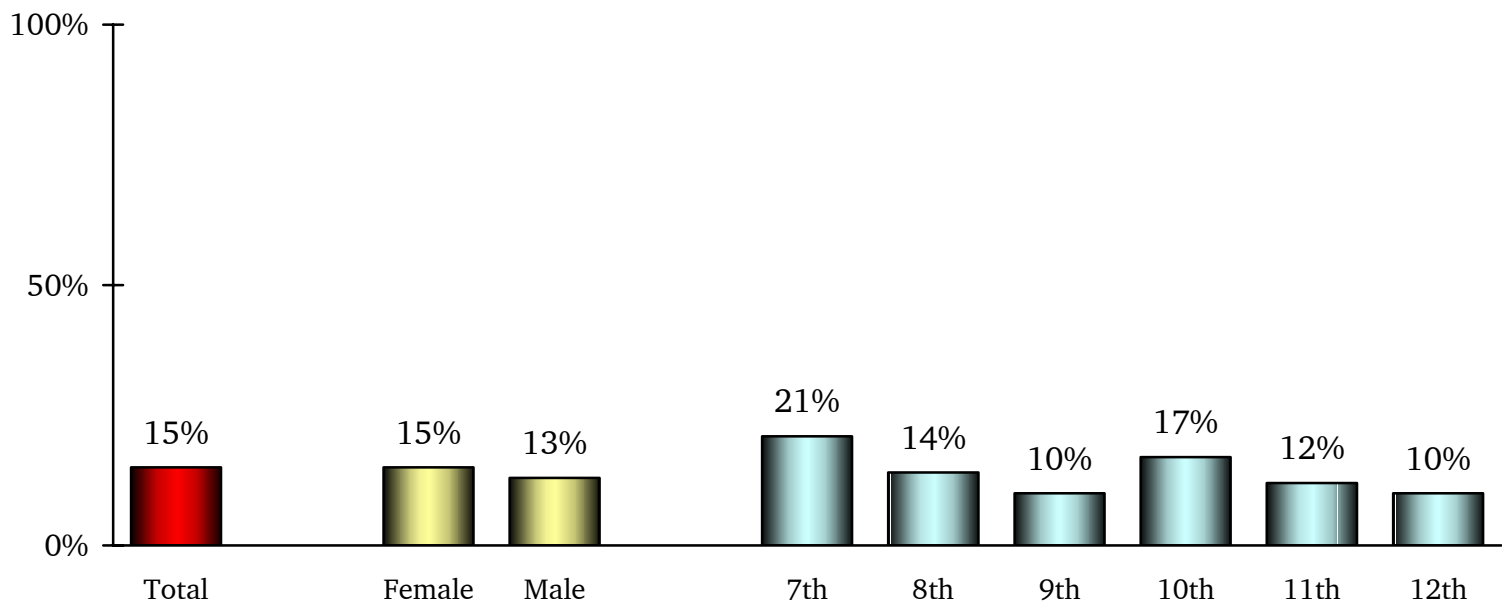
### ■ Depression and Suicide

*These questions measure depression, suicide, suicide attempts, and the seriousness of those attempts.*

Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.

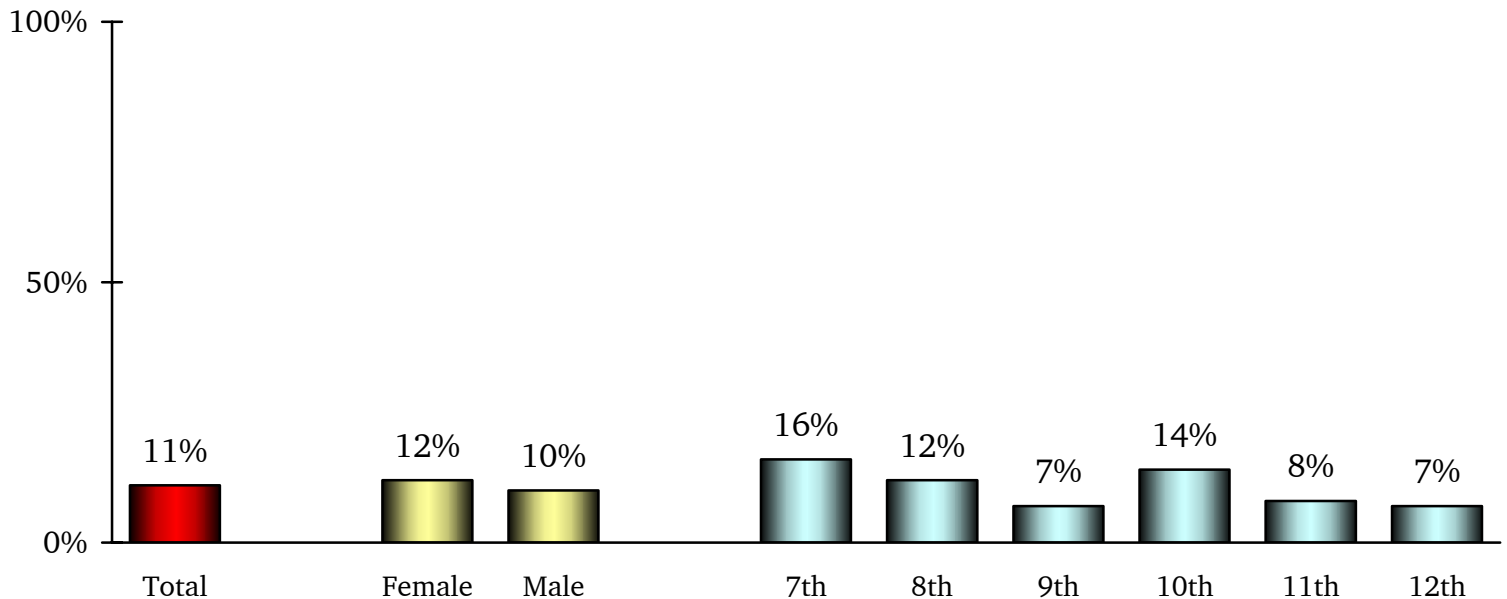


Percentage of students who seriously considered attempting suicide during the past 12 months.

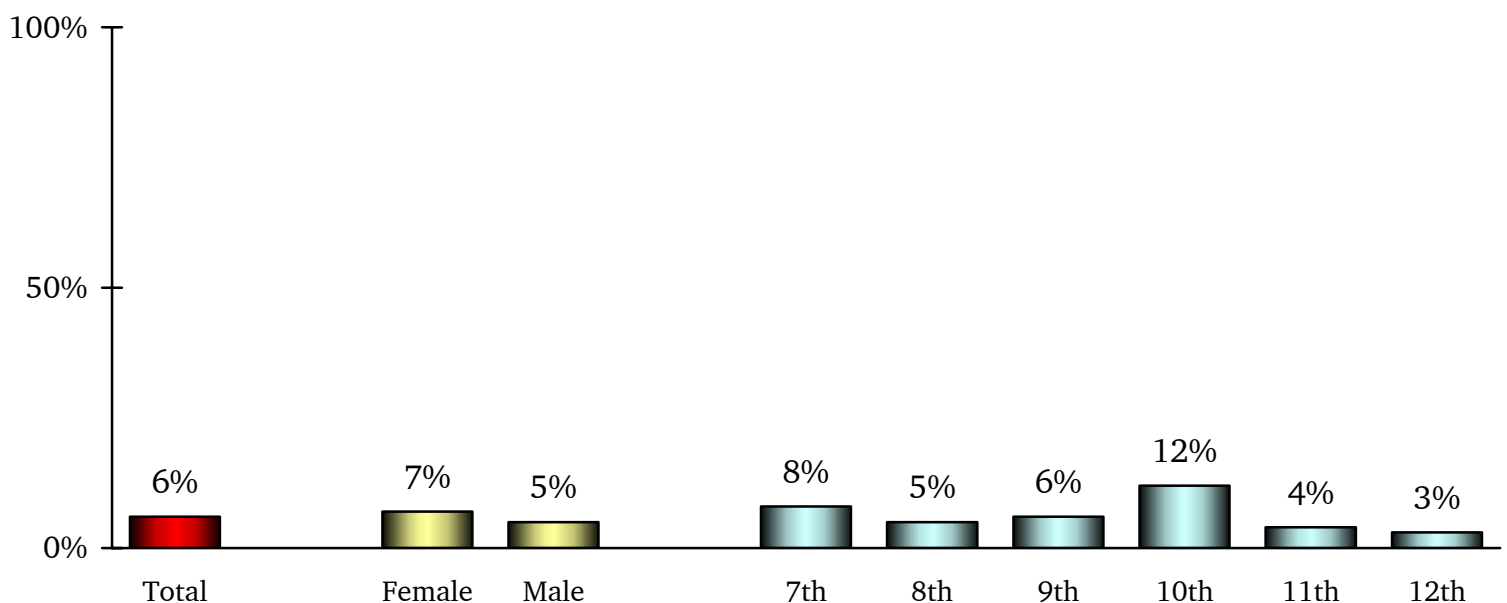


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Percentage of students who made a plan about how they would attempt suicide during the past 12 months.

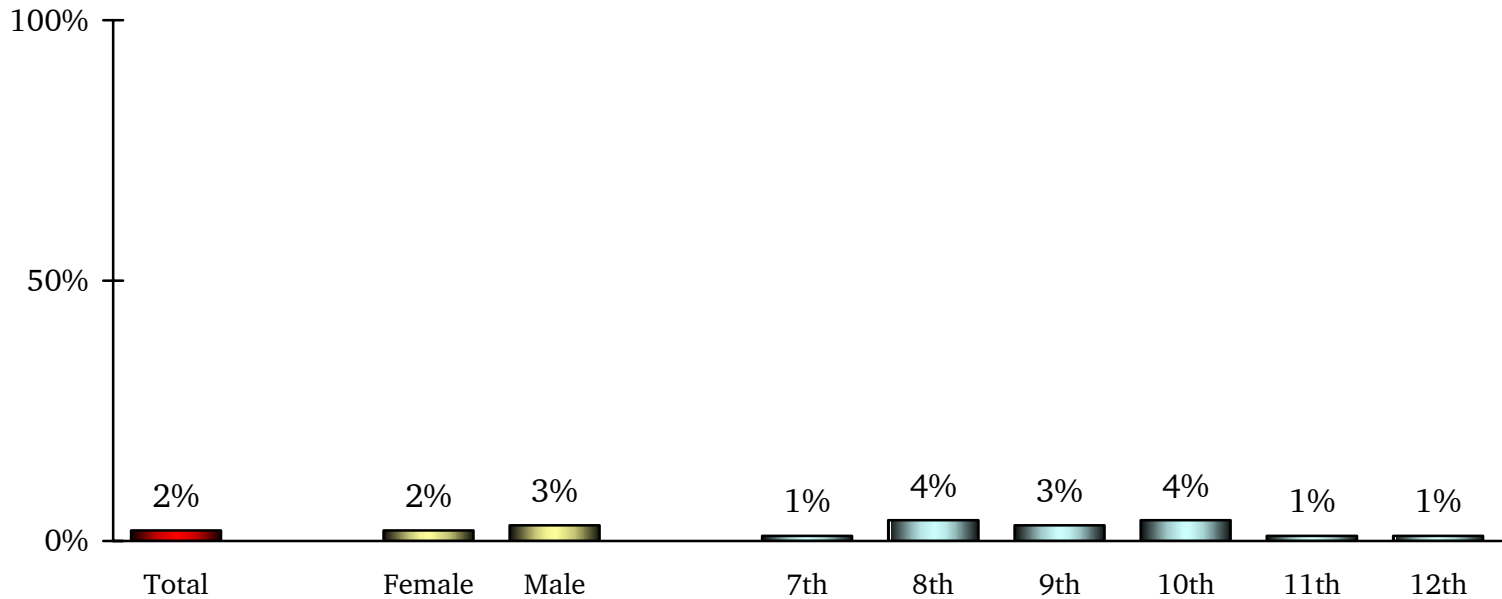


Percentage of students who actually attempted suicide one or more times during the past 12 months.



## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.

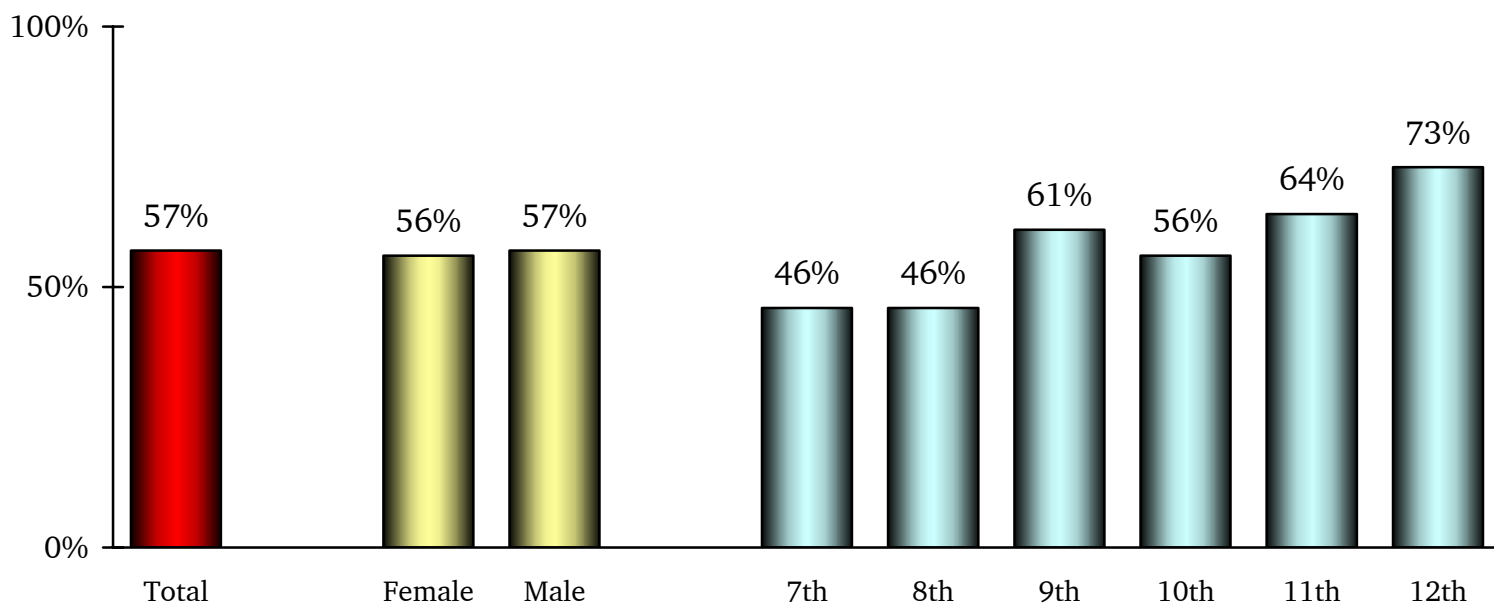


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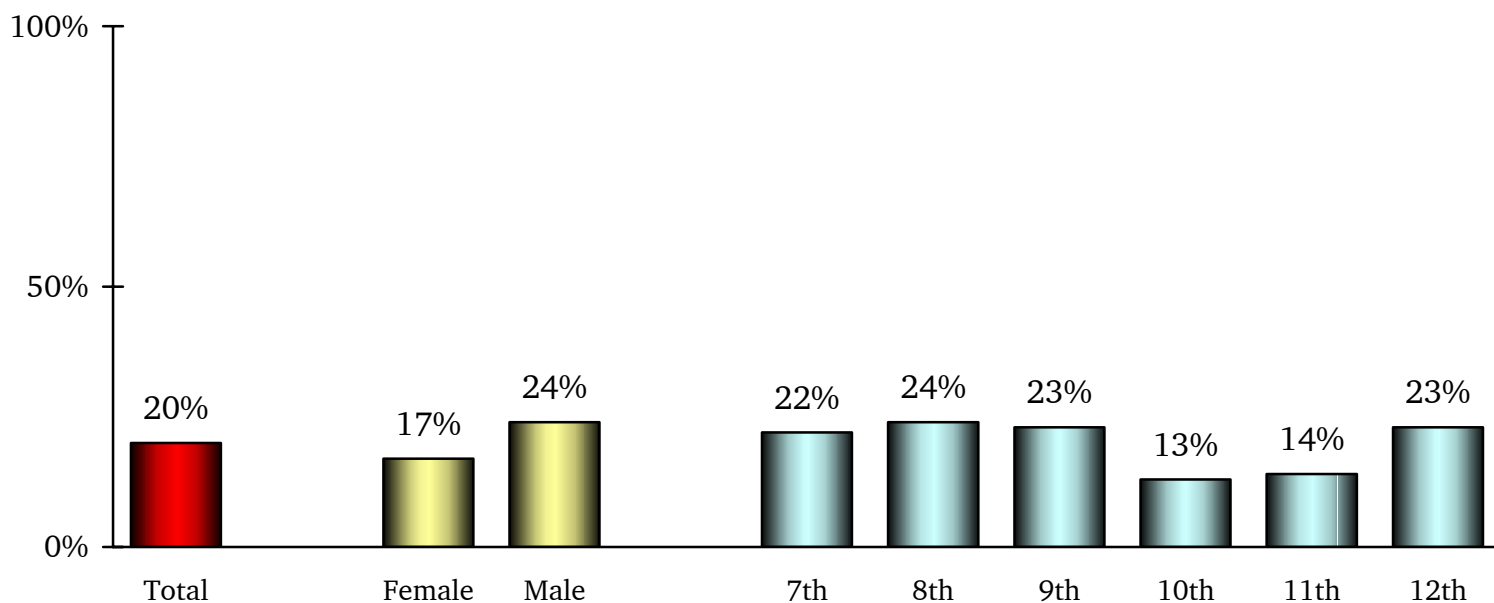
### ■ Tobacco Use – Cigarette Smoking

*These questions measure smoking experimentation, current smoking patterns, age of initiation and attempt to quit smoking cigarettes.*

Percentage of students who ever tried cigarette smoking, even one or two puffs.

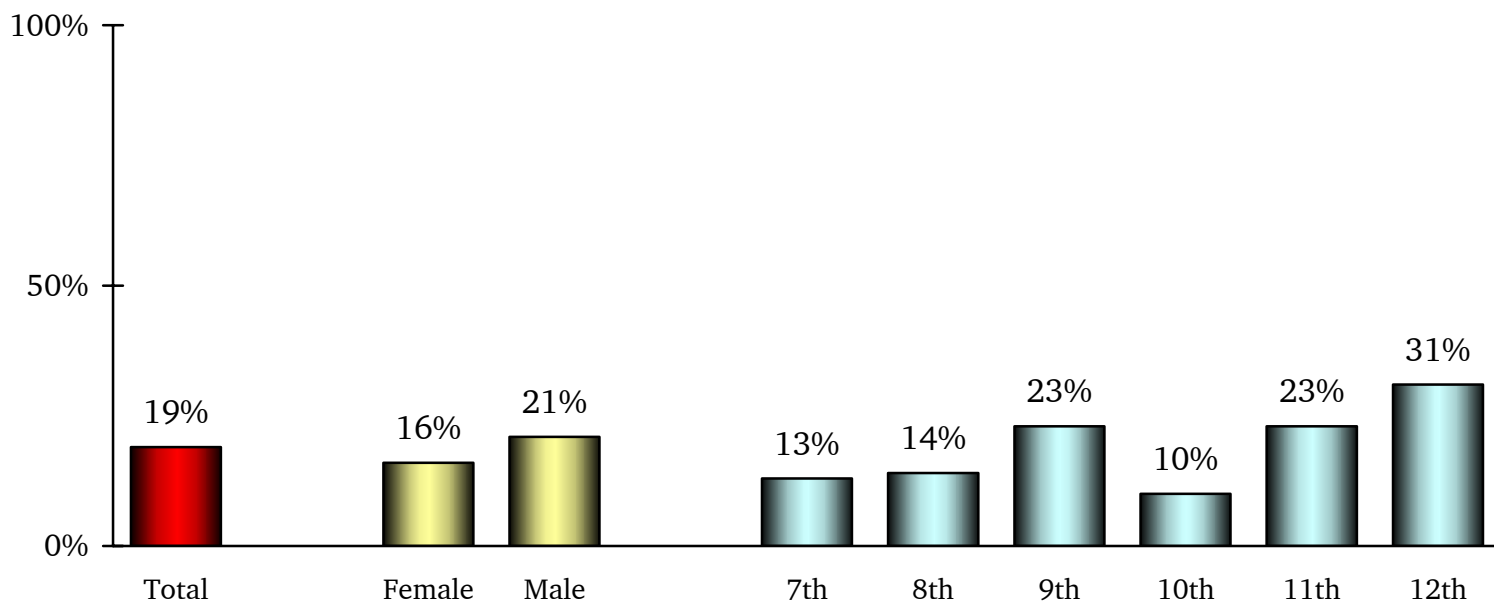


Percentage of students who smoked a whole cigarette for the first time before age 13.

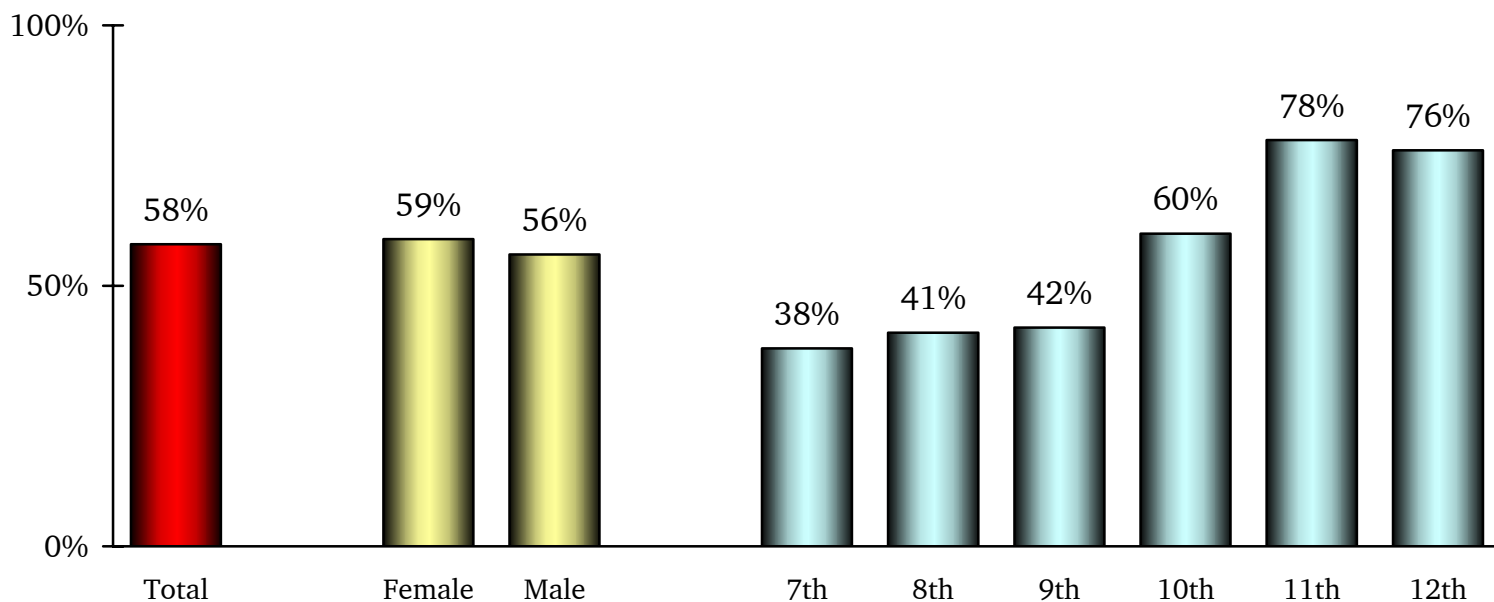


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Percentage of students who smoked cigarettes on one or more of the past 30 days.



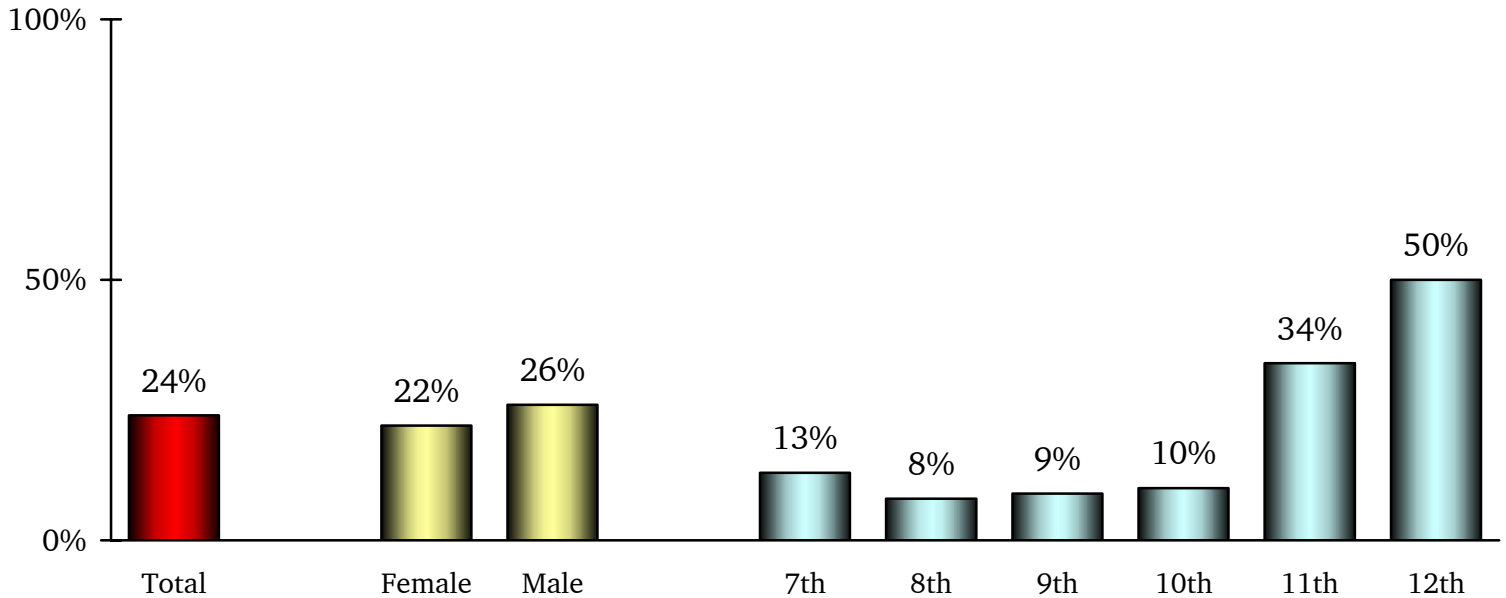
Of the students who smoked during the past 30 days, the percentage that smoked two or more cigarettes per day on the days they smoked.



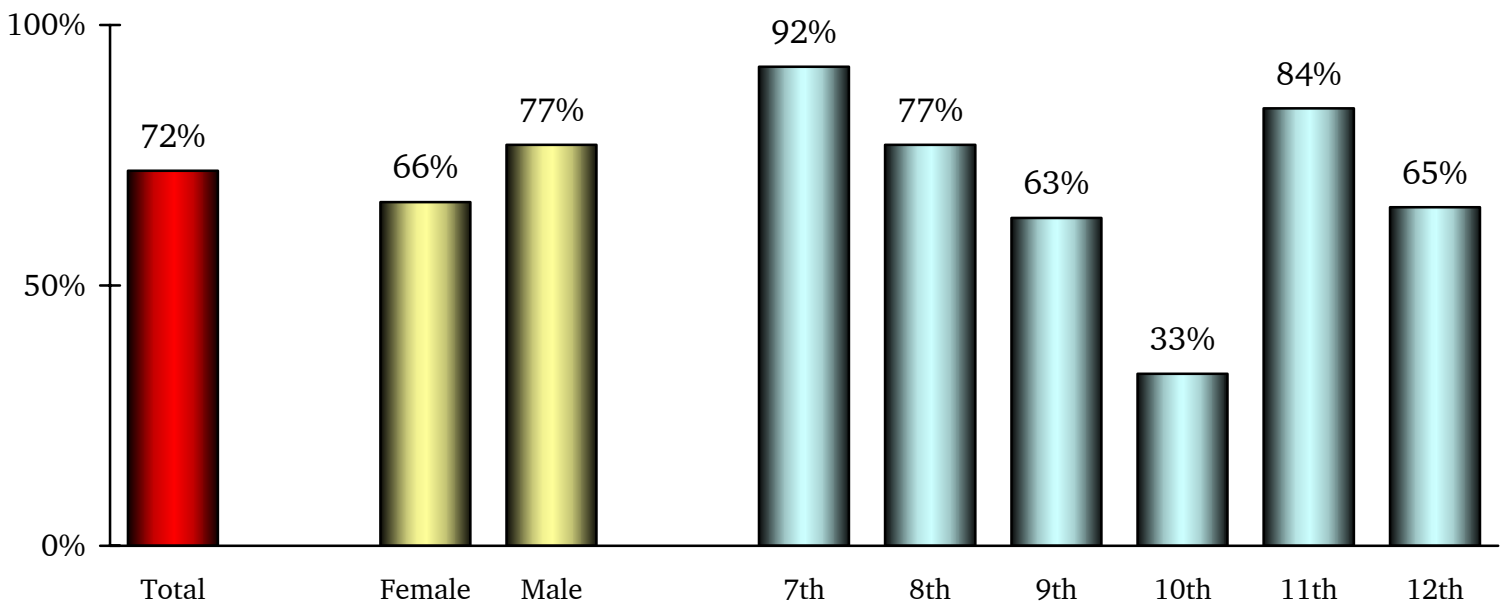


## 2003-2004 Hempstead County Youth Health Survey

Of students who smoked during the past 30 days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes.

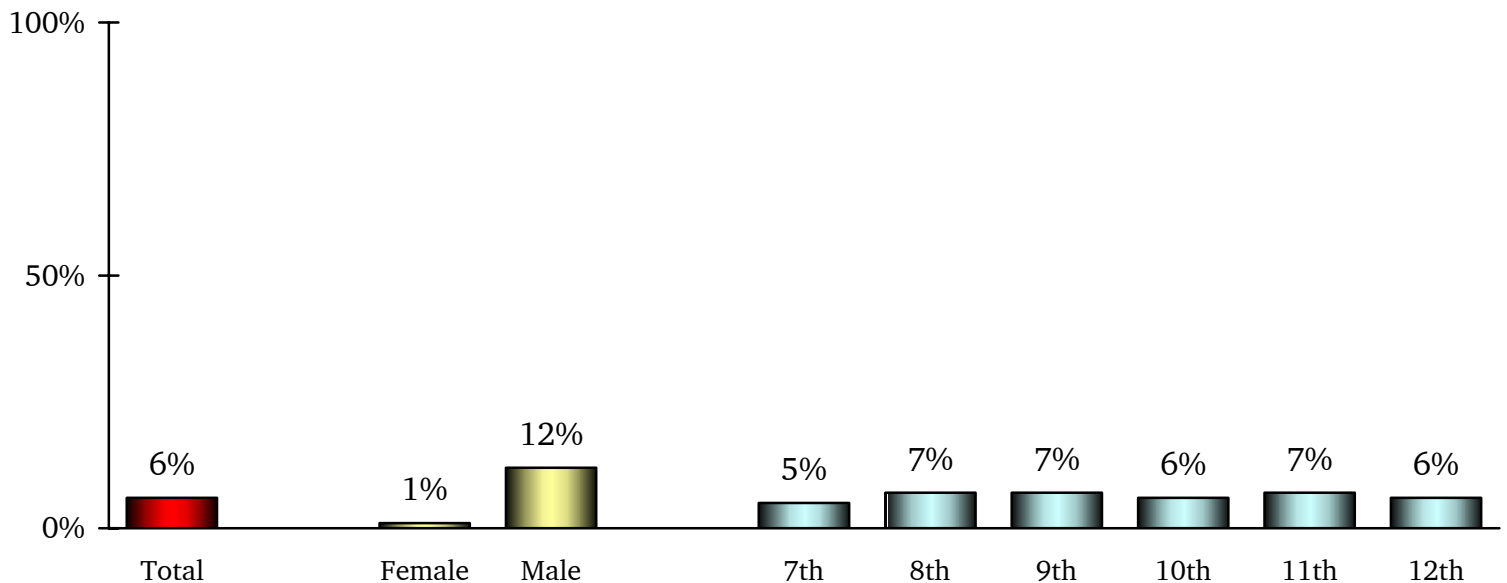


## 2003-2004 Hempstead County Youth Health Survey

### ■ Tobacco Use – Smokeless Tobacco

*This question measures smokeless tobacco use.*

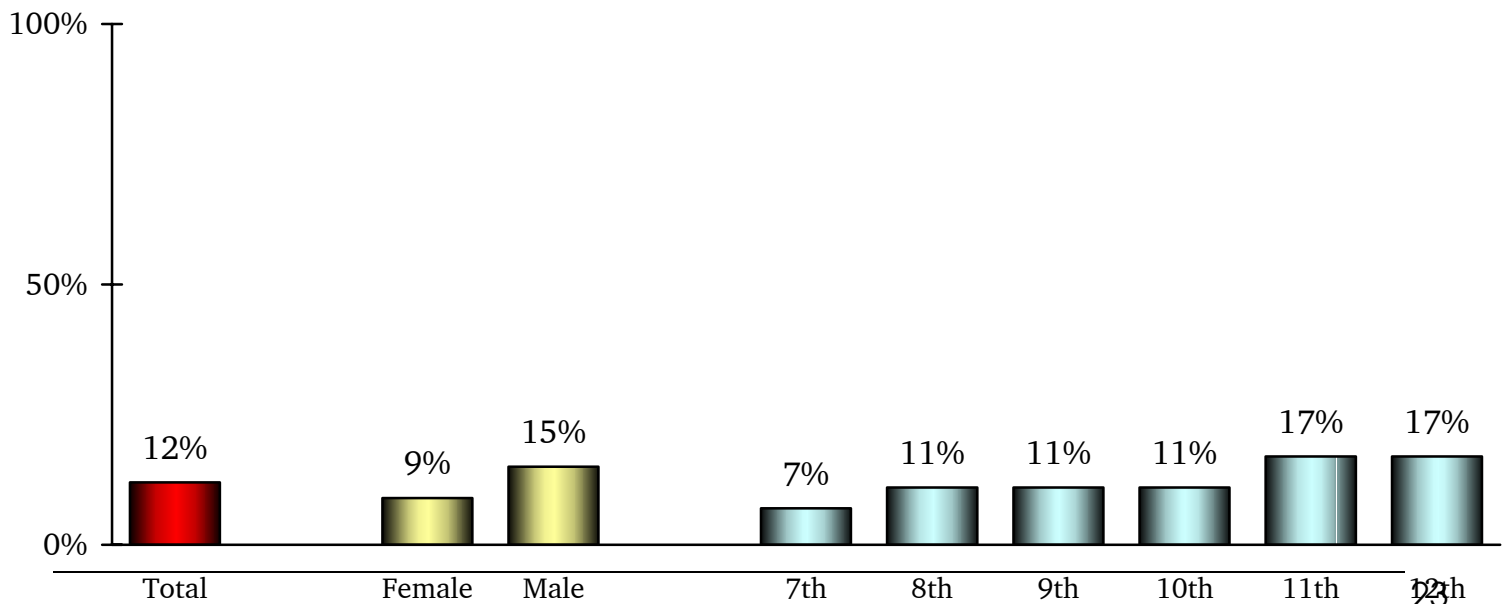
Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



### ■ Tobacco Use – Cigar

*This question measures cigar smoking.*

Percentage of students who smoked cigars, cigarillos, or little cigars during the past 30 days.

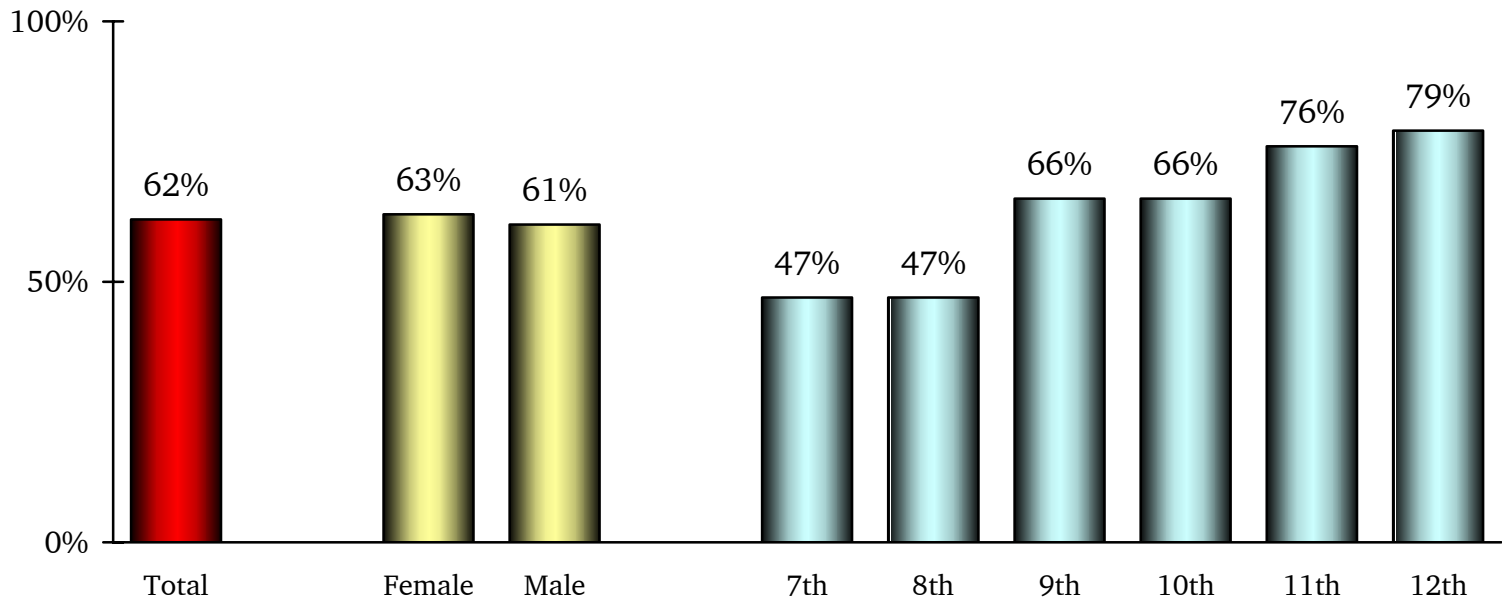


## 2003-2004 Hempstead County Youth Health Survey

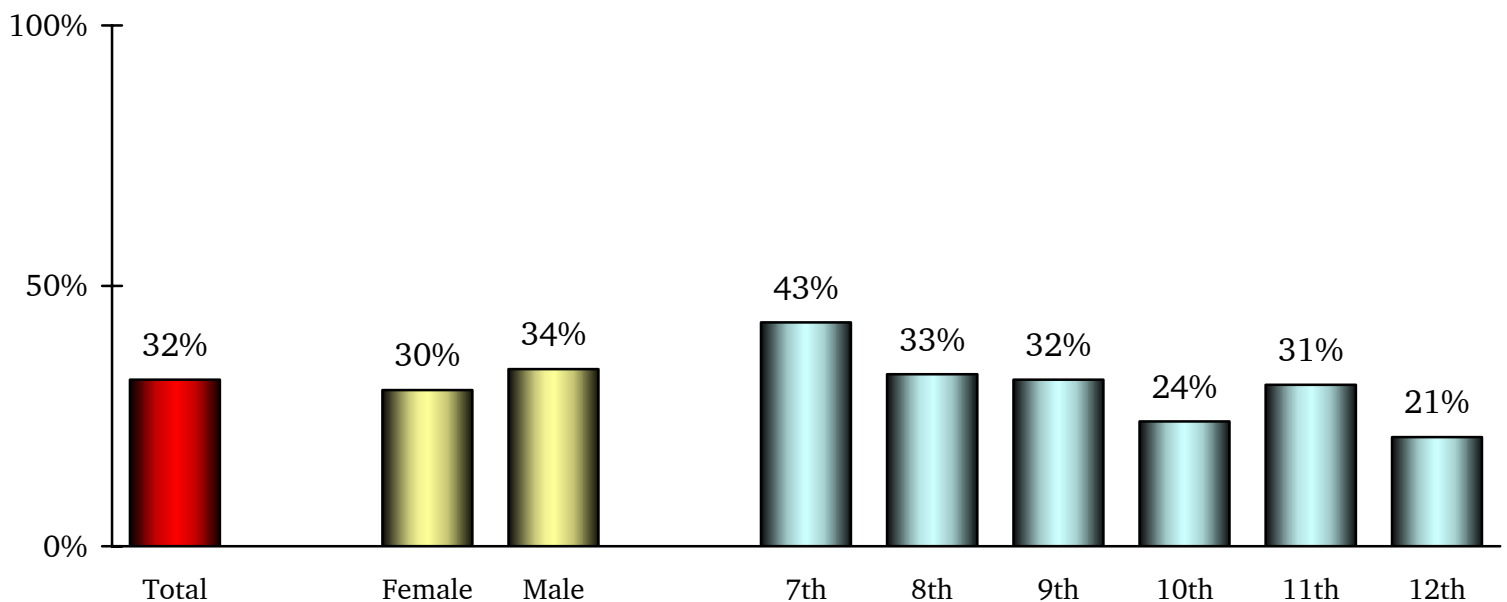
### ■ Alcohol Use

*These questions measure frequency of alcohol use, age of initiation of drinking, and heavy drinking.*

Percentage of students who had at least one drink of alcohol on one or more days during their life.

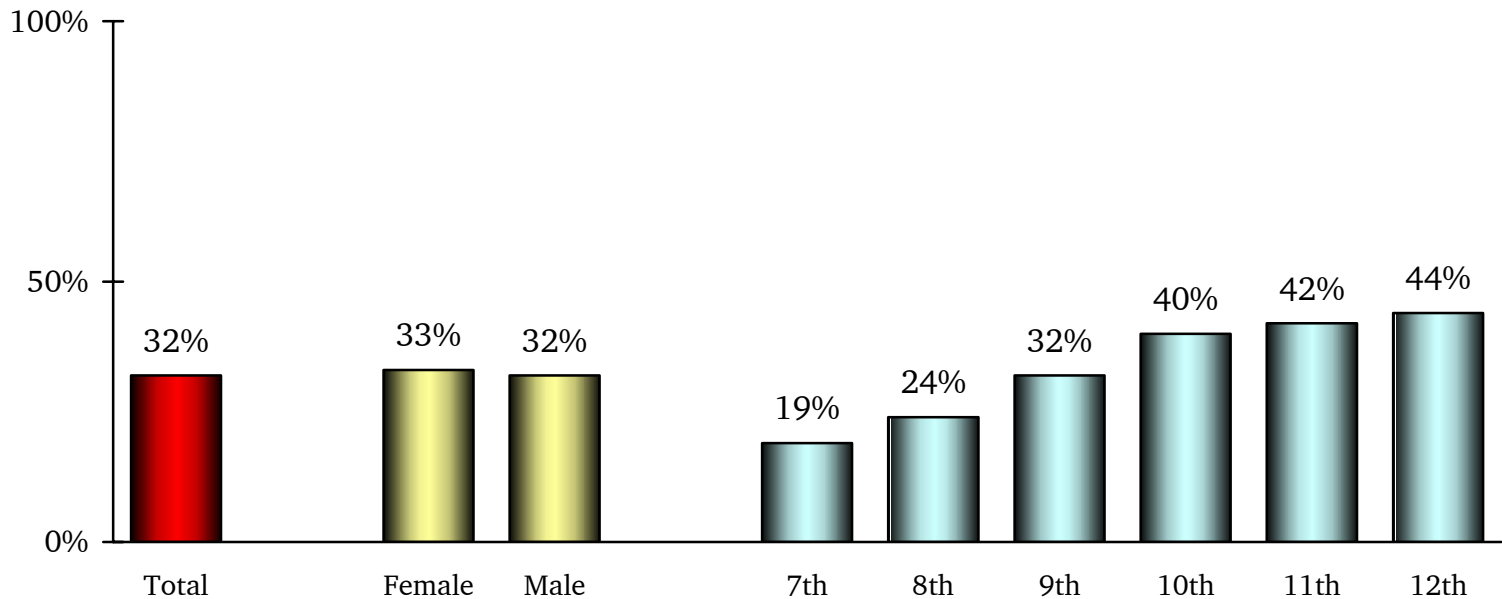


Percentage of students who had their first drink of alcohol other than a few sips before age 13.

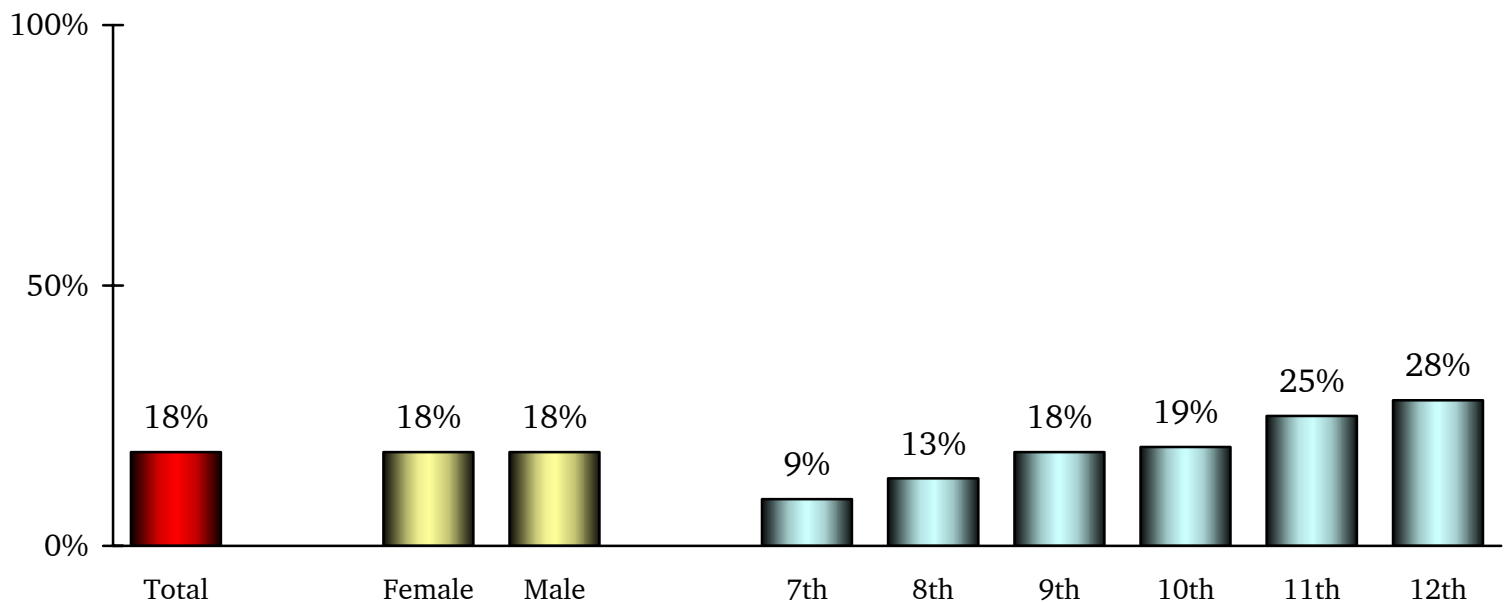


## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.

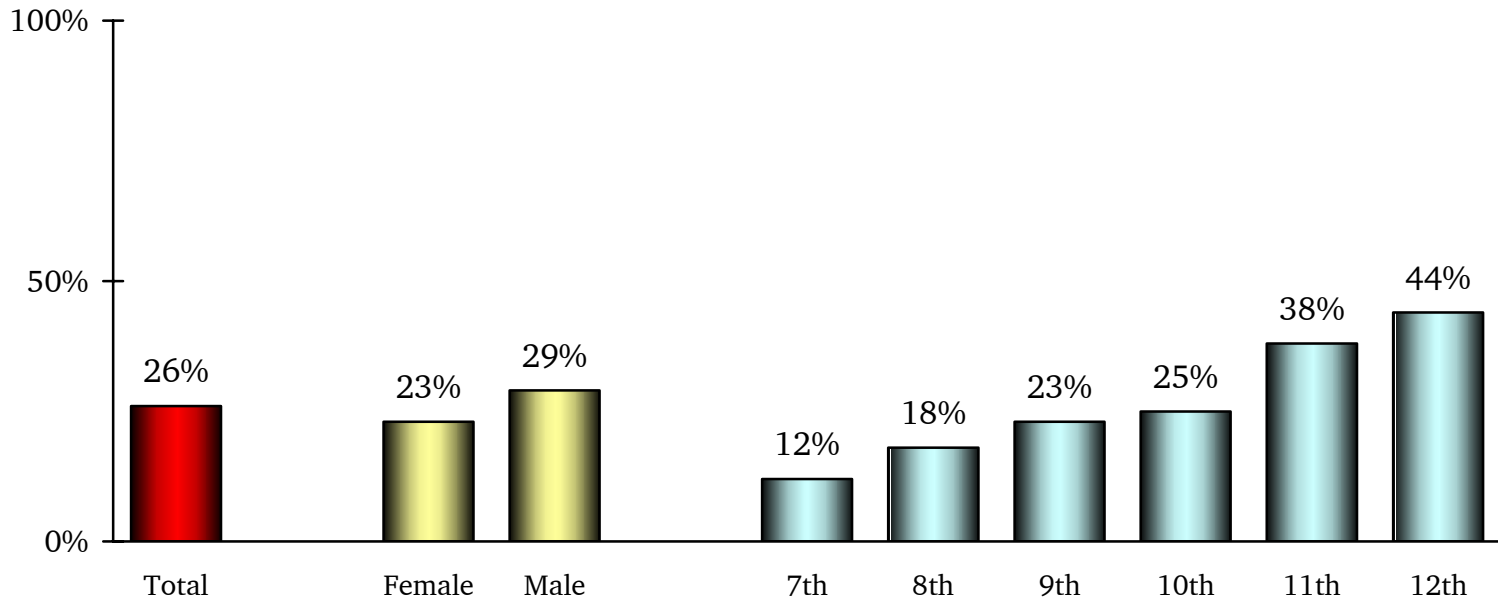


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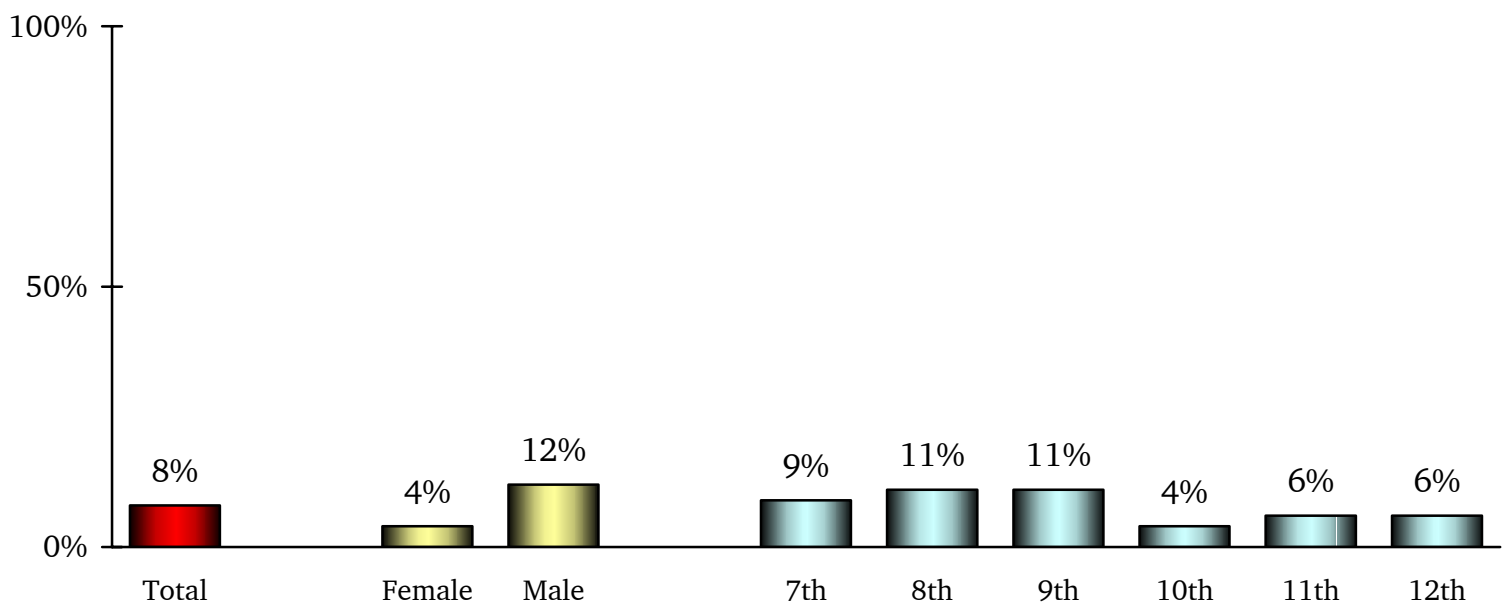
### ■ Drug Use

*These questions measure the frequency of illegal drug use.*

Percentage of students who used marijuana one or more times during their life.

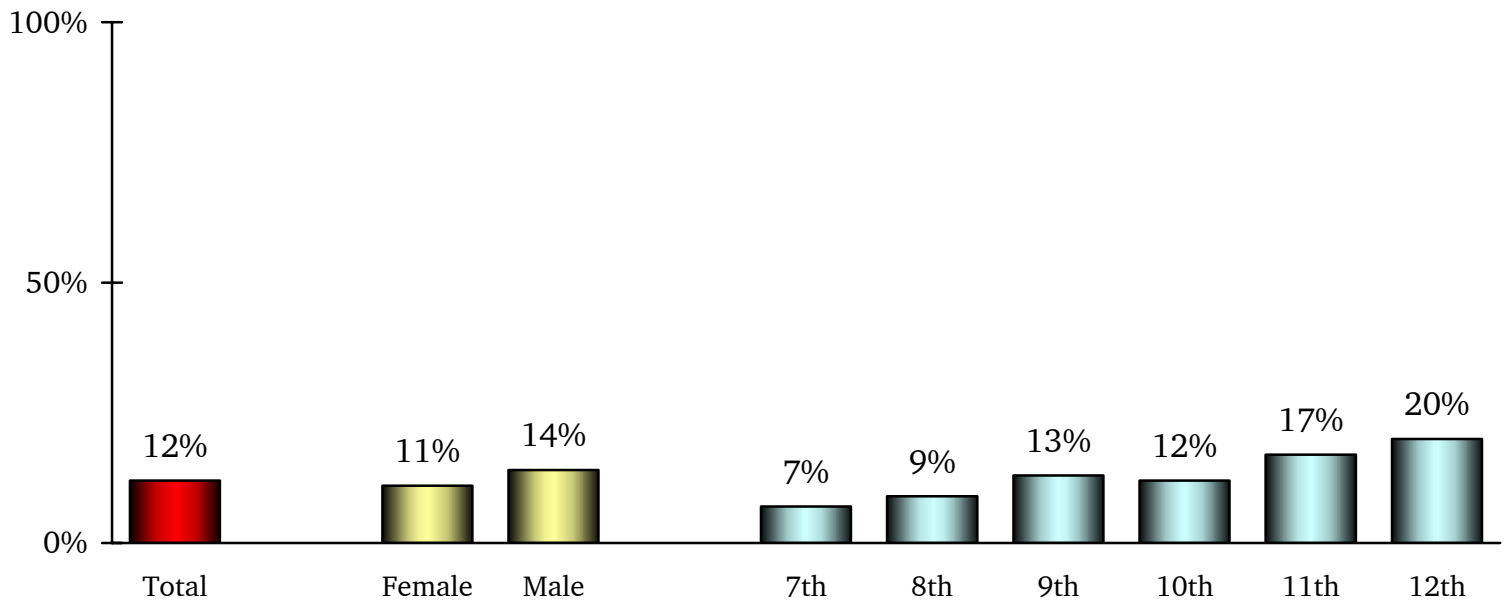


Percentage of students who tried marijuana for the first time before age 13.

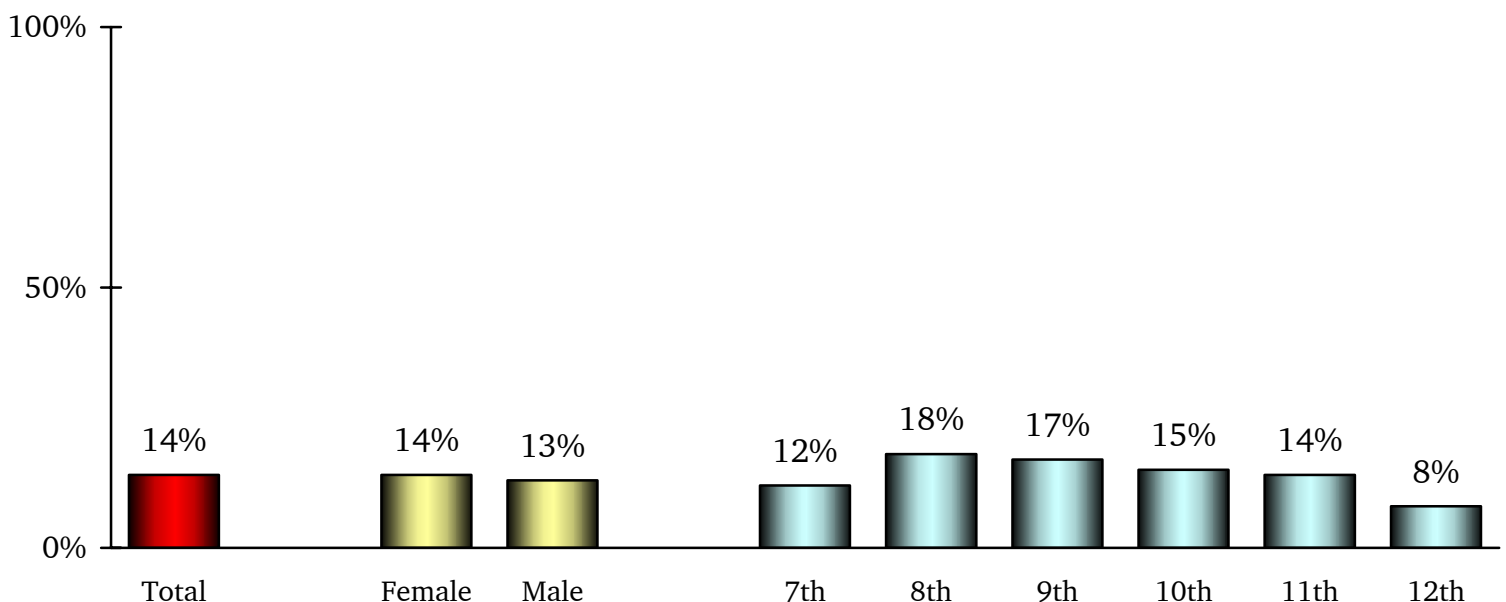


## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who used marijuana one or more times during the past 30 days.

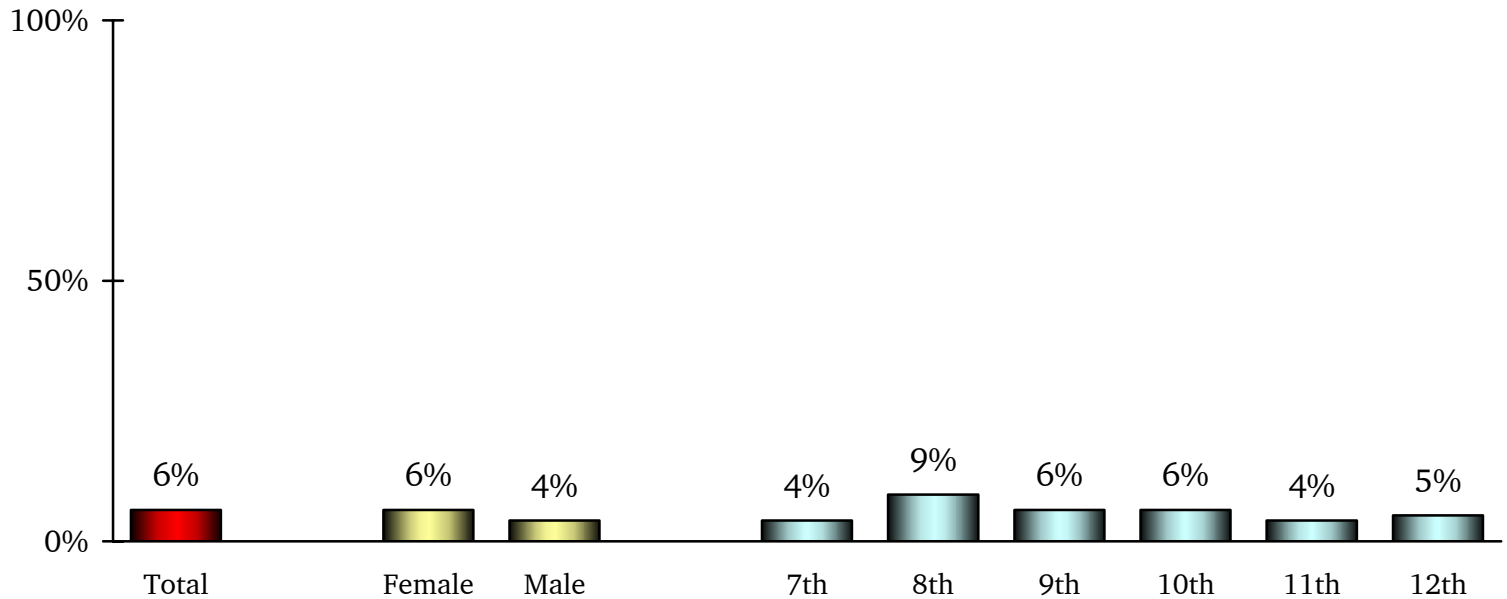


Percentage of students, who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.

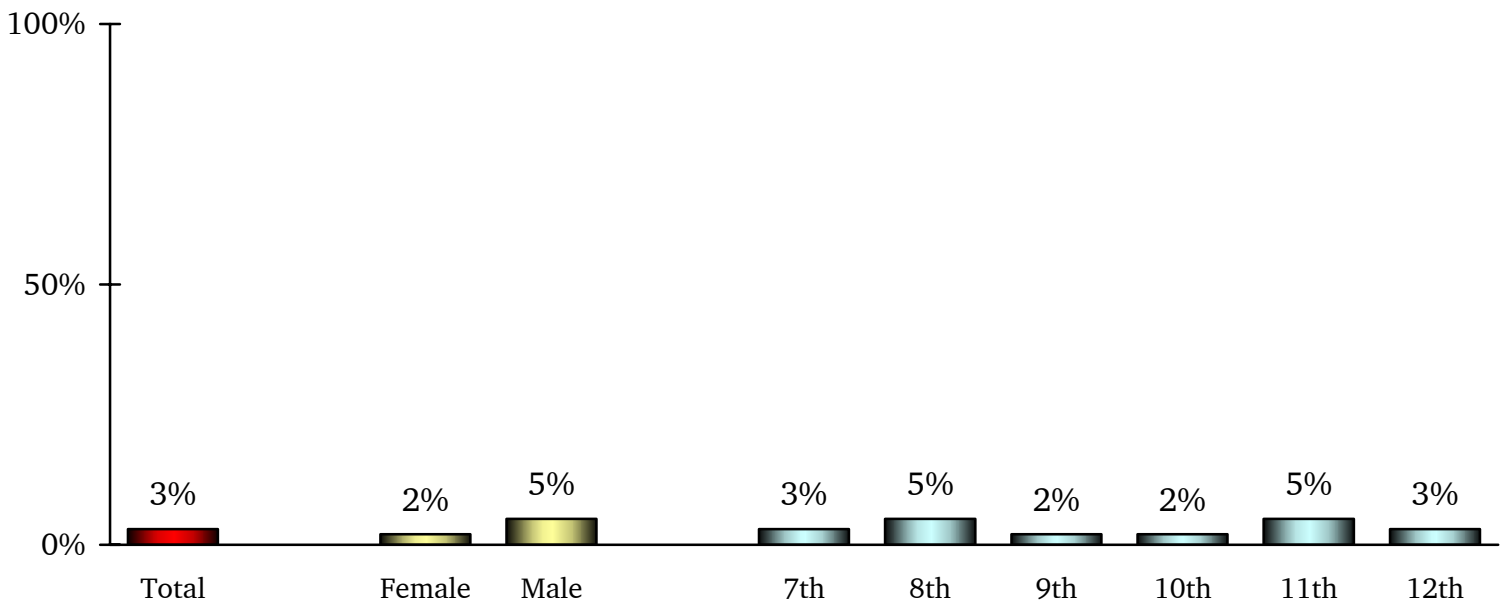


## 2003-2004 Hempstead County Youth Health Survey

Percentage of students, who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.

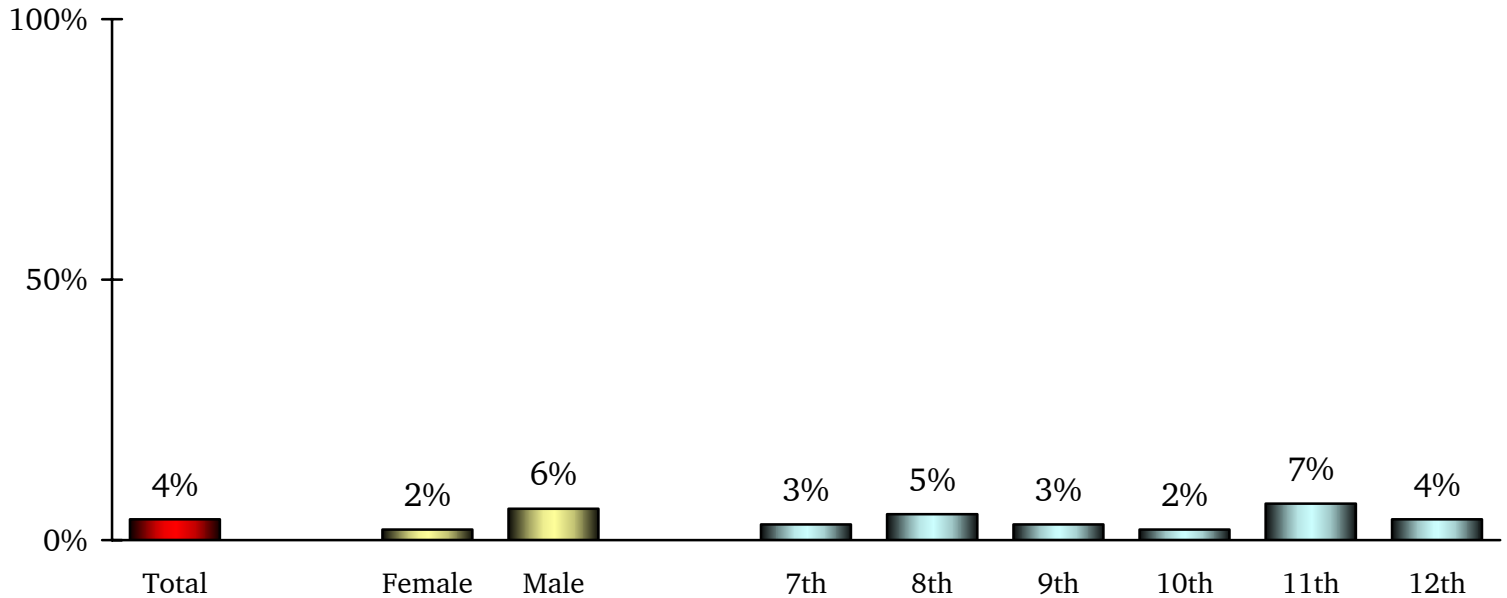


Percentage of students who used methamphetamines one or more times during their life.

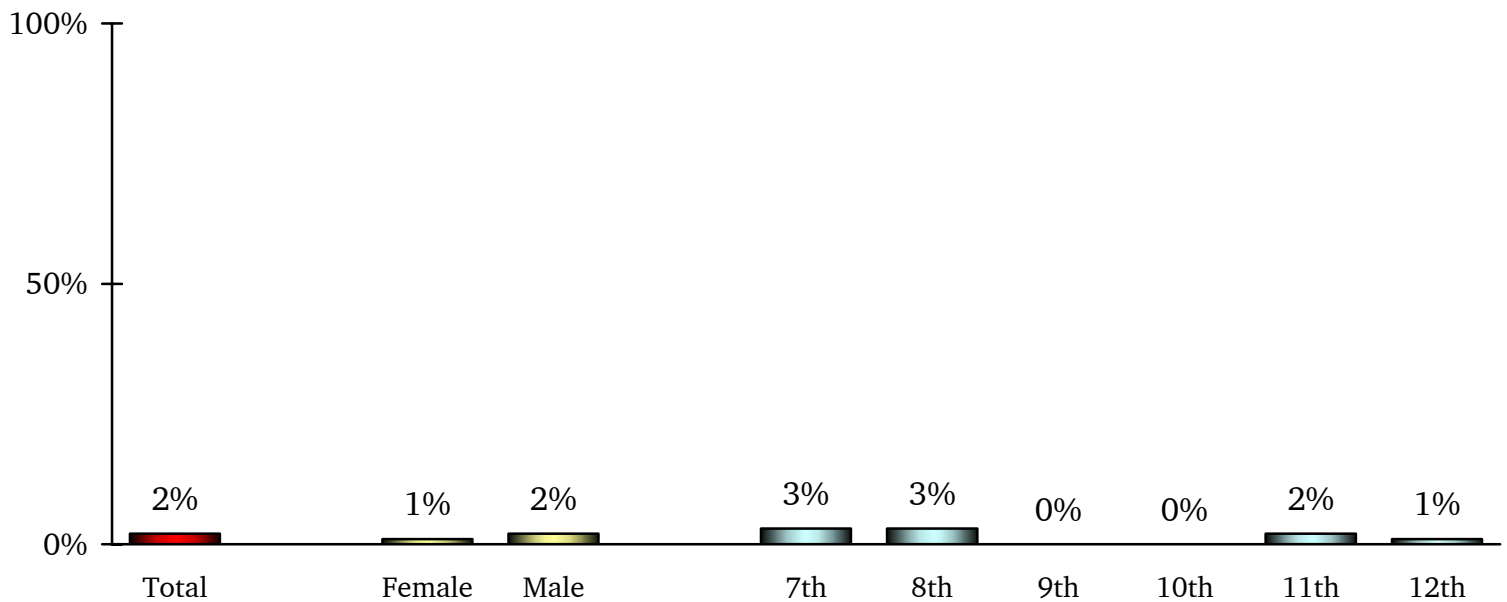


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Percentage of students who used ecstasy one or more times during their life.



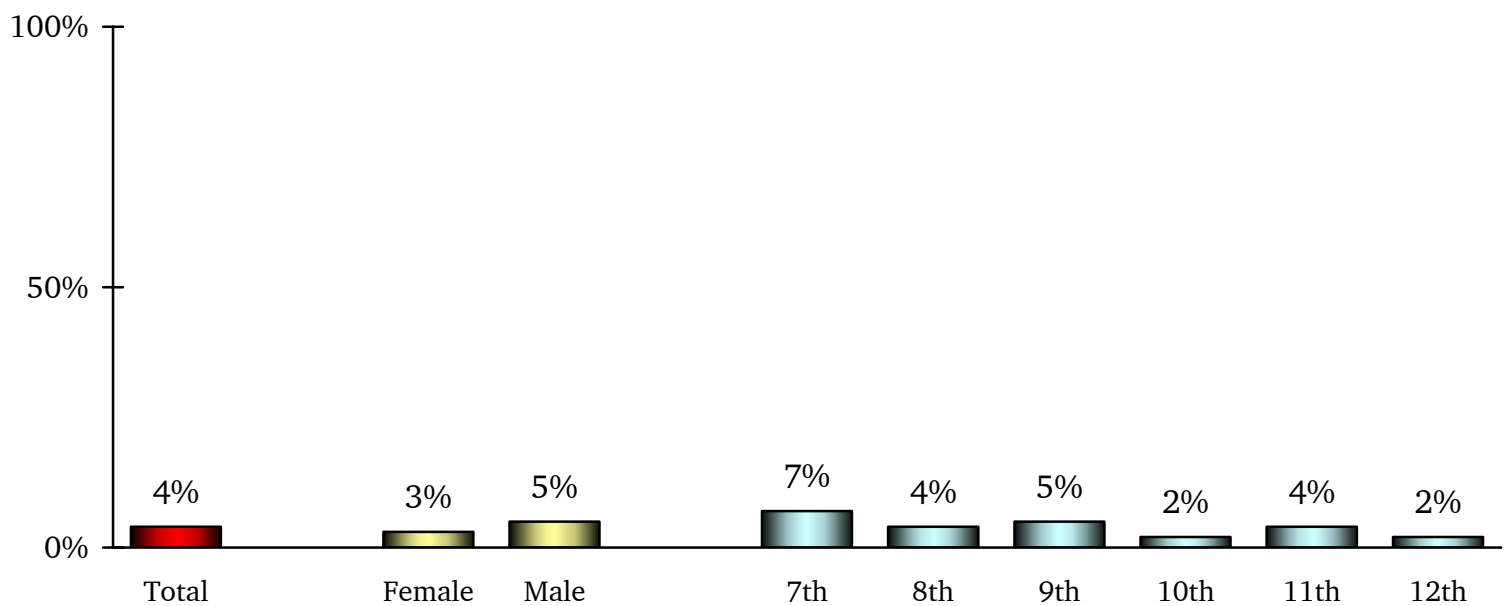
Percentage of students who used heroin one or more times during their life.





## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.

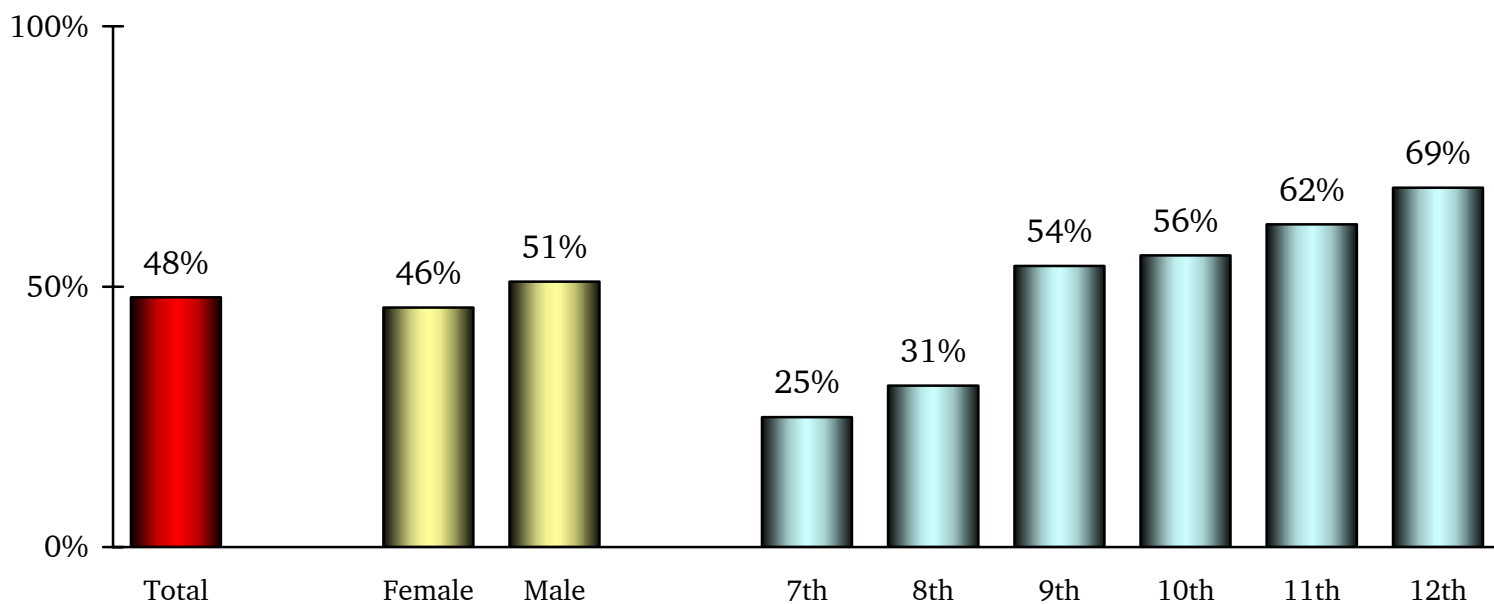


## 2003-2004 Hempstead County Youth Health Survey

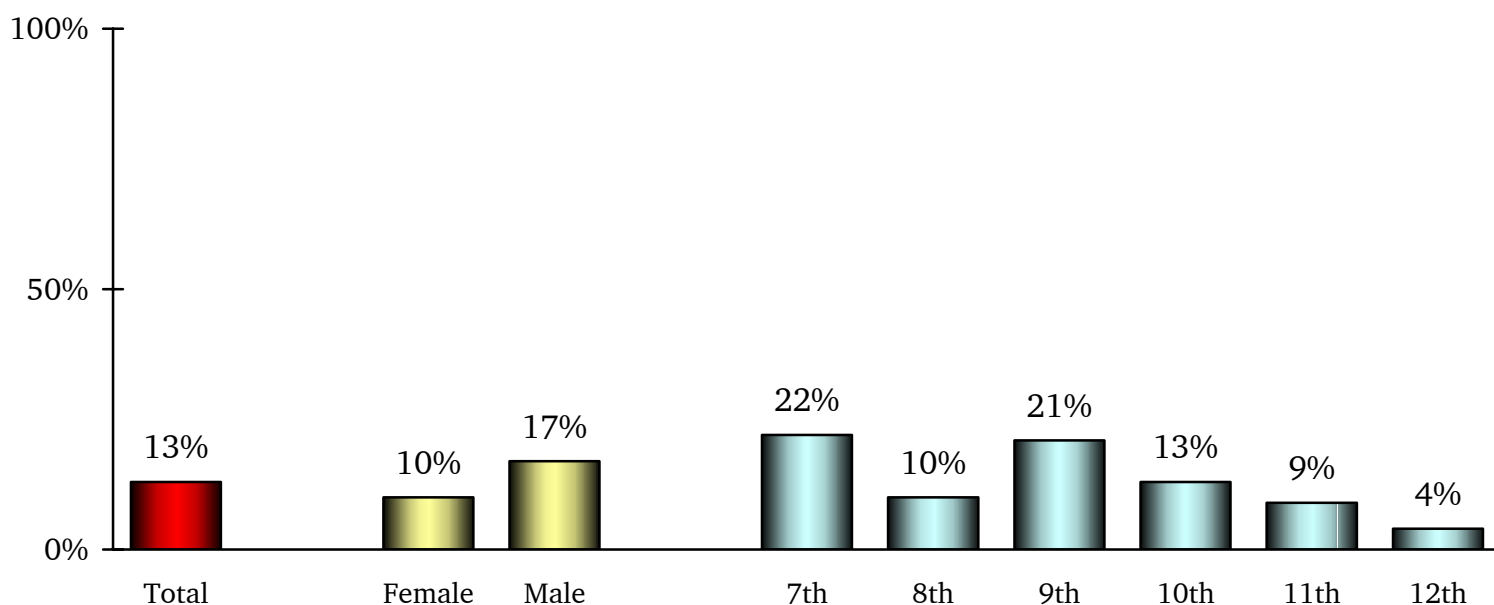
### ■ Sexual Activity

*These questions measure the prevalence of sexual activity, number of sexual partners, age of first intercourse and alcohol and drug use related to sexual activity.*

Percentage of students who have had sexual intercourse.

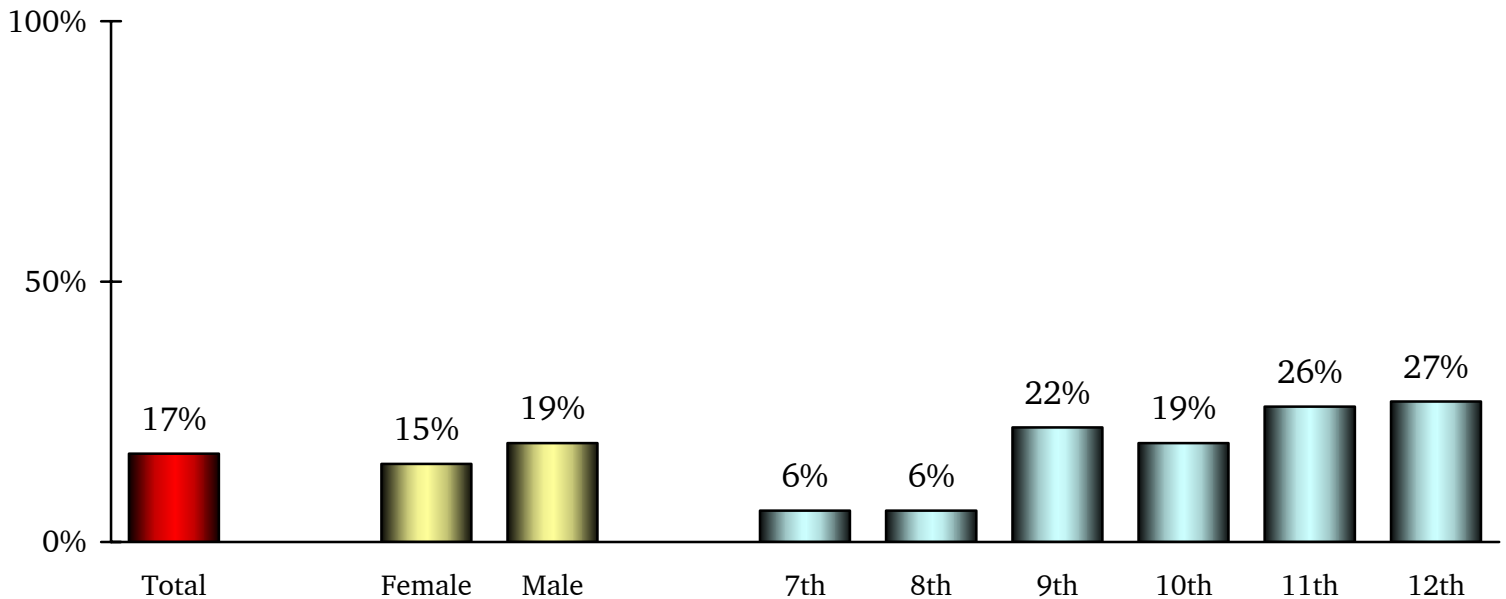


Percentage of students who had sexual intercourse for the first time before age 13.

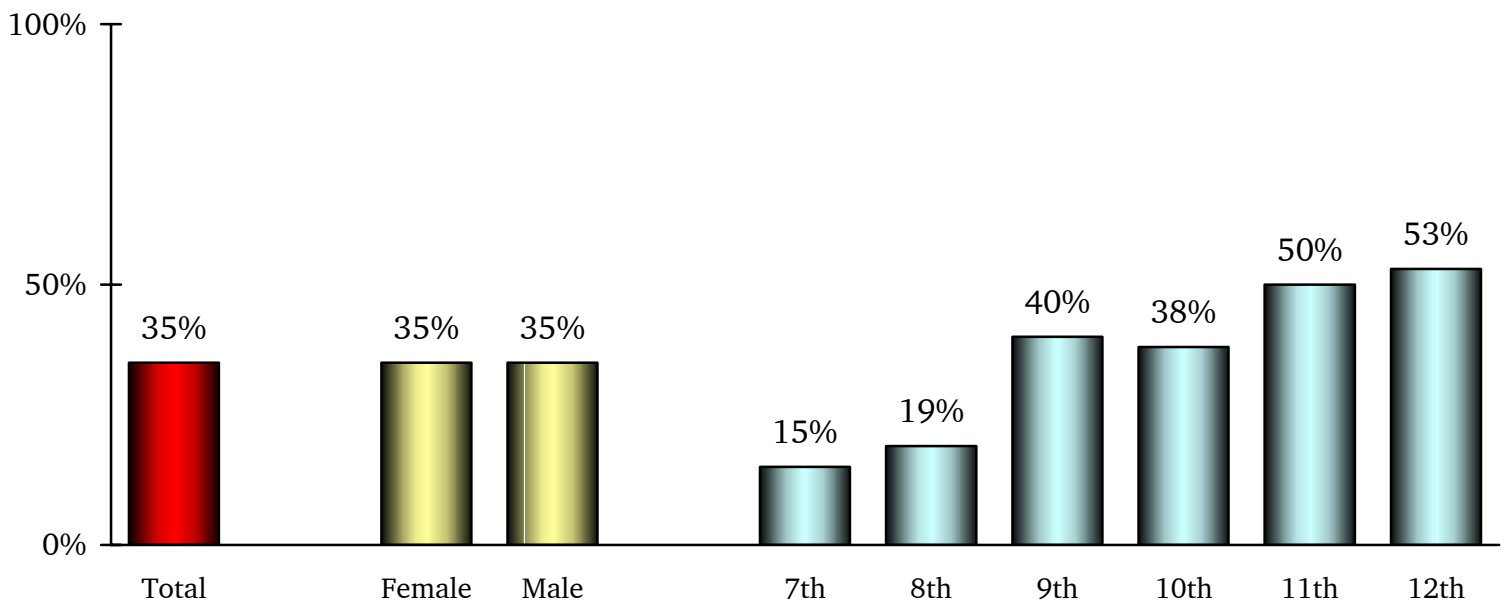


## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who had sexual intercourse with four or more people during their life.

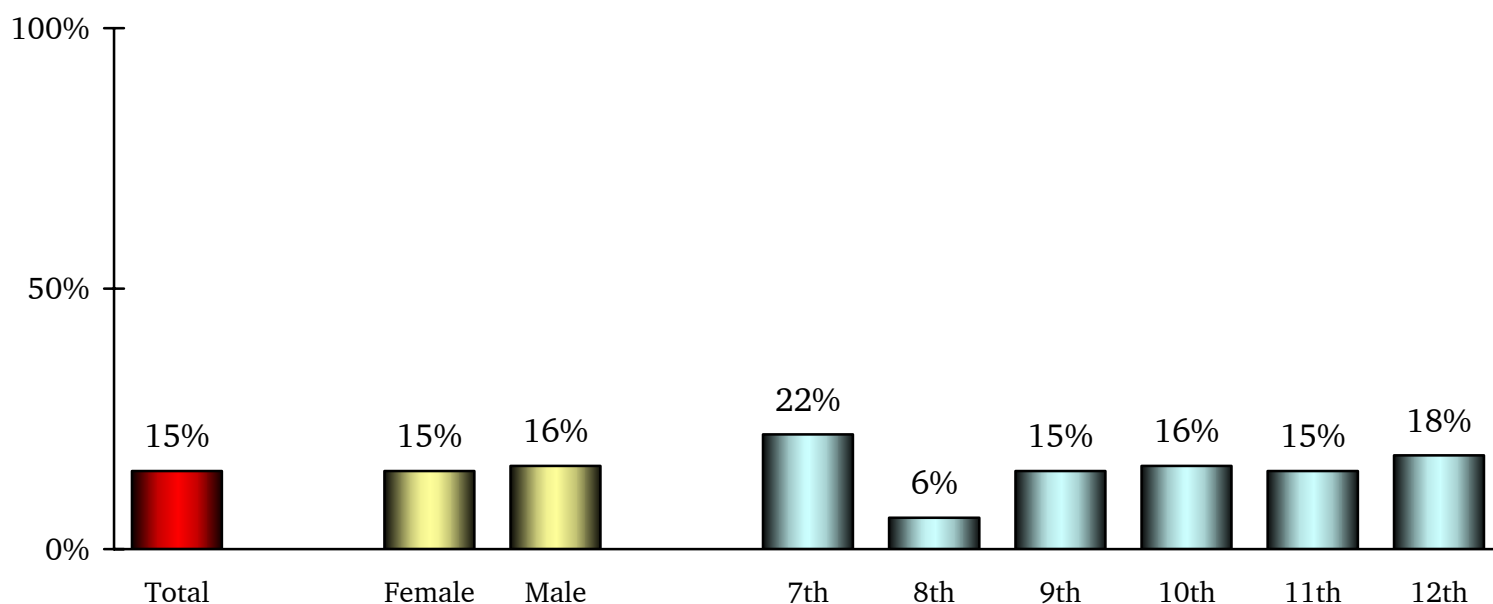


Percentage of students who had sexual intercourse during the past three months.



## 2003-2004 Hempstead County Youth Health Survey

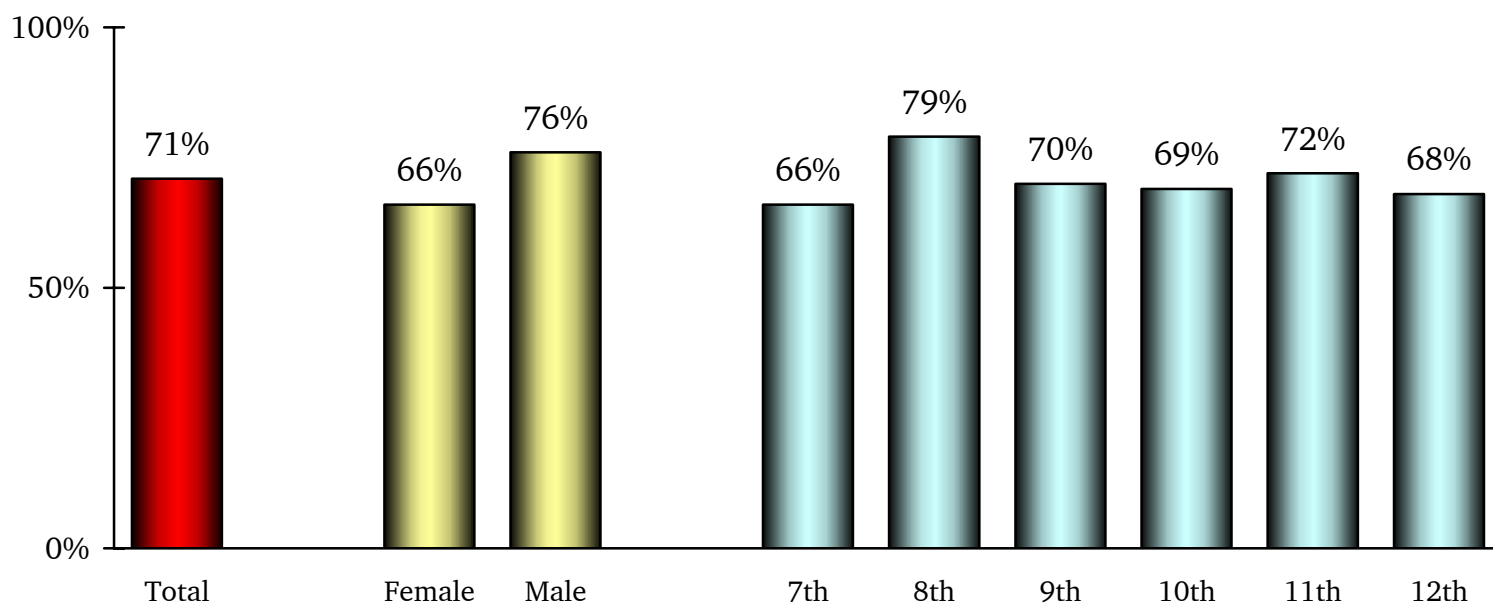
Of those who had sexual intercourse, the percentage that drank alcohol or used drugs before last sexual intercourse.



### ■ Contraception

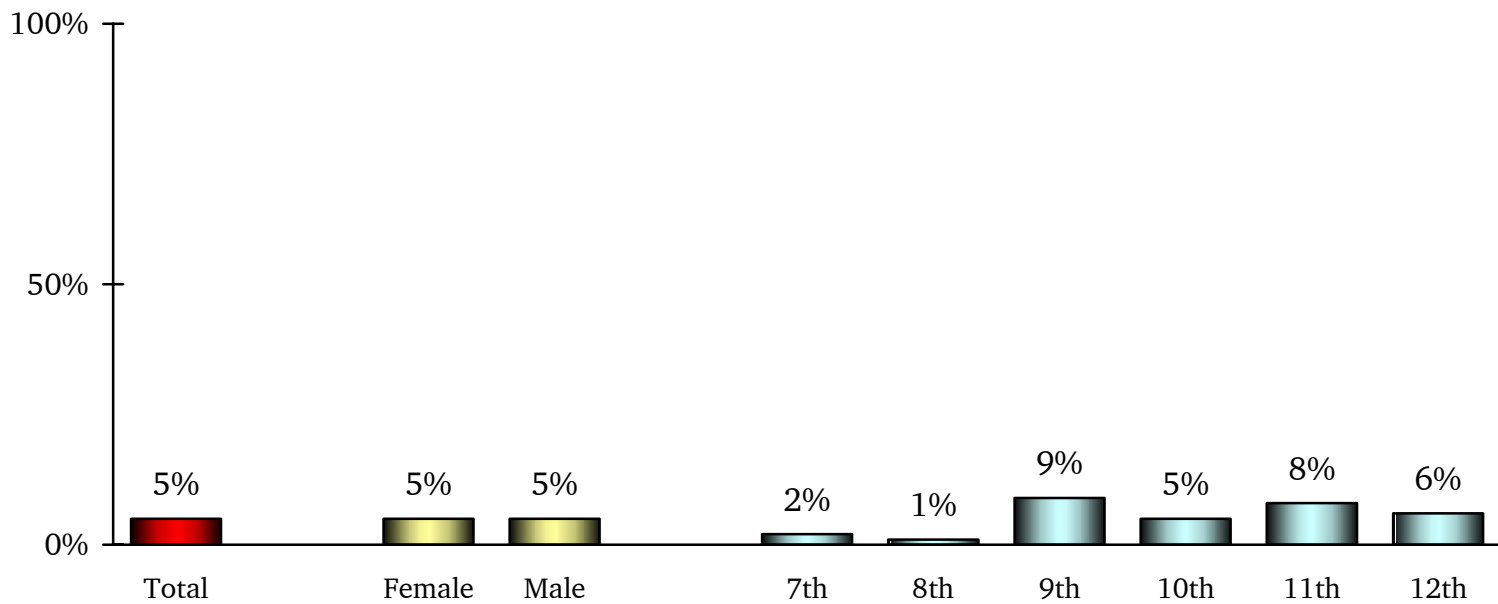
*These questions measure use of contraception and identify whether a student has been pregnant or gotten someone pregnant.*

Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who had been or gotten someone pregnant one or more times.

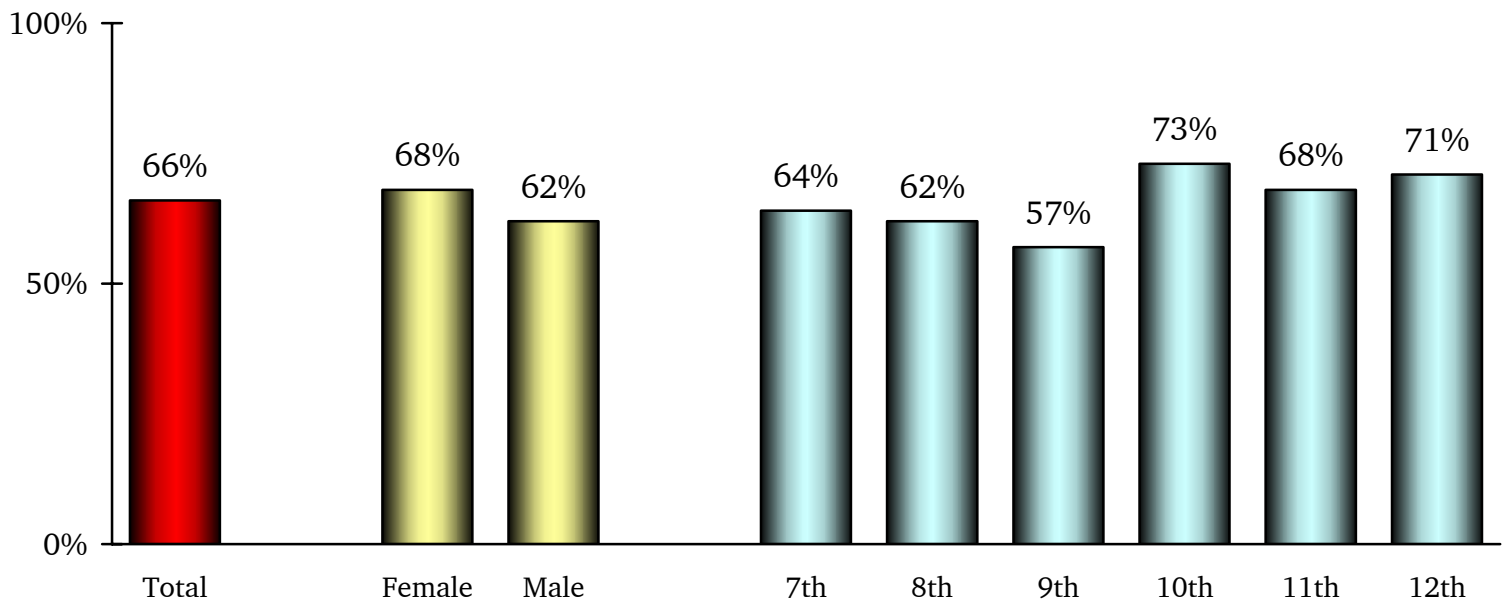


## 2003-2004 Hempstead County Youth Health Survey

### ■ AIDS, HIV, & STDs

*This question measures whether students have received HIV information at school.*

Percentage of students who were ever taught about AIDS or HIV infection in school.

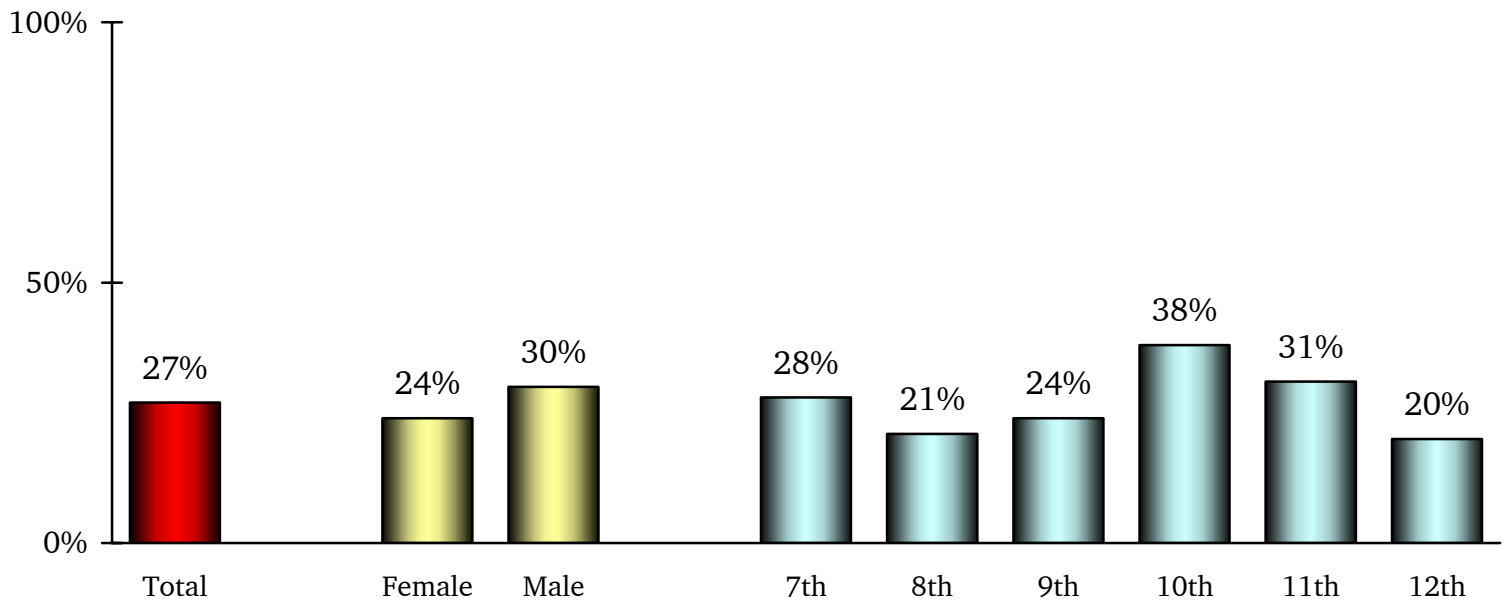


## 2003-2004 Hempstead County Youth Health Survey

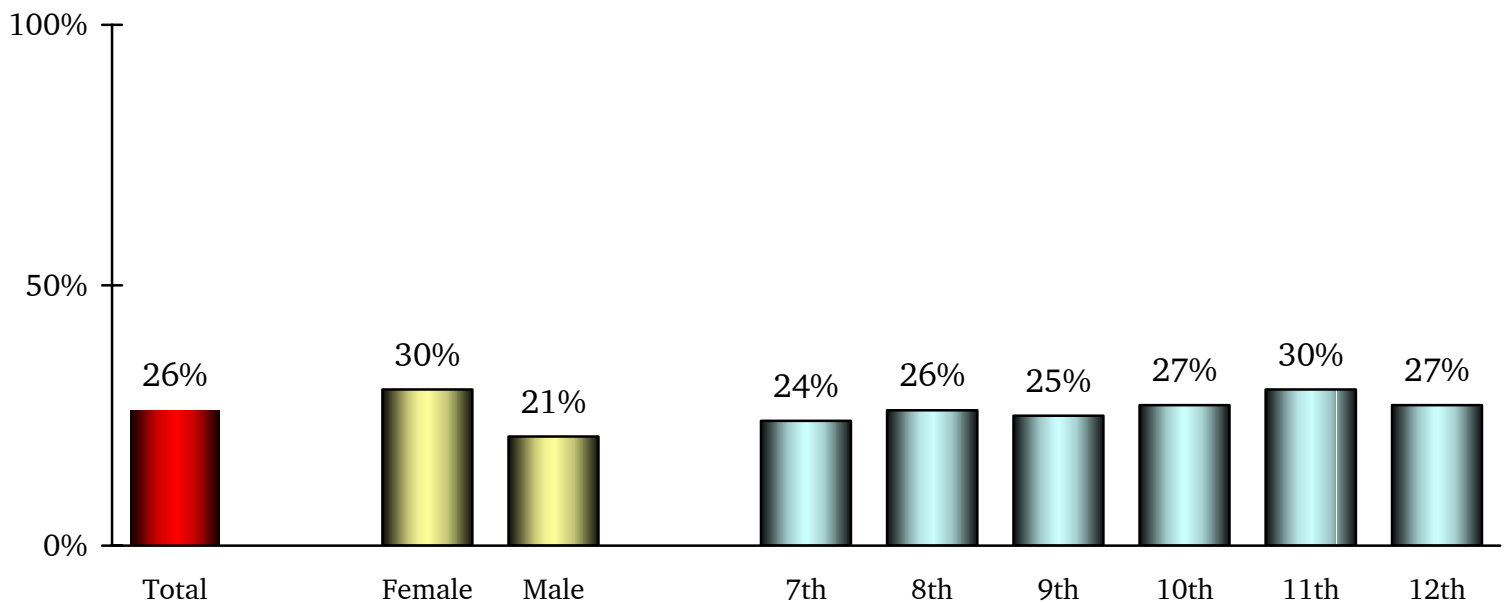
### ■ Obesity

*These questions measure self-perception of and efforts to modify body weight, including behaviors that may lead to eating disorders and other health problems.*

Percentage of students who are overweight, as calculated by Body Mass Index.

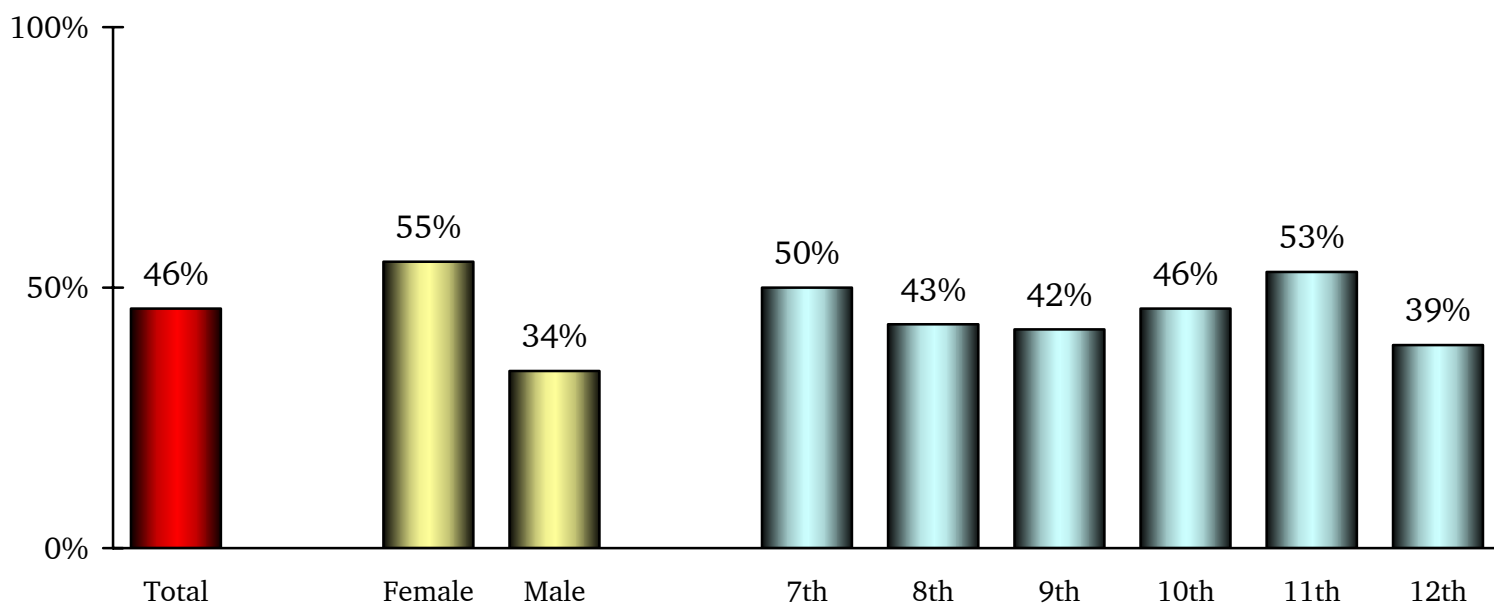


Percentage of students who describe themselves as slightly or very overweight.

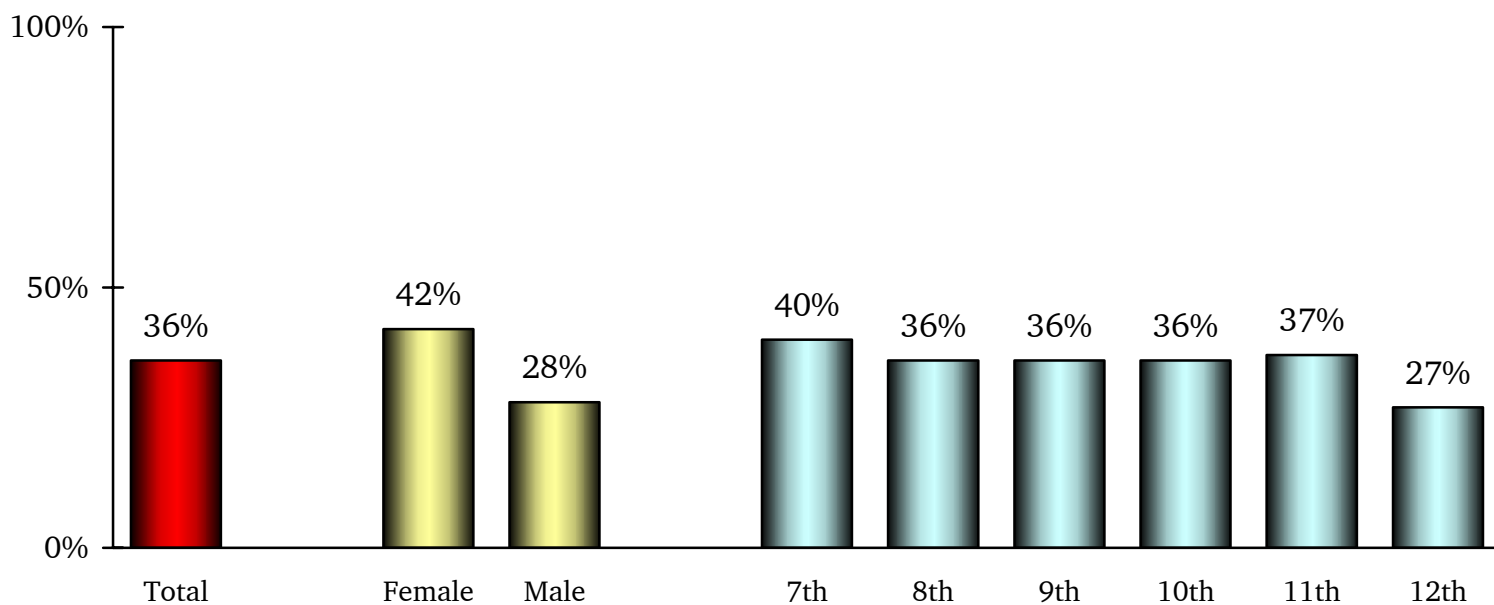


## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who were trying to lose weight.



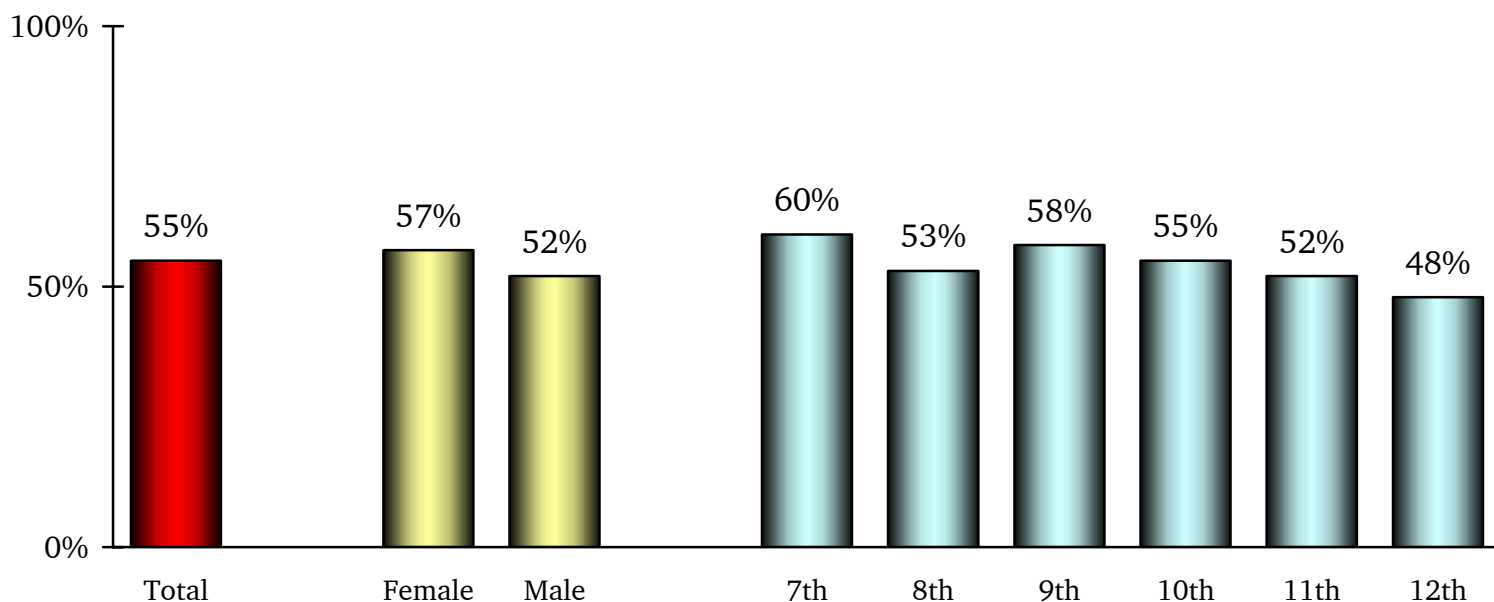
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.



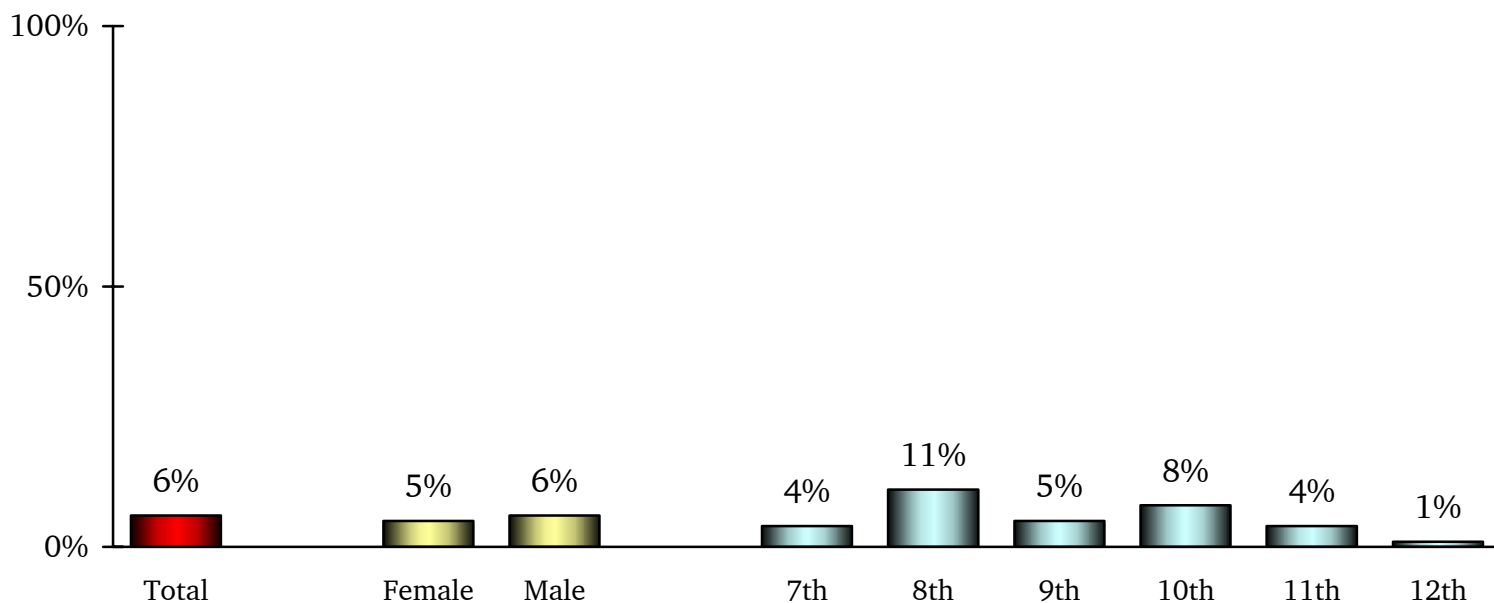


## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days.

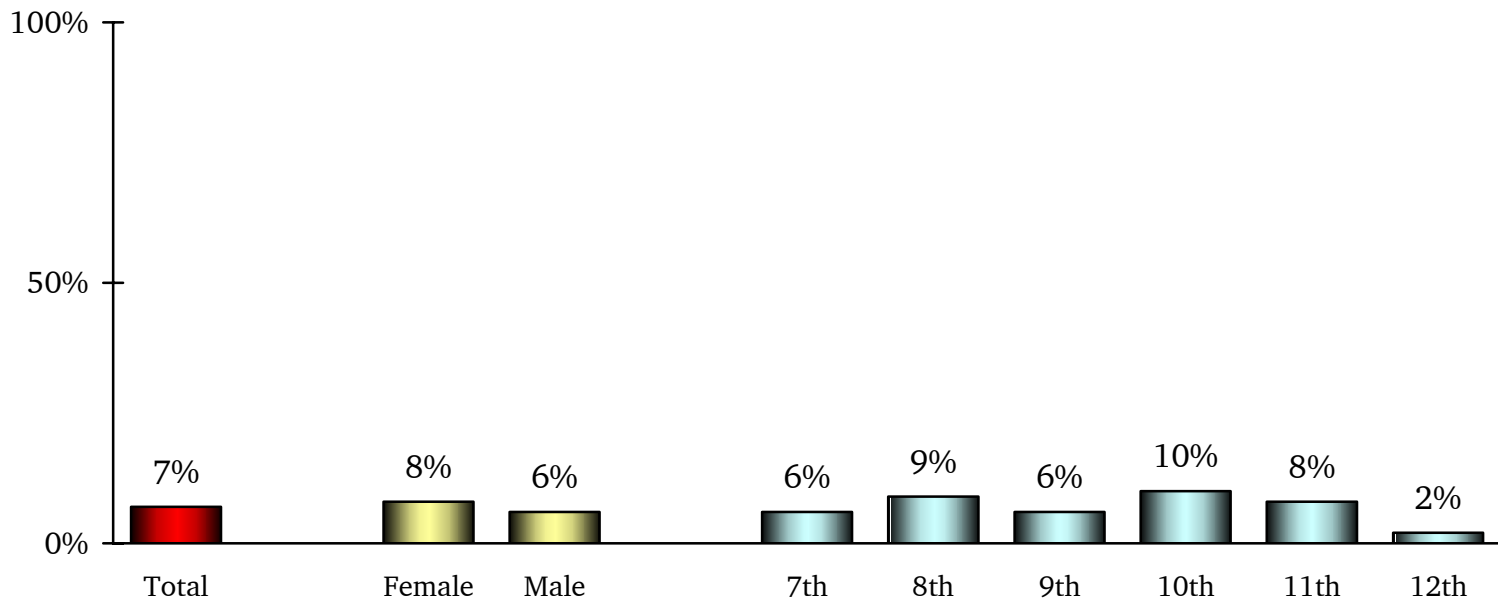


Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.

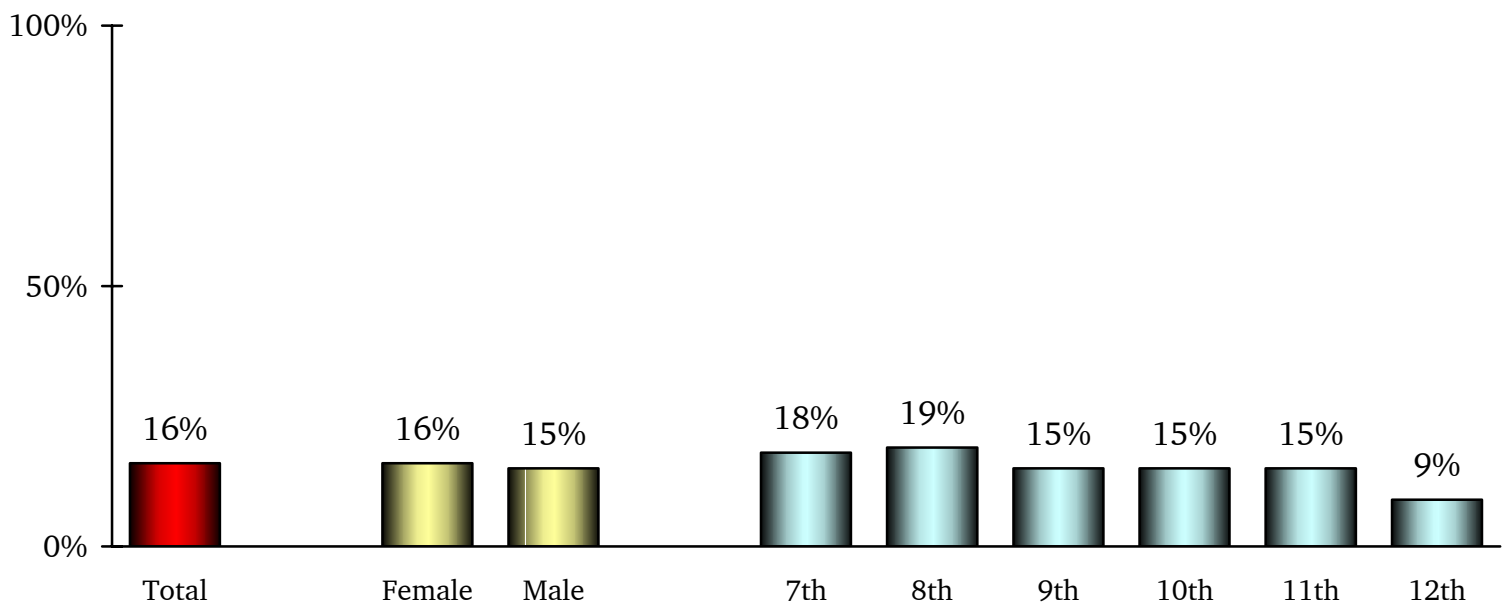


## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.

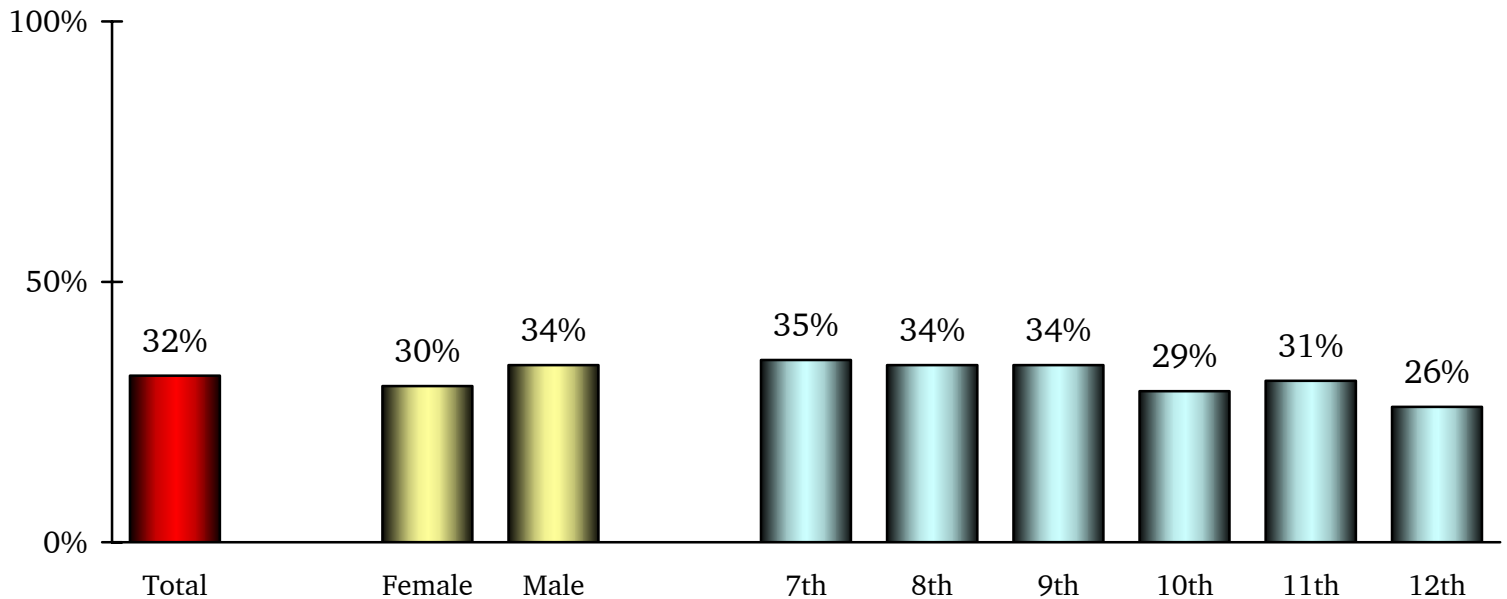


## 2003-2004 Hempstead County Youth Health Survey

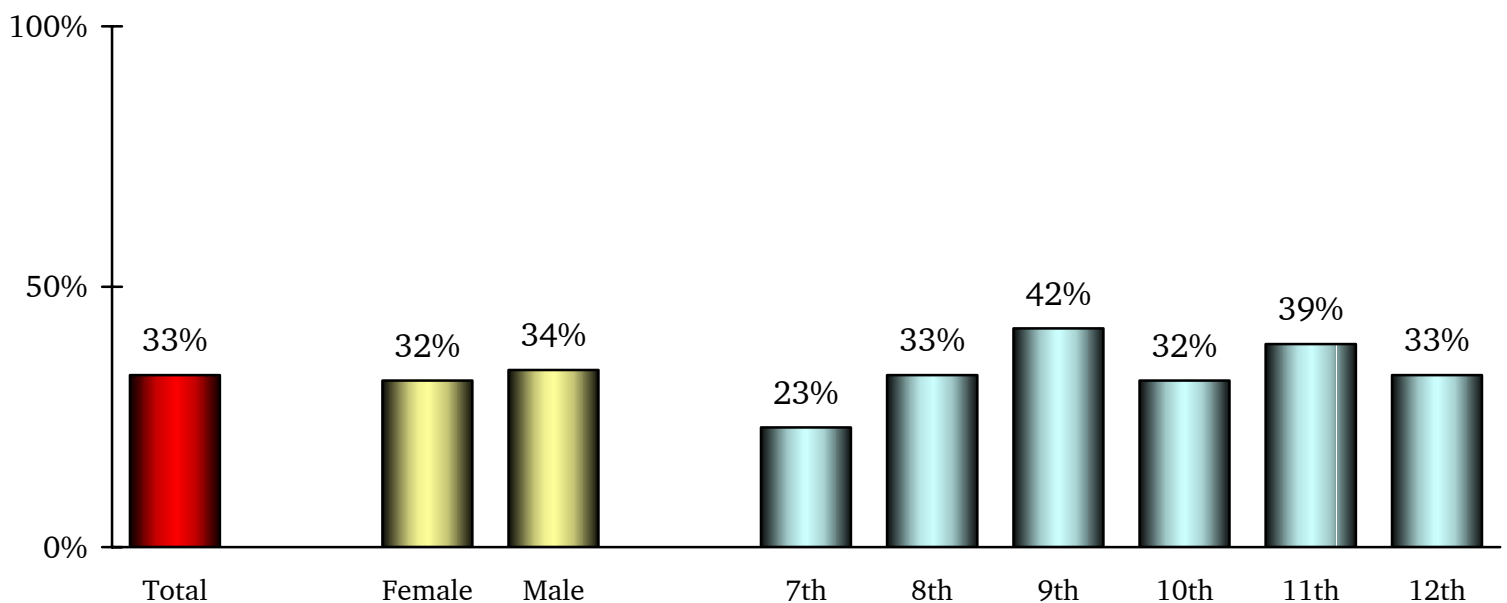
### ■ Nutrition

*These questions measure food choices.*

Percentage of students who ate fruit four or more times during the past 7 days.

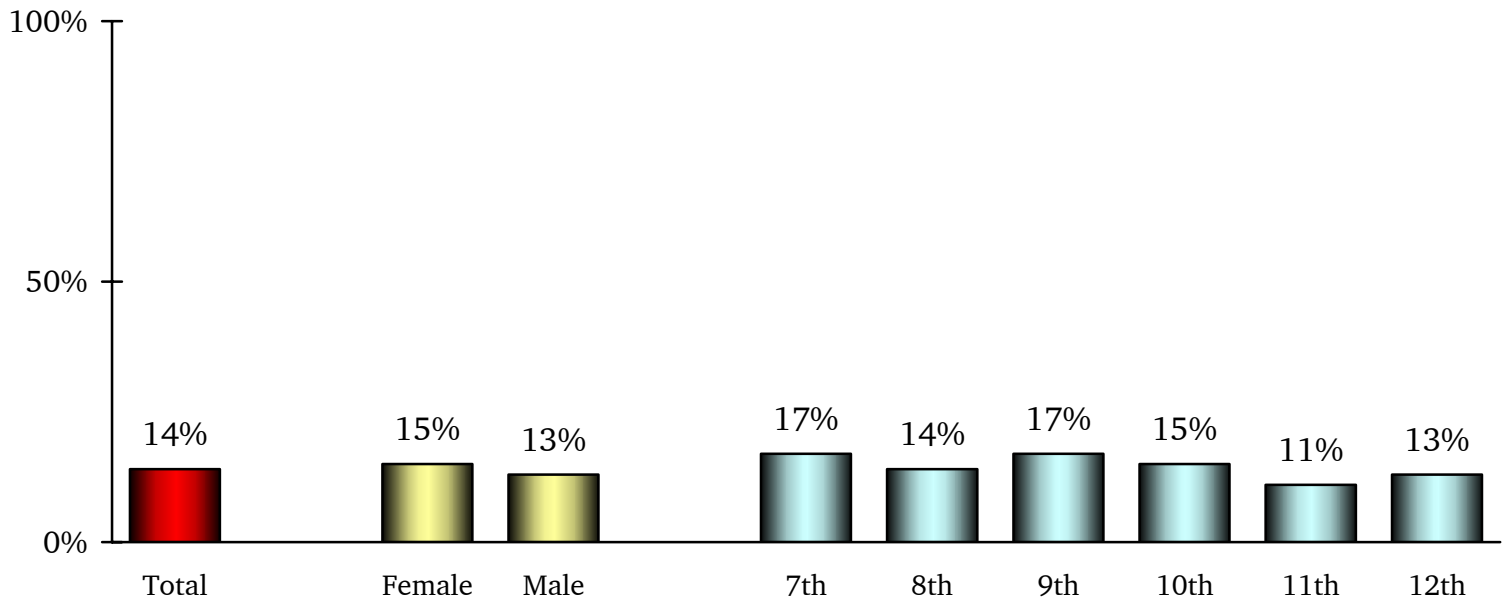


Percentage of students who drank fruit juices four or more times during the past 7 days.

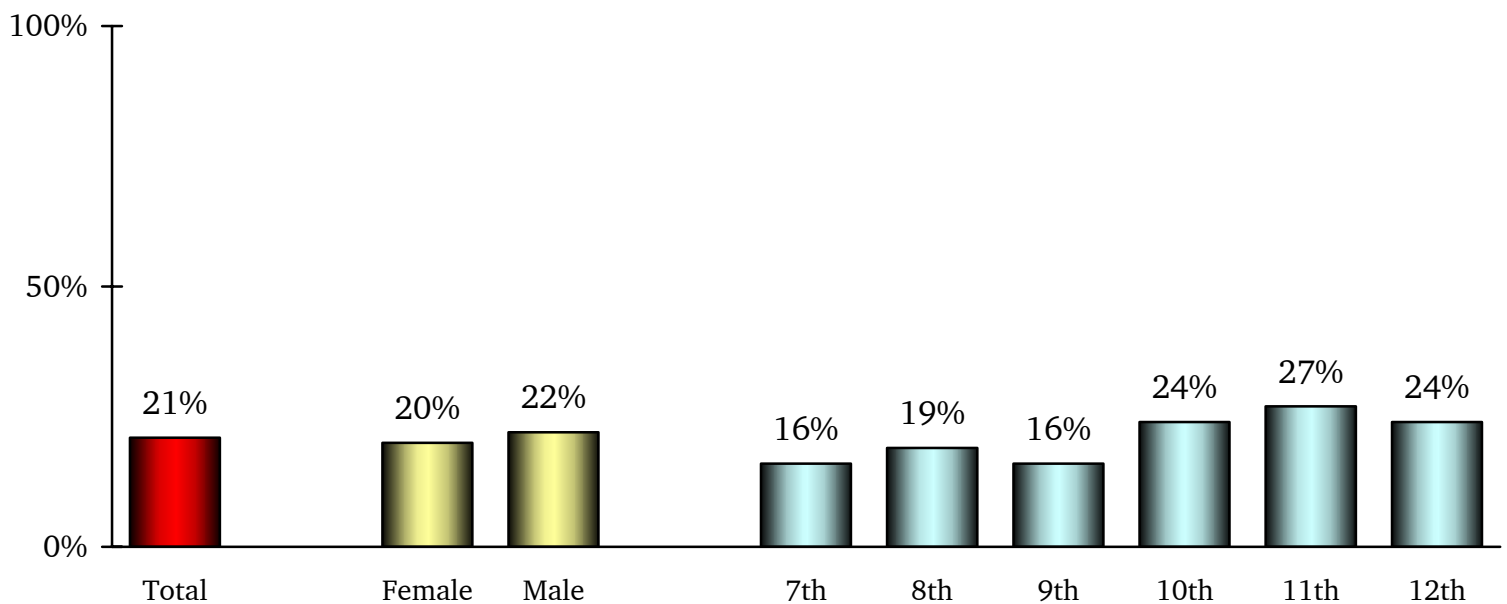


## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who ate green salad four or more times during the past 30 days.

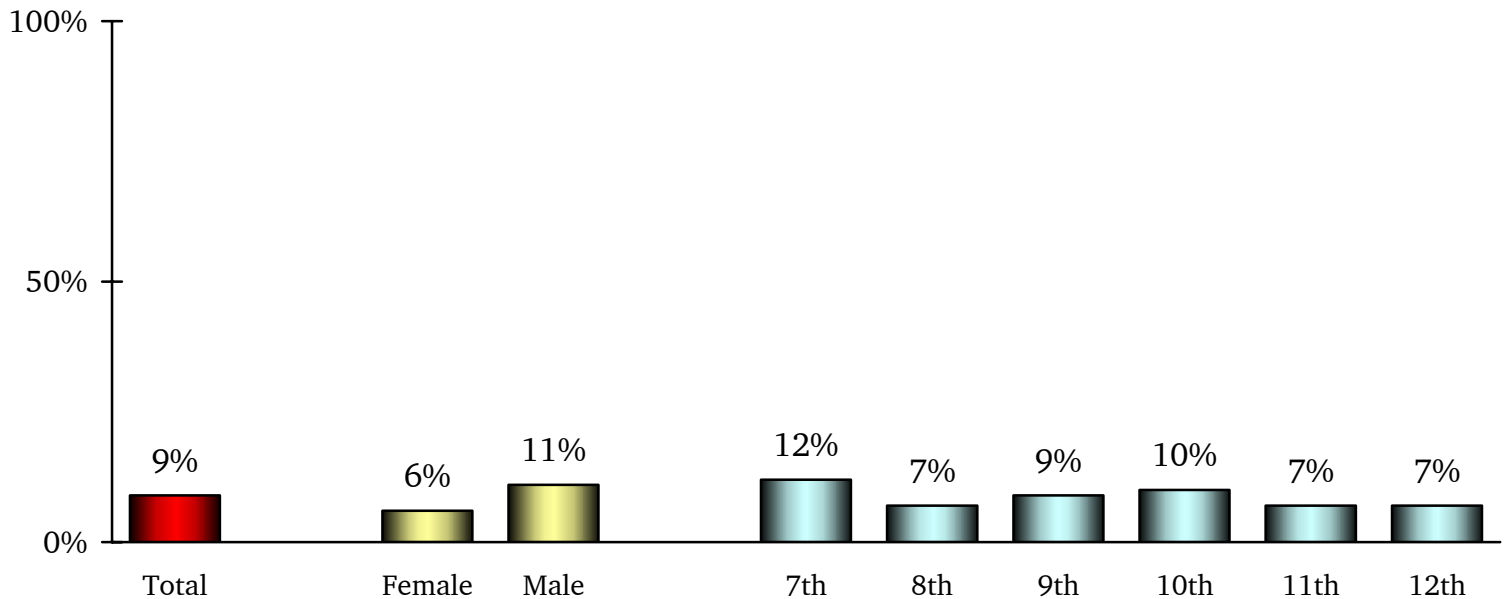


Percentage of students who ate potatoes four or more times during the past 30 days.

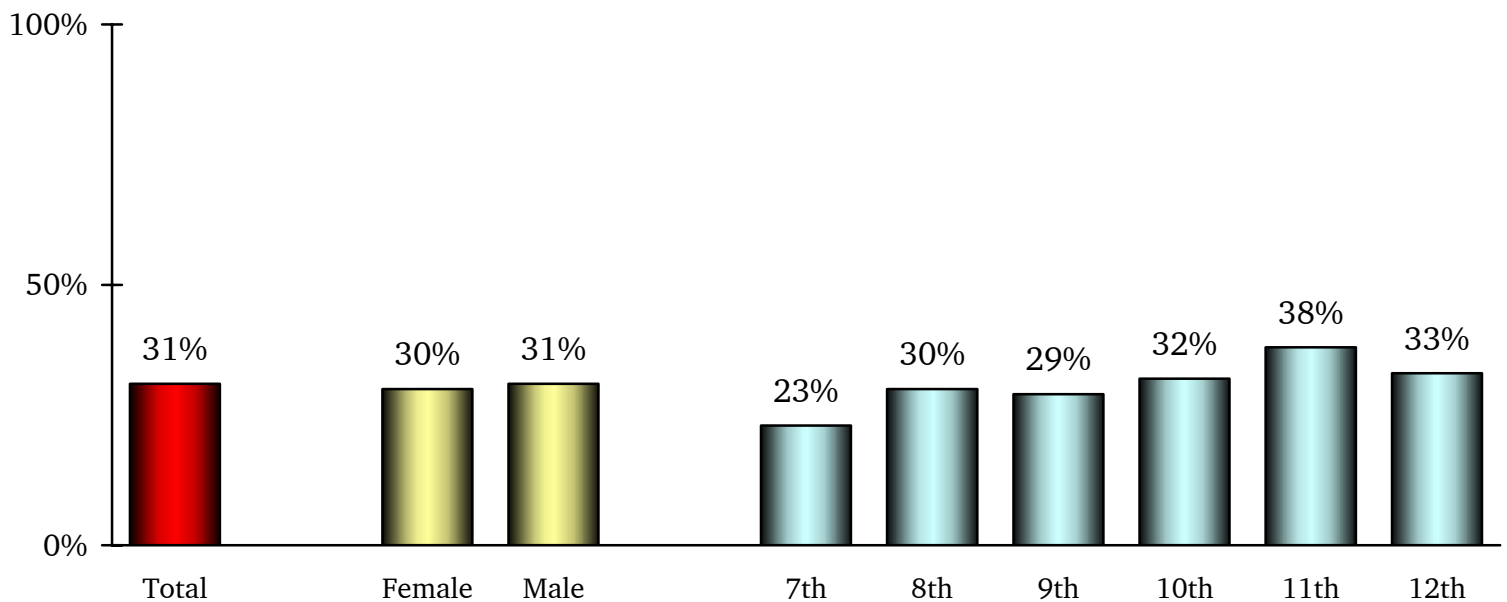


## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who ate carrots four or more times during the past 7 days.

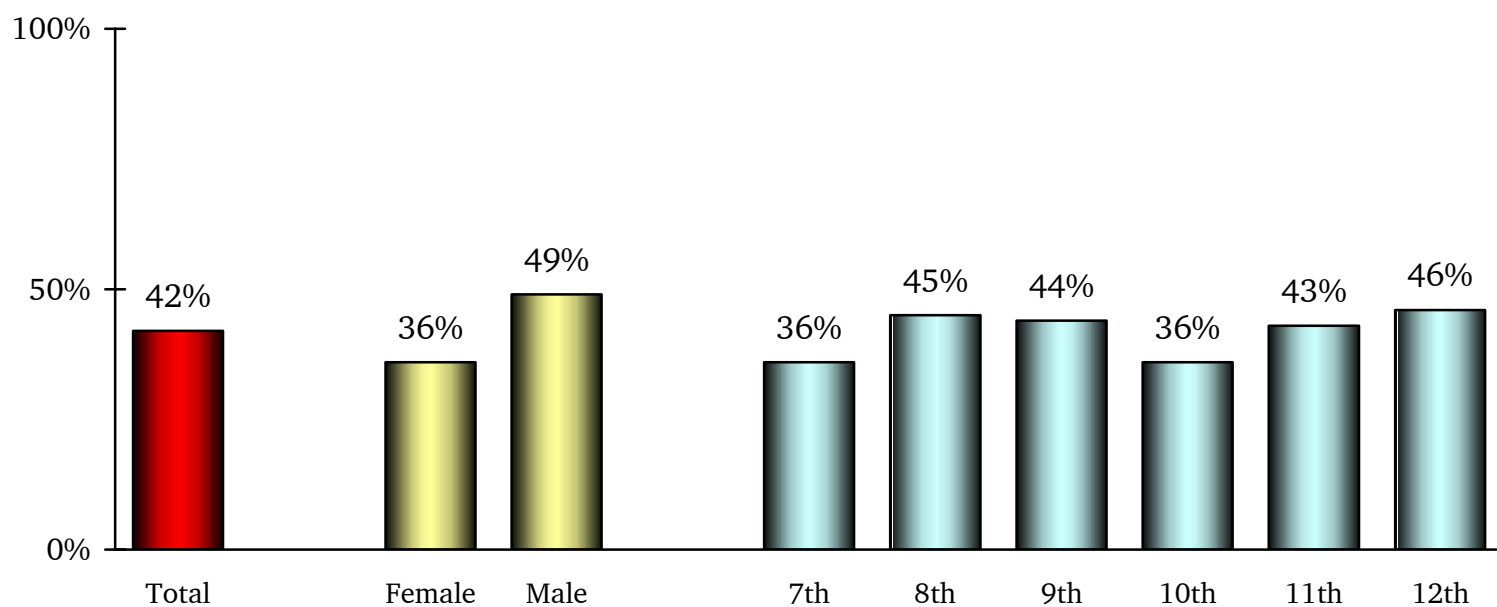


Percentage of students who ate other vegetables four or more times during the past 7 days.



## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who drank milk four or more times during the past 7 days.

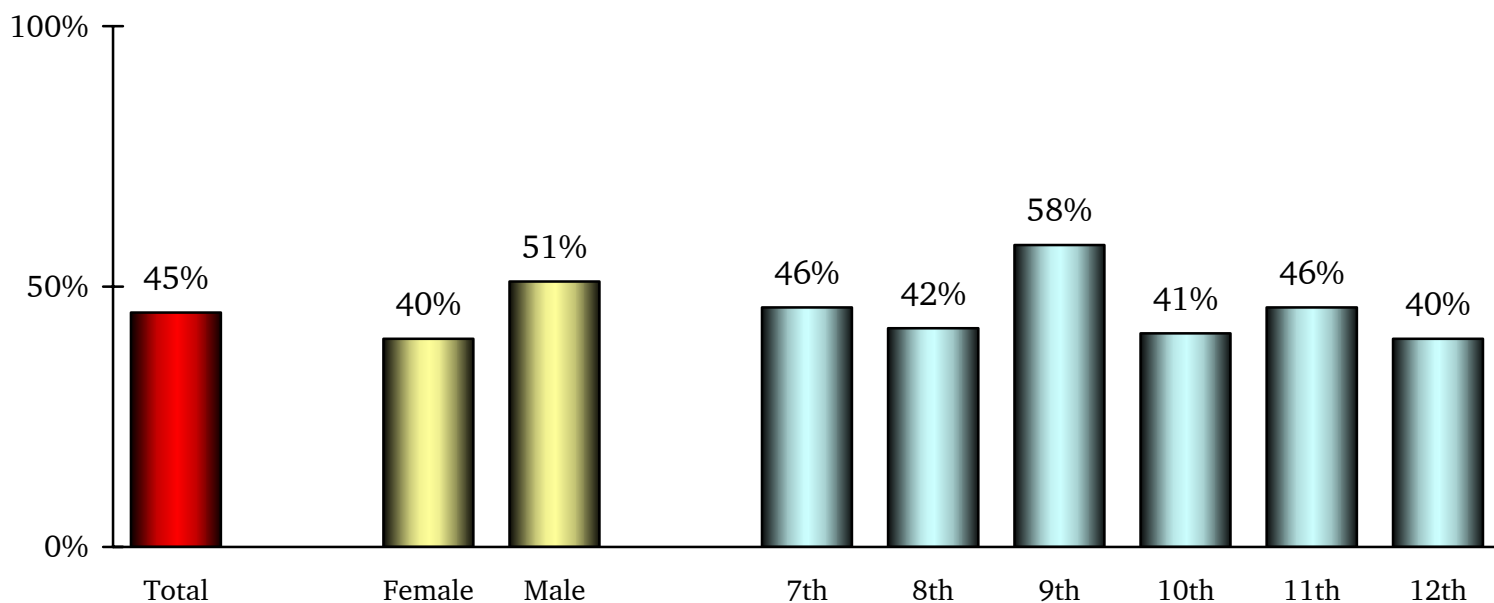


## 2003-2004 Hempstead County Youth Health Survey

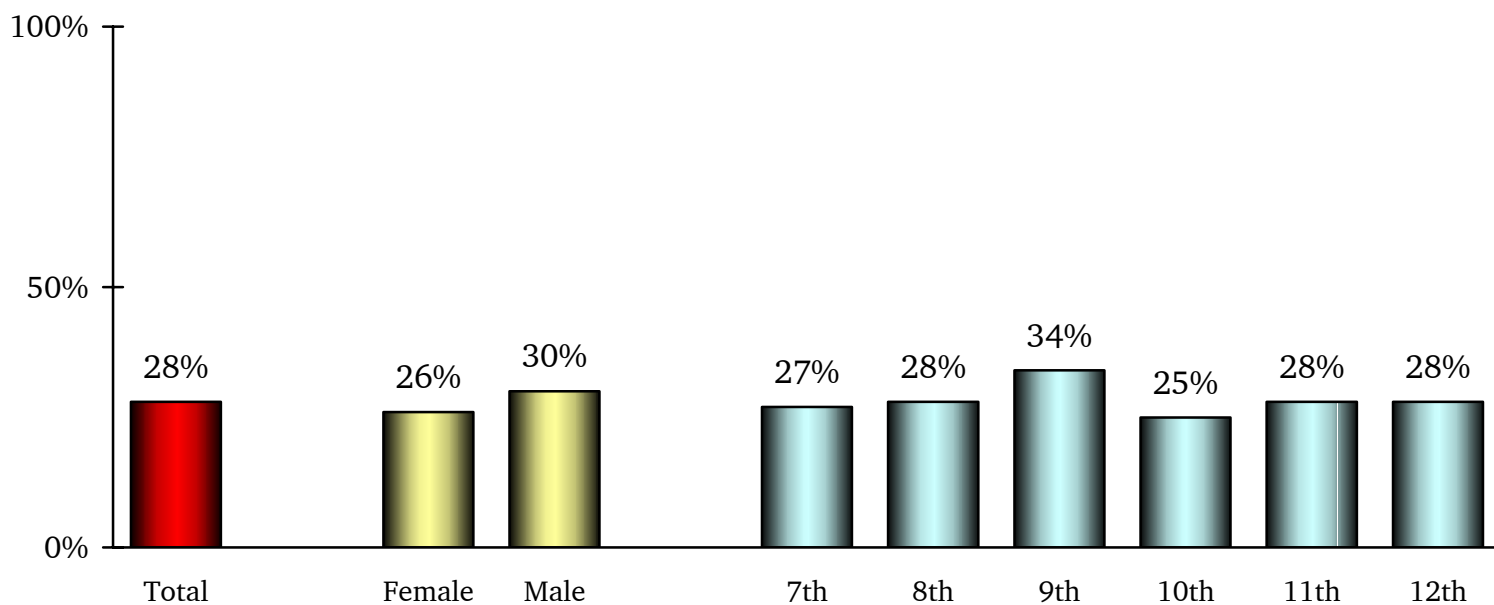
### ■ Physical Activity

*These questions measure students' physical activity, including team sports, physical education class, and sports injuries.*

Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.

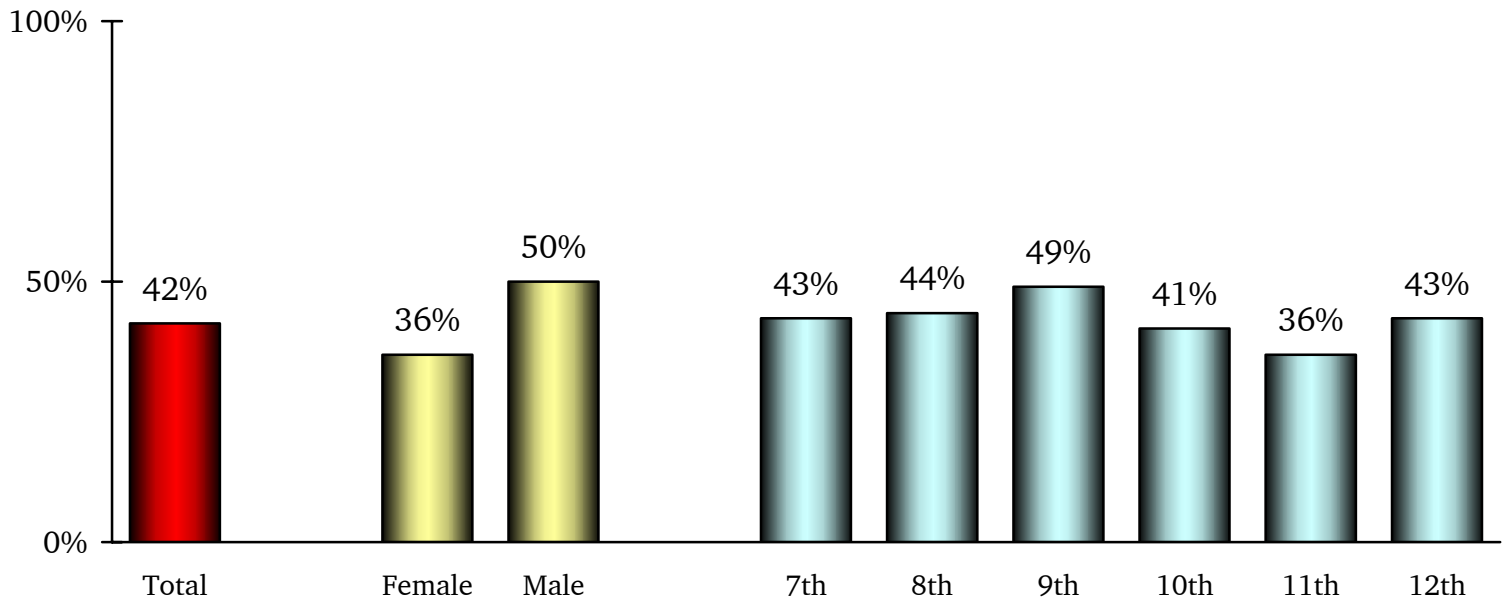


Percentage of students who participated in a physical activity for at least 30 minutes that did not make them sweat or breathe hard 3 or more of the past 7 days.

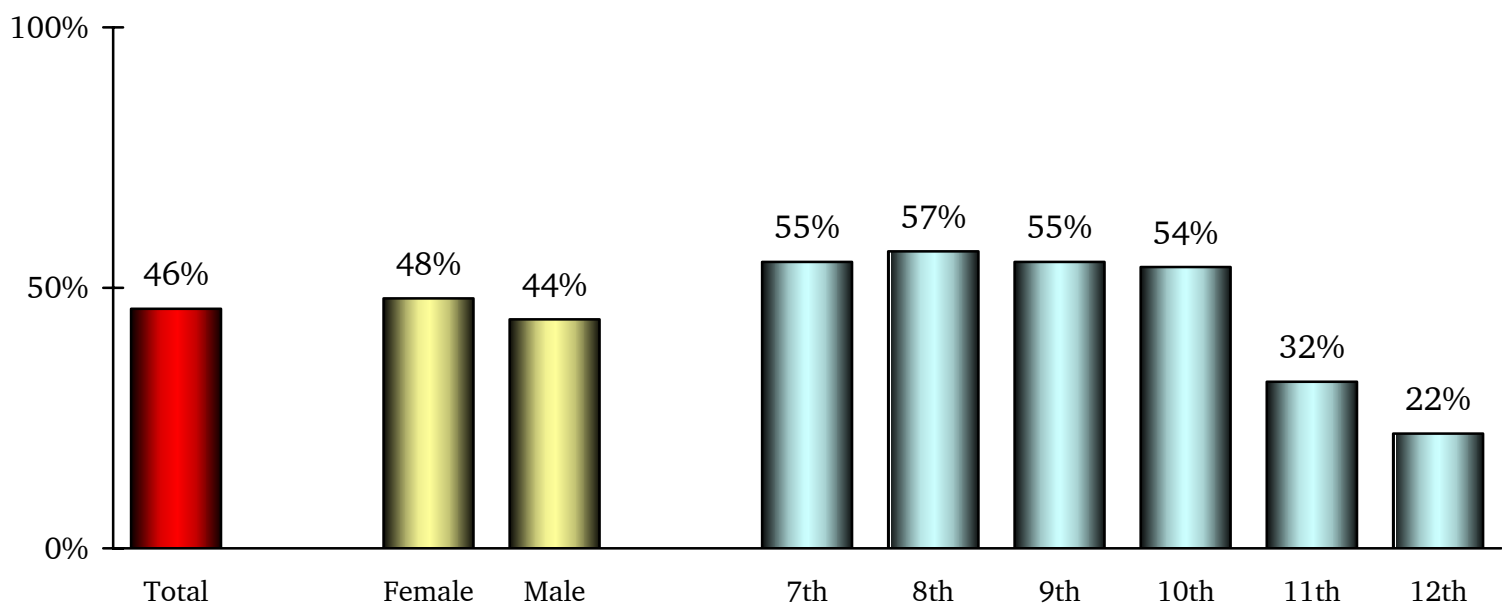


## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who exercised to strengthen or tone their muscles on three or more of the past seven days.



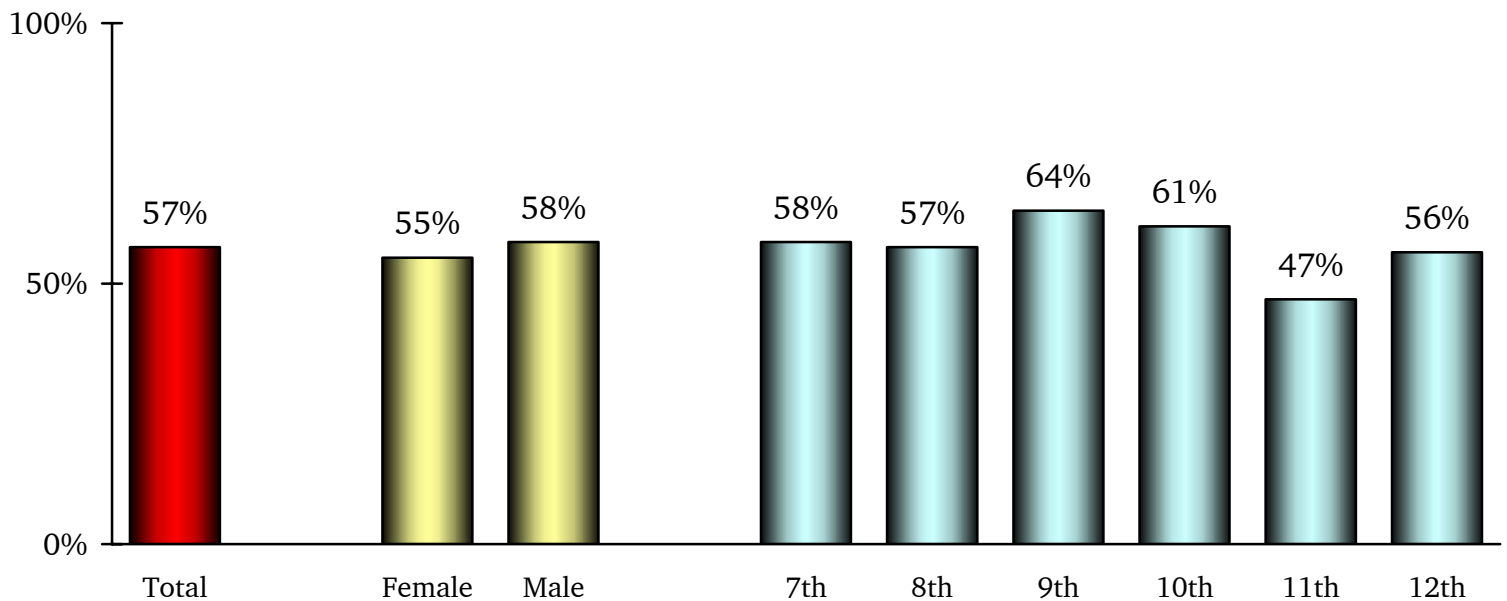
Percentage of students who attended physical education (PE) class one or more days during an average school week.





## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who played on one or more sports teams during the past 12 months.



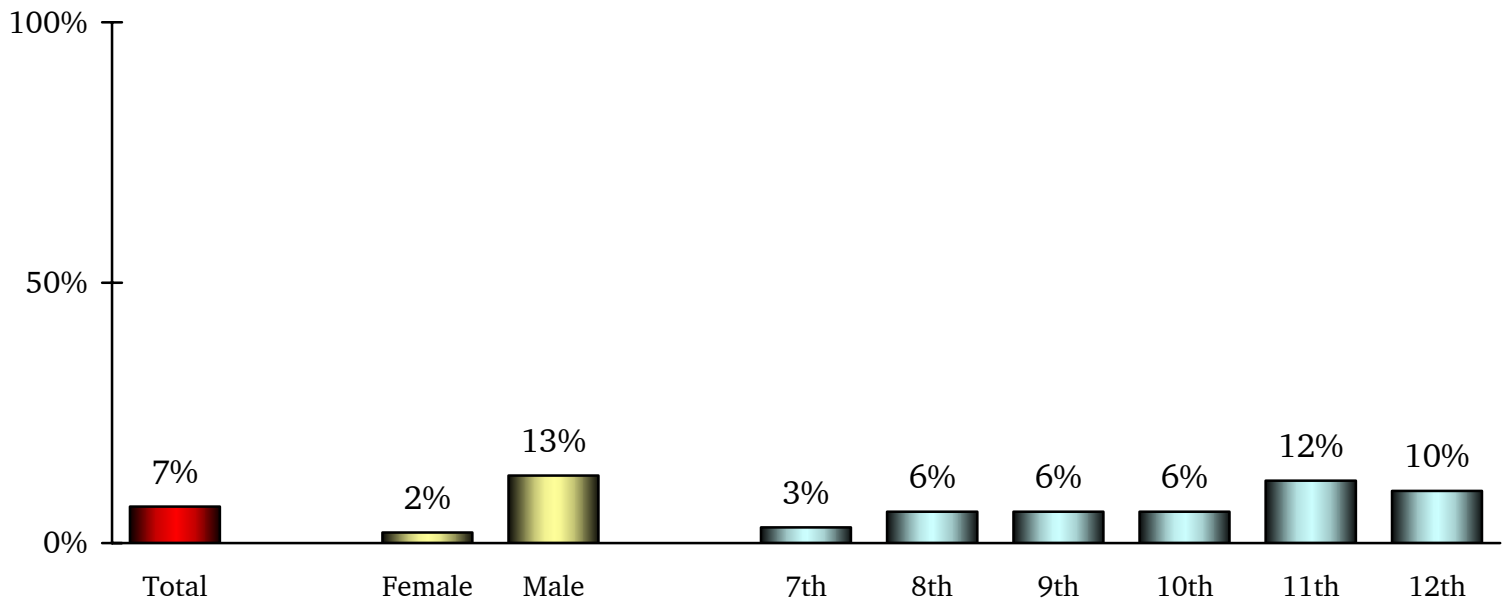
## 2003-2004 Hempstead County Youth Health Survey

### ■ Violence-Related Behaviors at School

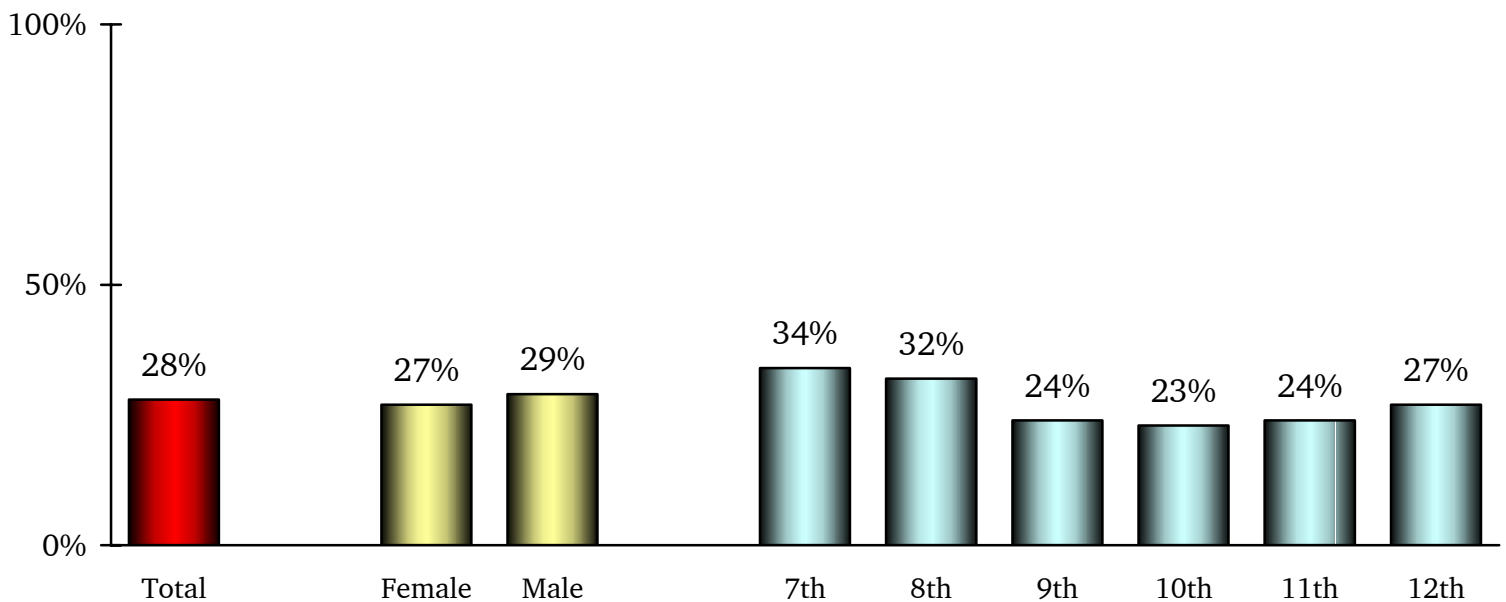
*These questions measure violence related behaviors at school.*

Percentage of students who carried a weapon\* on school property on one or more of the past 30 days.

\*such as a gun, knife, or club.

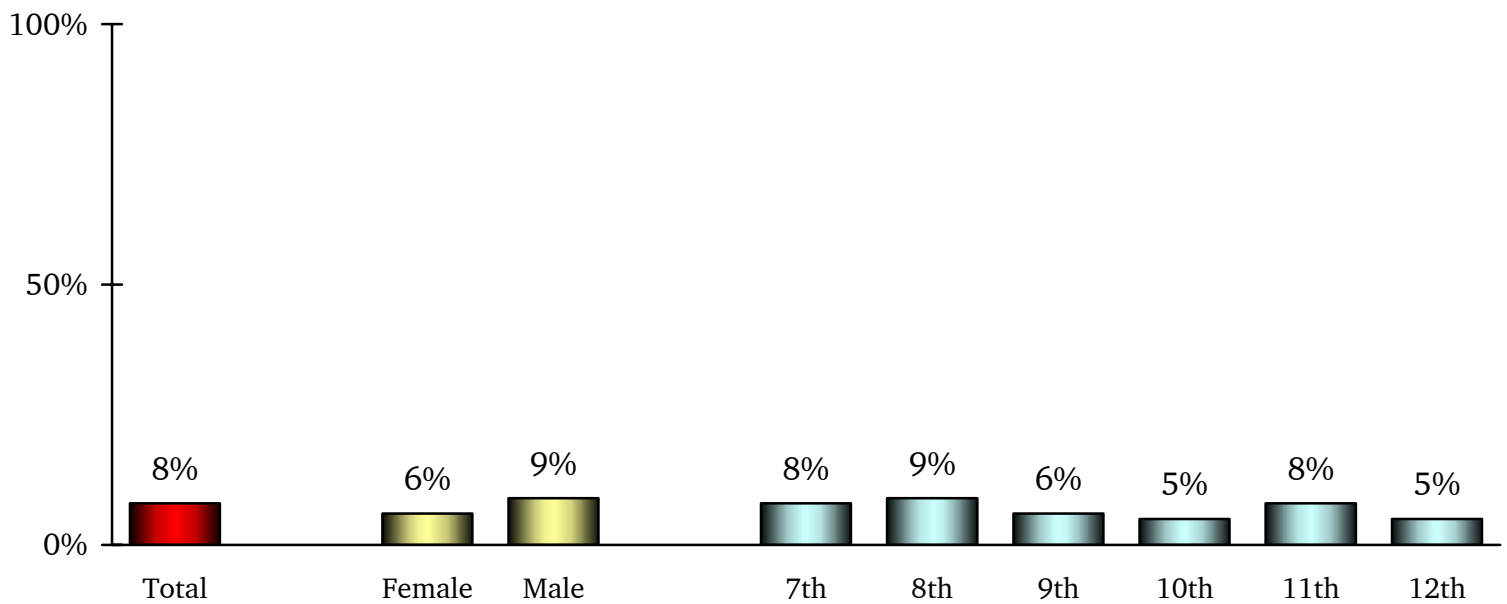


Percentage of students who have had their property stolen or deliberately damaged during the past 12 months?

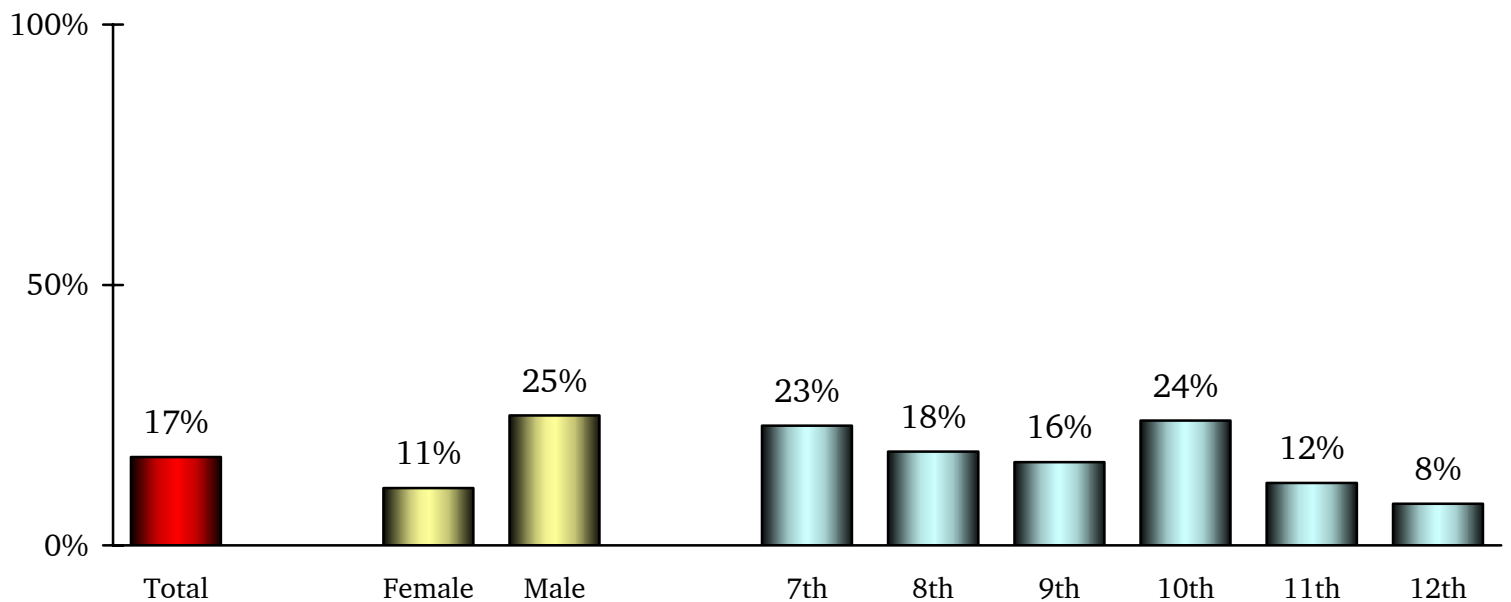


## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past 12 months.



Percentage of students who were in a physical fight on school property one or more times during the past 12 months.

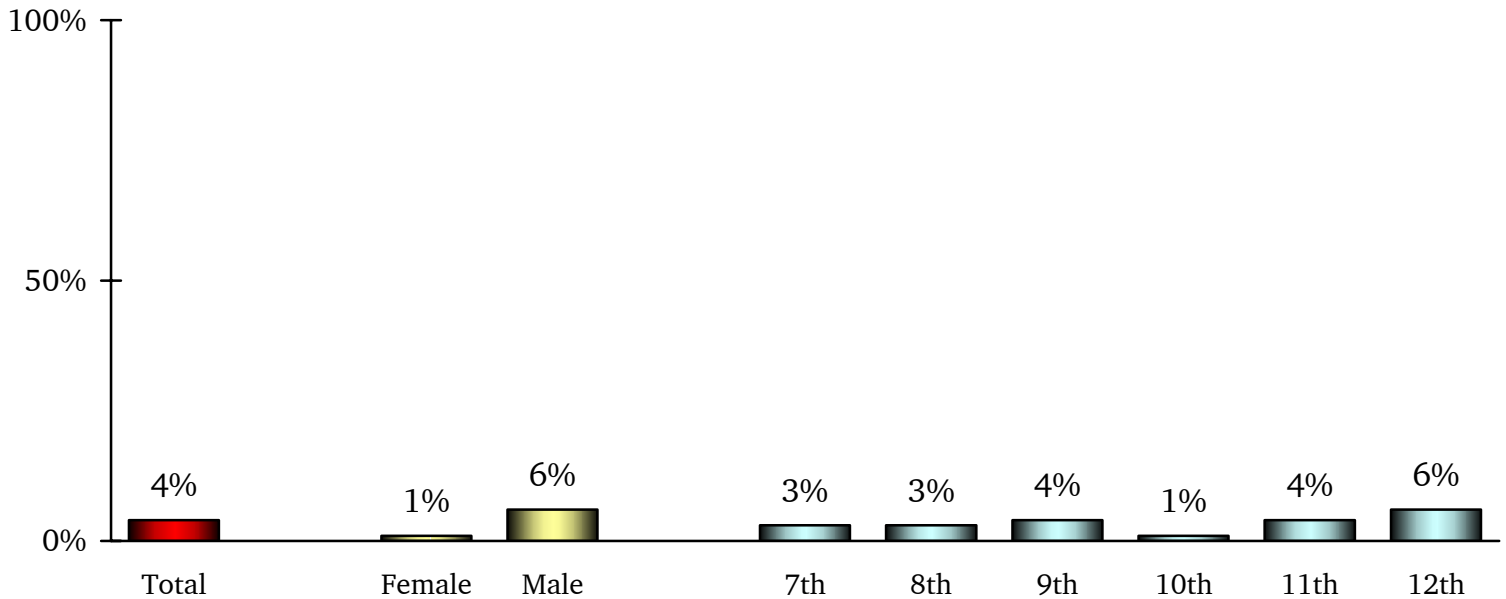


## 2003-2004 Hempstead County Youth Health Survey

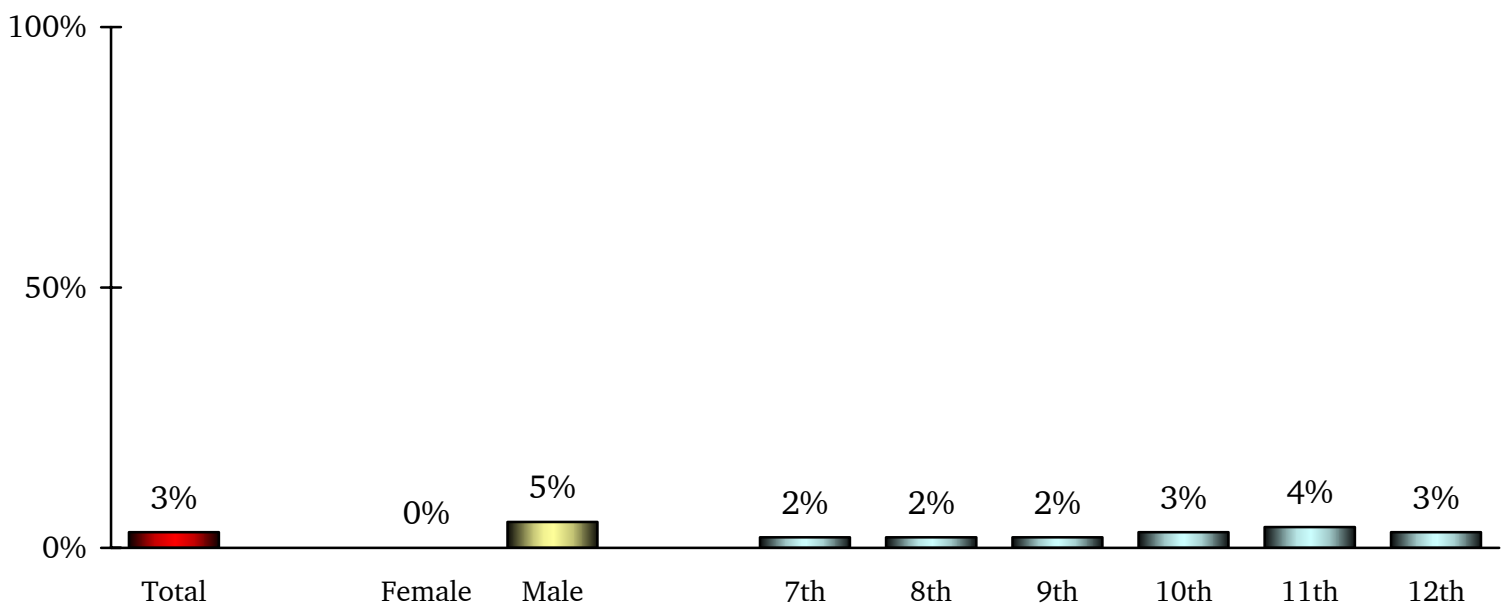
### ■ Tobacco Use at School

*These questions measure tobacco use on school property.*

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days.



Percentage of students who used chewing tobacco or snuff on school property on one or more of the past 30 days

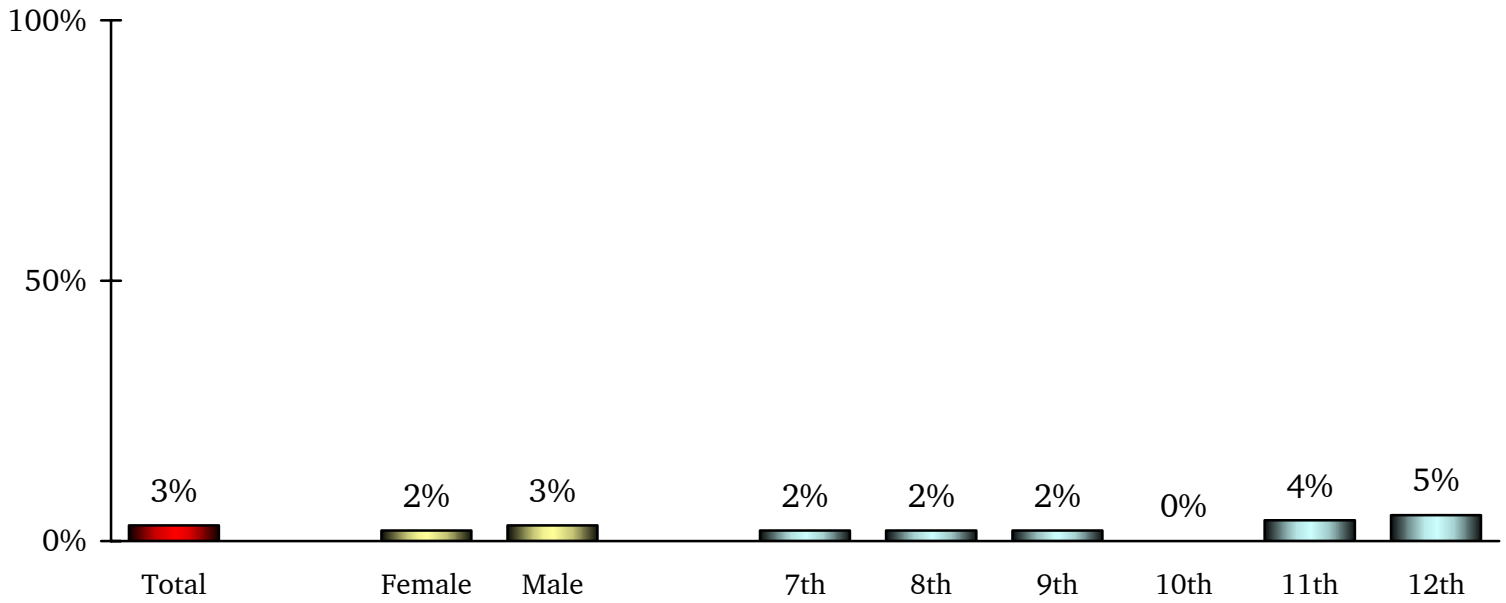


## 2003-2004 Hempstead County Youth Health Survey

### ■ Alcohol Use at School

*This question measures alcohol use on school property.*

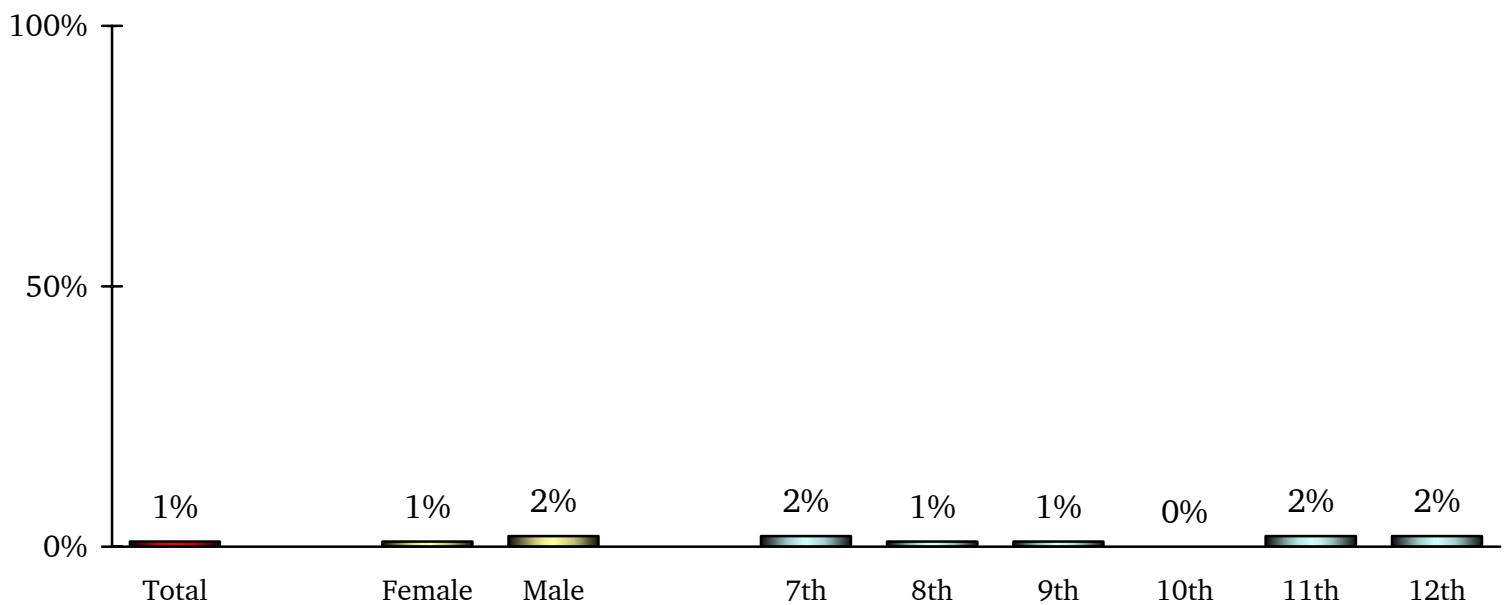
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days.



### ■ Drug Use at School

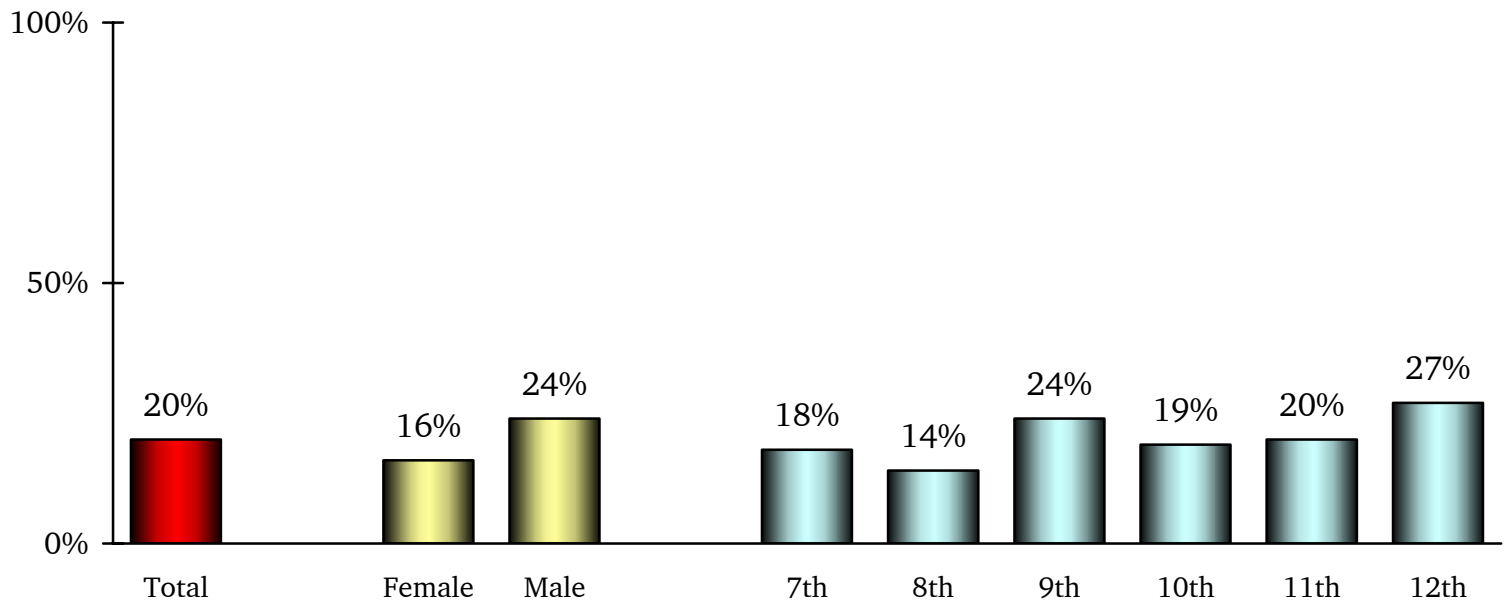
*These questions measure drug use and availability on school property.*

Percentage of students who used marijuana on school property on one or more of the past 30 days.



## 2003-2004 Hempstead County Youth Health Survey

Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



## 2003-2004 Hempstead County Youth Health Survey

### 2003-2004 Hempstead County Youth Health Survey Questionnaire

1. How old are you?		
	Number of Students	Percent of Total
12 OR YOUNGER	87	9
13	175	18
14	171	18
15	148	15
16	182	19
17	133	14
18 OR OLDER	68	7

Frequency Missing = 12

2. What is your sex?		
	Number of Students	Percent of Total
FEMALE	513	53
MALE	450	47

Frequency Missing = 13

## 2003-2004 Hempstead County Youth Health Survey

3. In what grade are you?		
	Number of Students	Percent of Total
7TH	191	20
8TH	207	22
9TH	143	15
10TH	116	12
11TH	170	18
12TH	131	14

Frequency Missing = 18

7. During the past 12 months, how would you describe your grades in school?		
	Number of Students	Percent of Total
MOSTLY A's	255	27
MOSTLY B's	318	33
MOSTLY C's	204	21
MOSTLY D's	45	5
MOSTLY F's	12	1
NONE OF THE ABOVE	7	1
NOT SURE	117	12

Frequency Missing = 18



## 2003-2004 Hempstead County Youth Health Survey

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	393	41
NEVER WORE	518	54
RARELY WORE	29	3
SOMETIMES WORE	9	1
WORE MOST OF THE TIME	8	1
ALWAYS WORE	9	1

Frequency Missing = 10

9. How often do you wear a seat belt when riding in a car driven by someone else?		
	Number of Students	Percent of Total
NEVER	87	9
RARELY	139	14
SOMETIMES	247	26
MOST OF THE TIME	283	29
ALWAYS	208	22

Frequency Missing = 12

## 2003-2004 Hempstead County Youth Health Survey

10. During the past 30 days,  
how many times did you ride  
in a car or other  
vehicle driven by someone who  
had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	695	71
1 TIME	88	9
2-3 TIMES	84	9
4-5 TIMES	23	2
6+ TIMES	83	9

Frequency Missing = 3

11. During the past 30 days,  
how many times did you drive  
a car or other  
vehicle when you had been drinking  
alcohol?

	Number of Students	Percent of Total
0 TIMES	866	91
1 TIME	32	3
2-3 TIMES	32	3
4-5 TIMES	6	1
6+ TIMES	15	2

Frequency Missing = 25

## 2003-2004 Hempstead County Youth Health Survey

12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
	Number of Students	Percent of Total
0 TIMES	730	79
1 TIME	34	4
2-3 TIMES	44	5
4-5 TIMES	14	2
6+ TIMES	102	11

Frequency Missing = 52

13. During the past 30 days, on how many days did you carry a gun?		
	Number of Students	Percent of Total
0 TIMES	844	90
1 TIME	18	2
2-3 TIMES	23	2
4-5 TIMES	10	1
6+ TIMES	45	5

Frequency Missing = 36

## 2003-2004 Hempstead County Youth Health Survey

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
	Number of Students	Percent of Total
0 TIMES	886	93
1 TIME	18	2
2-3 TIMES	10	1
4-5 TIMES	5	1
6+ TIMES	34	4

Frequency Missing = 23

15. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
	Number of Students	Percent of Total
0 TIMES	879	93
1 TIME	35	4
2-3 TIMES	19	2
4-5 TIMES	3	0
6+ TIMES	13	1

Frequency Missing = 27

## 2003-2004 Hempstead County Youth Health Survey

16. During the past 12 months,  
how many times has someone threatened  
or injured you  
with a weapon such as a gun, knife,  
or club on school property?

	Number of Students	Percent of Total
0 TIMES	892	92
1 TIME	38	4
2-3 TIMES	13	1
4-5 TIMES	8	1
6-7 TIMES	1	0
8-9 TIMES	2	0
10-11 TIMES	1	0
12+ TIMES	11	1

Frequency Missing = 10

## 2003-2004 Hempstead County Youth Health Survey

17. During the past 12 months, how many times has someone stolen or deliberately damaged your property?		
	Number of Students	Percent of Total
0 TIMES	698	72
1 TIME	135	14
2-3 TIMES	85	9
4-5 TIMES	21	2
6-7 TIMES	10	1
8-9 TIMES	1	0
10-11 TIMES	2	0
12+ TIMES	18	2

Frequency Missing = 6

## 2003-2004 Hempstead County Youth Health Survey

18. During the past 12 months, how many times were you in a physical fight?		
	Number of Students	Percent of Total
0 TIMES	639	68
1 TIME	135	14
2-3 TIMES	91	10
4-5 TIMES	31	3
6-7 TIMES	12	1
8-9 TIMES	7	1
10-11 TIMES	2	0
12+ TIMES	17	2

Frequency Missing = 42

19. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
0 TIMES	907	96
1 TIME	25	3
2-3 TIMES	9	1

Frequency Missing = 35

## 2003-2004 Hempstead County Youth Health Survey

20. During the past 12 months, how many times were you in a physical fight on school property?		
	Number of Students	Percent of Total
0 TIMES	795	83
1 TIME	101	11
2-3 TIMES	42	4
4-5 TIMES	11	1
6-7 TIMES	5	1
8-9 TIMES	4	0
10-11 TIMES	1	0
12+ TIMES	2	0

Frequency Missing = 15

21. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
	Number of Students	Percent of Total
YES	125	13
NO	833	87

Frequency Missing = 18



## 2003-2004 Hempstead County Youth Health Survey

22. Have you ever been forced to have sexual intercourse when you did not want to?

	Number of Students	Percent of Total
YES	96	10
NO	862	90

Frequency Missing = 18

23. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Number of Students	Percent of Total
YES	272	28
NO	686	72

Frequency Missing = 18

24. During the past 12 months, did you ever seriously consider attempting suicide?

	Number of Students	Percent of Total
YES	131	15
NO	772	85

Frequency Missing = 73

## 2003-2004 Hempstead County Youth Health Survey

25. During the past 12 months, did you make a plan about how you would attempt suicide?		
	Number of Students	Percent of Total
YES	108	11
NO	861	89

Frequency Missing = 7

26. During the past 12 months, how many times did you actually attempt suicide?		
	Number of Students	Percent of Total
0 TIMES	706	94
1 TIME	23	3
2-3 TIMES	16	2
4-5 TIMES	4	1
6+ TIMES	2	0

Frequency Missing = 225

## 2003-2004 Hempstead County Youth Health Survey

27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Number of Students	Percent of Total
N/A	694	92
YES	18	2
NO	42	6

Frequency Missing = 222

28. Have you ever tried cigarette smoking, even one or two puffs?

	Number of Students	Percent of Total
YES	532	57
NO	409	43

Frequency Missing = 35

## 2003-2004 Hempstead County Youth Health Survey

29. How old were you when you smoked a whole cigarette for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	554	60
8 OR YOUNGER	46	5
AGE 9-10	51	6
AGE 11-12	89	10
AGE 13-14	111	12
AGE 15-16	64	7
17 OR OLDER	8	1

Frequency Missing = 53

30. During the past 30 days, on how many days did you smoke cigarettes?		
	Number of Students	Percent of Total
0 DAYS	724	81
1-2 DAYS	44	5
3-5 DAYS	27	3
6-9 DAYS	17	2
10-19 DAYS	24	3
20-29 DAYS	17	2
ALL 30 DAYS	38	4

Frequency Missing = 85

## 2003-2004 Hempstead County Youth Health Survey

31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
	Number of Students	Percent of Total
NONE IPM	725	81
LT 1 PER DAY	29	3
1/DAY	43	5
2-5/DAY	69	8
6-10/DAY	21	2
11-20/DAY	7	1
21+ /DAY	2	0

Frequency Missing = 80

32. During the past 30 days, how did you usually get your own cigarettes?		
	Number of Students	Percent of Total
NONE IN THE PAST MONTH	722	81
STORE BOUGHT	40	4
MACHINE BOUGHT	5	1
SOMEONE ELSE BOUGHT	42	5
BORROWED THEM	47	5
PERSON 18 OR OLDER GAVE THEM	11	1
TOOK FROM A STORE OR FAMILY MEMBER	9	1
SOME OTHER WAY	13	1

Frequency Missing = 87

## 2003-2004 Hempstead County Youth Health Survey

33. During the past 30 days, on how many days did you smoke cigarettes on school property?		
	Number of Students	Percent of Total
0 DAYS	915	96
1-2 DAYS	18	2
3-5 DAYS	7	1
6-9 DAYS	4	0
10-19 DAYS	2	0
ALL 30 DAYS	3	0

Frequency Missing = 27

34. Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?		
	Number of Students	Percent of Total
YES	117	13
NO	816	87

Frequency Missing = 43

## 2003-2004 Hempstead County Youth Health Survey

35. Have you ever tried to quit smoking cigarettes?		
	Number of Students	Percent of Total
N/A	656	73
YES	133	15
NO	109	12

Frequency Missing = 78

36. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
	Number of Students	Percent of Total
0 DAYS	868	94
1-2 DAYS	21	2
3-5 DAYS	8	1
6-9 DAYS	8	1
10-19 DAYS	5	1
20-29 DAYS	4	0
ALL 30 DAYS	14	2

Frequency Missing = 48

## 2003-2004 Hempstead County Youth Health Survey

37. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?		
	Number of Students	Percent of Total
0 DAYS	918	97
1-2 DAYS	10	1
3-5 DAYS	3	0
6-9 DAYS	1	0
10-19 DAYS	2	0
20-29 DAYS	2	0
ALL 30 DAYS	8	1

Frequency Missing = 32

38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Number of Students	Percent of Total
0 DAYS	831	88
1-2 DAYS	48	5
3-5 DAYS	28	3
6-9 DAYS	17	2
10-19 DAYS	11	1
20-29 DAYS	2	0
ALL 30 DAYS	9	1

Frequency Missing = 30



## 2003-2004 Hempstead County Youth Health Survey

39. During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	321	38
1-2 DAYS	151	18
3-9 DAYS	109	13
10-19 DAYS	65	8
20-39 DAYS	54	6
40-99 DAYS	64	8
100+ DAYS	71	9

Frequency Missing = 141

40. How old were you when you had your first drink of alcohol other than a few sips?		
	Number of Students	Percent of Total
NEVER TRIED	318	38
8 OR YOUNGER	96	11
AGE 9-10	57	7
AGE 11-12	112	13
AGE 13-14	150	18
AGE 15-16	88	11
17 OR OLDER	16	2

Frequency Missing = 139

## 2003-2004 Hempstead County Youth Health Survey

41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	595	68
1-2 DAYS	136	15
3-5 DAYS	59	7
6-9 DAYS	46	5
10-19 DAYS	30	3
20-29 DAYS	8	1
ALL 30 DAYS	4	0

Frequency Missing = 98

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?		
	Number of Students	Percent of Total
0 DAYS	749	82
1 DAY	43	5
2 DAYS	43	5
3-5 DAYS	33	4
6-9 DAYS	31	3
10-19 DAYS	8	1
20+ DAYS	6	1

Frequency Missing = 63

## 2003-2004 Hempstead County Youth Health Survey

43. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?		
	Number of Students	Percent of Total
0 DAYS	909	97
1-2 DAYS	18	2
3-5 DAYS	4	0
6-9 DAYS	1	0
ALL 30 DAYS	1	0

Frequency Missing = 43

44. During you life, how many times have you used marijuana?		
	Number of Students	Percent of Total
0 TIMES	677	74
1-2 TIMES	82	9
3-9 TIMES	51	6
10-19 TIMES	33	4
20-39 TIMES	19	2
40-99 TIMES	19	2
100+ TIMES	33	4

Frequency Missing = 62

## 2003-2004 Hempstead County Youth Health Survey

45. How old were you when you tried marijuana for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	682	74
8 OR YOUNGER	12	1
AGE 9-10	22	2
AGE 11-12	38	4
AGE 13-14	82	9
AGE 15-16	68	7
17 OR OLDER	16	2

Frequency Missing = 56

46. During the past 30 days, how many times did you use marijuana?		
	Number of Students	Percent of Total
0 TIMES	819	88
1-2 TIMES	55	6
3-9 TIMES	31	3
10-19 TIMES	17	2
20-39 TIMES	5	1
40+ TIMES	7	1

Frequency Missing = 42

## 2003-2004 Hempstead County Youth Health Survey

47. During the past 30 days, how many times did you use marijuana on school property?		
	Number of Students	Percent of Total
0 TIMES	926	99
1-2 TIMES	6	1
3-9 TIMES	5	1
40+ TIMES	2	0

Frequency Missing = 37

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?		
	Number of Students	Percent of Total
0 TIMES	894	96
1-2 TIMES	19	2
3-9 TIMES	11	1
10-19 TIMES	1	0
20-39 TIMES	2	0
40+ TIMES	2	0

Frequency Missing = 47

## 2003-2004 Hempstead County Youth Health Survey

49. During the past 39 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	914	98
1-2 TIMES	9	1
3-9 TIMES	3	0
20-39 TIMES	3	0
40+ TIMES	1	0

Frequency Missing = 46

50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	789	86
1-2 TIMES	79	9
3-9 TIMES	30	3
10-19 TIMES	4	0
20-39 TIMES	5	1
40+ TIMES	10	1

Frequency Missing = 59

## 2003-2004 Hempstead County Youth Health Survey

51. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	869	94
1-2 TIMES	36	4
3-9 TIMES	7	1
10-19 TIMES	1	0
20-39 TIMES	1	0
40+ TIMES	6	1

Frequency Missing = 56

52. During your life, how many times have you used heroin(also called smack, junk or china white)?

	Number of Students	Percent of Total
0 TIMES	905	98
1-2 TIMES	10	1
3-9 TIMES	3	0
40+ TIMES	2	0

Frequency Missing = 56

## 2003-2004 Hempstead County Youth Health Survey

53. During your life, how many times have you used methamphetamines(also called speed, crystal, crank or ice)?

	Number of Students	Percent of Total
0 TIMES	893	97
1-2 TIMES	17	2
3-9 TIMES	7	1
10-19 TIMES	2	0
20-39 TIMES	1	0
40+ TIMES	5	1

Frequency Missing = 51

54. During your life, how many times have you used ecstasy?

	Number of Students	Percent of Total
0 TIMES	887	96
1-2 TIMES	23	2
3-9 TIMES	4	0
10-19 TIMES	5	1
20-39 TIMES	1	0
40+ TIMES	4	0

Frequency Missing = 52



## 2003-2004 Hempstead County Youth Health Survey

55. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?		
	Number of Students	Percent of Total
0 TIMES	896	96
1-2 TIMES	20	2
3-9 TIMES	9	1
10-19 TIMES	6	1
20-39 TIMES	2	0
40+ TIMES	2	0

Frequency Missing = 41

56. During your life, how many times have you used a needle to inject any illegal drug into your body?		
	Number of Students	Percent of Total
0 TIMES	903	98
1 TIME	9	1
2+ TIMES	9	1

Frequency Missing = 55

## 2003-2004 Hempstead County Youth Health Survey

57. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?

	Number of Students	Percent of Total
YES	182	20
NO	732	80

Frequency Missing = 62

58. Have you ever had sexual intercourse?

	Number of Students	Percent of Total
YES	385	48
NO	415	52

Frequency Missing = 176

## 2003-2004 Hempstead County Youth Health Survey

59. How old were you when you had sexual intercourse for the first time?		
	Number of Students	Percent of Total
NEVER	415	52
AGE 11 OR YOUNGER	41	5
AGE 12	64	8
AGE 13	69	9
AGE 14	90	11
AGE 15	70	9
AGE 16	39	5
AGE 17+	14	2

Frequency Missing = 174

60. During your life, with how many people have you had sexual intercourse?		
	Number of Students	Percent of Total
NONE	415	52
1 PERSON	117	15
2 PEOPLE	72	9
3 PEOPLE	55	7
4 PEOPLE	35	4
5 PEOPLE	30	4
6 OR MORE PEOPLE	69	9

Frequency Missing = 183

## 2003-2004 Hempstead County Youth Health Survey

61. During the past 3 months, with how many people did you have sexual intercourse?		
	Number of Students	Percent of Total
NONE AT ALL	422	52
NONE IN PAST 3 MONTHS	105	13
1 PERSON	186	23
2 PEOPLE	52	6
3 PEOPLE	21	3
4 PEOPLE	9	1
5 PEOPLE	2	0
6 OR MORE PEOPLE	8	1

Frequency Missing = 171

62. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Number of Students	Percent of Total
N/A	422	52
YES	59	7
NO	328	41

Frequency Missing = 167

## 2003-2004 Hempstead County Youth Health Survey

63. The last time you had sexual intercourse, did you or your partner use condom?		
	Number of Students	Percent of Total
N/A	422	53
YES	261	33
NO	107	14

Frequency Missing = 186

64. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Number of Students	Percent of Total
NEVER HAD SEX	422	54
NO BIRTH CONTROL USED	45	6
BIRTH CONTROL PILLS	50	6
CONDOMS	202	26
DEPO-PROVERA	16	2
WITHDRAWAL	30	4
OTHER	6	1
NOT SURE	10	1

Frequency Missing = 195

## 2003-2004 Hempstead County Youth Health Survey

65. How many times have you been pregnant or gotten someone pregnant?		
	Number of Students	Percent of Total
0 TIMES	833	95
1 TIME	31	4
2+ TIMES	5	1
NOT SURE	7	1

Frequency Missing = 100

66. How do you describe your weight?		
	Number of Students	Percent of Total
VERY UNDERWEIGHT	47	5
SLIGHTLY UNDERWEIGHT	107	12
ABOUT THE RIGHT WEIGHT	500	56
SLIGHTLY OVERWEIGHT	197	22
VERY OVERWEIGHT	35	4

Frequency Missing = 90

## 2003-2004 Hempstead County Youth Health Survey

67. Which of the following are you trying to do about your weight?		
	Number of Students	Percent of Total
LOSE WEIGHT	407	46
GAIN WEIGHT	135	15
STAY THE SAME WEIGHT	202	23
NOT TRYING TO DO ANYTHING	146	16

Frequency Missing = 86

68. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	481	55
NO	396	45

Frequency Missing = 99

69. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	313	36
NO	562	64

Frequency Missing = 101

## 2003-2004 Hempstead County Youth Health Survey

70. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	141	16
NO	738	84

Frequency Missing = 97

71. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	63	7
NO	818	93

Frequency Missing = 95



## 2003-2004 Hempstead County Youth Health Survey

72. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	50	6
NO	808	94

Frequency Missing = 118

73. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?		
	Number of Students	Percent of Total
NONE	280	32
1-3 TIMES	304	35
4-6 TIMES	100	11
ONCE PER DAY	52	6
TWICE PER DAY	56	6
3 TIMES PER DAY	23	3
4+ TIMES PER DAY	59	7

Frequency Missing = 102

## 2003-2004 Hempstead County Youth Health Survey

74. During the past 7 days, how many times did you eat fruit?		
	Number of Students	Percent of Total
NONE	249	29
1-3 TIMES	345	40
4-6 TIMES	121	14
ONCE PER DAY	53	6
TWICE PER DAY	37	4
3 TIMES PER DAY	28	3
4+ TIMES PER DAY	35	4

Frequency Missing = 108

75. During the past 7 days, how many times did you eat green salad?		
	Number of Students	Percent of Total
NONE	485	58
1-3 TIMES	235	28
4-6 TIMES	60	7
ONCE PER DAY	35	4
TWICE PER DAY	10	1
3 TIMES PER DAY	7	1
4+ TIMES PER DAY	8	1

Frequency Missing = 136

## 2003-2004 Hempstead County Youth Health Survey

76. During the past 7 days, how many times did you eat potatoes?		
	Number of Students	Percent of Total
NONE	308	36
1-3 TIMES	369	43
4-6 TIMES	91	11
ONCE PER DAY	36	4
TWICE PER DAY	25	3
3 TIMES PER DAY	7	1
4+ TIMES PER DAY	18	2

Frequency Missing = 122

77. During the past 7 days, how many times did you eat carrots?		
	Number of Students	Percent of Total
NONE	584	69
1-3 TIMES	188	22
4-6 TIMES	28	3
ONCE PER DAY	19	2
TWICE PER DAY	9	1
3 TIMES PER DAY	3	0
4+ TIMES PER DAY	13	2

Frequency Missing = 132

## 2003-2004 Hempstead County Youth Health Survey

78. During the past 7 days, how many times did you eat other vegetables?		
	Number of Students	Percent of Total
NONE	288	34
1-3 TIMES	293	35
4-6 TIMES	138	17
ONCE PER DAY	62	7
TWICE PER DAY	27	3
3 TIMES PER DAY	9	1
4+ TIMES PER DAY	19	2

Frequency Missing = 140

79. During the past 7 days, how many glasses of milk did you drink?		
	Number of Students	Percent of Total
NONE	275	32
1-3 TIMES	223	26
4-6 TIMES	138	16
ONCE PER DAY	73	9
TWICE PER DAY	59	7
3 TIMES PER DAY	37	4
4+ TIMES PER DAY	50	6

Frequency Missing = 121

## 2003-2004 Hempstead County Youth Health Survey

80. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, fast dancing or other similiar aerobic activities?

	Number of Students	Percent of Total
0 DAYS	254	30
1 DAY	92	11
2 DAYS	116	14
3 DAYS	76	9
4 DAYS	52	6
5 DAYS	94	11
6 DAYS	33	4
7 DAYS	122	15

Frequency Missing = 137

## 2003-2004 Hempstead County Youth Health Survey

81. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower/mopping floors?

	Number of Students	Percent of Total
0 DAYS	385	46
1 DAY	99	12
2 DAYS	120	14
3 DAYS	76	9
4 DAYS	37	4
5 DAYS	41	5
6 DAYS	12	1
7 DAYS	68	8

Frequency Missing = 138

## 2003-2004 Hempstead County Youth Health Survey

82. On how many of the past 7 days did you do exercise to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?		
	Number of Students	Percent of Total
0 DAYS	298	36
1 DAY	89	11
2 DAYS	96	12
3 DAYS	88	11
4 DAYS	52	6
5 DAYS	78	9
6 DAYS	25	3
7 DAYS	108	13

Frequency Missing = 142

## 2003-2004 Hempstead County Youth Health Survey

83. On an average school day, how many hours do you watch TV?		
	Number of Students	Percent of Total
NO TV	86	10
LT ONE HOUR	90	11
1 HOUR	96	12
2 HOURS	156	19
3 HOURS	130	16
4 HOURS	86	10
5+ HOURS	183	22

Frequency Missing = 149

84. In an average week when you are in school, on how many days do you go to physical education classes?		
	Number of Students	Percent of Total
0 DAYS	377	54
1 DAY	22	3
2 DAYS	15	2
3 DAYS	16	2
4 DAYS	7	1
5 DAYS	266	38

Frequency Missing = 273



## 2003-2004 Hempstead County Youth Health Survey

85. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?

	Number of Students	Percent of Total
NO PE CLASS	387	54
LT 10 MINUTES	54	7
10-20 MINUTES	36	5
21-30 MINUTES	17	2
31-40 MINUTES	37	5
41-50 MINUTES	63	9
51-60 MINUTES	56	8
OVER 60 MINUTES	71	10

Frequency Missing = 255

86. During the past 12 months, on how many sports teams did you play?

	Number of Students	Percent of Total
0 TEAMS	356	43
1 TEAM	242	30
2 TEAMS	123	15
3+ TEAMS	98	12

Frequency Missing = 157

## 2003-2004 Hempstead County Youth Health Survey

87. Have you ever been taught about AIDS or HIV infection in school?		
	Number of Students	Percent of Total
YES	501	66
NO	169	22
NOT SURE	93	12

Frequency Missing = 213

## 2003-2004 Hempstead County Youth Health Survey

### Internet Resources for Educators, Parents, and Teens

For more information about the County Youth Health Survey (CYHS) and the risk behaviors it covers, please see the following Internet resources.

#### *The Youth Risk Behavior Study*

*This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of CYHS data.*

<http://www.cdc.gov/nccdphp/dash/CYHS/ov.htm>

#### *Violence*

**These sites include information about warning signs and prevention of violence among adolescents.**

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://helping.apa.org/warningsigns/index.html>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

#### *Tobacco, Alcohol, and Other Drug Use*

**These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.**

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://www.health.org>

## 2003-2004 Hempstead County Youth Health Survey

### *Teen Pregnancy and Sexual Behavior*

**These sites provide information about teen sexuality, pregnancy, and STD's.**

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing. <http://www.agi-usa.org/home.html>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.  
<http://www.teenpregnancy.org/>

### *Nutrition and Physical Activity*

**The following sites are dedicated to providing information about healthy eating and exercise.**

The American Dietetic Association promotes optimal nutrition and well being for all people.  
<http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.  
<http://www.acefitness.org/>

### *Mental Health Issues*

**This site provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.**

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.  
<http://www.nmha.org>

## 2003-2004 Hempstead County Youth Health Survey

### *Parenting Teens*

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://www.parentsoup.com/community/teens.html>

### *Links for Teens*

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com's site for teenagers, including message boards and creative writing from real teens.

<http://teenexchange.about.com/kidsteens/ktteens/teenexchange/>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

### *Miscellaneous*

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>